

IJsbaan Twente - Enschede

## 1. Result Women (AG30-65+) 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	16 Mijke Anne Kanneworff	L40	27	O	42.16	TRC	
2	11 Marloes Westerhof	L35	28	O	42.82		
3	7 Claudia Henckel	L35	28	I	43.29		
4	24 Anke Jannie Landman	L45	27	I	43.75		
5	18 Eva Riemersma - van Rheenen	L40	26	O	44.05		
6	10 Mettie de Vegt	L35	23	O	45.03		
7	12 Cherise Wilkins	L35	24	O	45.15		
	5 Joanne Spliethof	L30	24	I	45.15		
9	8 Imke Hüser	L35	25	I	45.22		
10	4 Kim Leliveld	L30	20	I	45.66	PB	
11	9 Evelien van der Kist	L35	26	I	45.74		
12	2 Antoinet van Essen-Prins	L30	22	I	46.07		
13	17 Suzanne Mulder	L40	21	O	46.23		
	41 Gerdien Verweij	L55	23	I	46.23		
15	40 Kaska Rogulska	L55	25	O	46.31		
16	22 Chantal Herms	L45	22	O	46.42		
17	15 Imme Kampen	L40	21	I	46.62		
18	34 Irma Woud	L50	20	O	46.98		
19	42 Monique Boerema	L60	18	O	47.35		
20	21 Janette de Groot-Bron	L45	17	I	47.75		
21	29 Natalie Rodrigue-Hasselback	L50	19	O	47.79		
22	13 Rianne Gerritsen	L40	16	I	48.03		
23	35 Henriëtte Goede	L55	15	O	48.35		
24	31 Yvonne Simis	L50	11	I	48.72		
25	33 Anna Van der Stok	L50	17	O	48.78		
26	30 Manon Scholte	L50	19	I	49.00		
27	1 Elma Endhoven	L30	15	I	49.02		
28	27 Wendy van der Ham	L50	18	I	49.05		
29	6 Esther Bouman	L35	13	O	49.10		
30	49 Ciska Stark	L60	14	O	49.50		
31	38 Katrin Leschner	L55	13	I	49.68		
32	23 Monica Holth	L45	10	I	49.71	PB	
33	36 Marlies de Jong	L55	16	O	49.97		
34	55 Lettie Zwanenburg	L65	8	I	50.03		
35	48 Anita Smit-Groot	L60	12	O	50.35		
36	56 Barb Johnson	L70	11	O	50.39		
37	39 Karolin Palmertz-Cerne	L55	9	O	50.55		
38	52 Guylaine Larouche	L65	10	O	50.57		



# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	45 Astrid Janssen	L60	8	O	50.62		
40	57 Judith Smouter	L70	5	I	50.92	PB	
41	46 Marianne de Neeling	L60	12	I	51.24		
42	44 Mariska van Haaften- van den Bosch	L60	9	I	51.78		
43	3 Julie Gehring	L30	7	O	52.17		
44	51 Barbara Heerschop	L65	7	I	53.16		
45	54 Ute Zillmann	L65	6	O	53.78		
46	53 Carolien van Rees	L65	6	I	53.98		
47	28 Evelyn Mein-Klok	L50	5	O	53.99		
48	50 Kate Stewart	L60	1	O	54.72	PB	
49	37 Trine Landsem	L55	3	I	55.78		
50	26 Necole Zayatz	L45	2	I	56.08		
51	60 Thea Kroontje	L75	2	O	57.09		
52	43 Kathy Feinberg	L60	4	I	57.57		
53	47 Ingunn Sandø	L60	3	O	57.97		
54	58 Joke Wittenberg	L70	4	O	58.27		
55	59 Joanna Walters	L75	1	I	1:10.81		
	19 Tineke Schukken	L40	14	I		DQ	
	32 Susanne Vangen Stensvaag	L50				WDR	

IJshaan Twente - Enschede

## 1. Race Result Women (AG30-65+) 500 meter

		Name		Cat		PB	Time	Info
1	wt	59 <b>Joanna Walters</b>		L75		54.62	<b>1:10.81</b>	
	rd	50 <b>Kate Stewart</b>		L60		57.48	<b>54.72</b>	PB
		<u>Joanna Walters</u>			<u>Kate Stewart</u>			
		100m	17.42	(17.42)	100m	14.55	(14.55)	
		500m	1:10.81	(53.39)	500m	54.72	(40.17)	

		Name		Cat		PB	Time	Info
2	yw	26 <b>Necole Zayatz</b>		L45		53.66	<b>56.08</b>	
	bl	60 <b>Thea Kroontje</b>		L75		47.51	<b>57.09</b>	
		<u>Necole Zayatz</u>			<u>Thea Kroontje</u>			
		100m	14.53	(14.53)	100m	15.67	(15.67)	
		500m	56.08	(41.55)	500m	57.09	(41.42)	

		Name		Cat		PB	Time	Info
3	wt	37 <b>Trine Landsem</b>		L55		54.51	<b>55.78</b>	
	rd	47 <b>Ingunn Sandø</b>		L60		48.66	<b>57.97</b>	
		<u>Trine Landsem</u>			<u>Ingunn Sandø</u>			
		100m	15.07	(15.07)	100m	15.03	(15.03)	
		500m	55.78	(40.71)	500m	57.97	(42.94)	

		Name		Cat		PB	Time	Info
4	yw	43 <b>Kathy Feinberg</b>		L60		50.51	<b>57.57</b>	
	bl	58 <b>Joke Wittenberg</b>		L70		49.30	<b>58.27</b>	
		<u>Kathy Feinberg</u>			<u>Joke Wittenberg</u>			
		100m	15.75	(15.75)	100m	15.56	(15.56)	
		500m	57.57	(41.82)	500m	58.27	(42.71)	

		Name		Cat		PB	Time	Info
5	wt	57 <b>Judith Smouter</b>		L70		51.51	<b>50.92</b>	PB
	rd	28 <b>Evelyn Mein-Klok</b>		L50		53.08	<b>53.99</b>	
		<u>Judith Smouter</u>			<u>Evelyn Mein-Klok</u>			
		100m	13.77	(13.77)	100m	14.70	(14.70)	
		500m	50.92	(37.15)	500m	53.99	(39.29)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
6	yw	53 <b>Carolien van Rees</b>	L65	53.54	<b>53.98</b>	
	bl	54 <b>Ute Zillmann</b>	L65	43.10	<b>53.78</b>	
		<b>Carolien van Rees</b>		<b>Ute Zillmann</b>		
		100m 14.67 (14.67)		100m 14.39 (14.39)		
		500m 53.98 (39.31)		500m 53.78 (39.39)		
<hr/>						
		Name	Cat	PB	Time	Info
7	wt	51 <b>Barbara Heerschop</b>	L65	45.50	<b>53.16</b>	
	rd	3 <b>Julie Gehring</b>	L30	51.29	<b>52.17</b>	
		<b>Barbara Heerschop</b>		<b>Julie Gehring</b>		
		100m 14.07 (14.07)		100m 14.05 (14.05)		
		500m 53.16 (39.09)		500m 52.17 (38.12)		
<hr/>						
		Name	Cat	PB	Time	Info
8	yw	55 <b>Lettie Zwanenburg</b>	L65	46.64	<b>50.03</b>	
	bl	45 <b>Astrid Janssen</b>	L60	46.77	<b>50.62</b>	
		<b>Lettie Zwanenburg</b>		<b>Astrid Janssen</b>		
		100m 13.79 (13.79)		100m 13.65 (13.65)		
		500m 50.03 (36.24)		500m 50.62 (36.97)		
<hr/>						
		Name	Cat	PB	Time	Info
9	wt	44 <b>Mariska van Haften- van den Bosch</b>	L60	47.75	<b>51.78</b>	
	rd	39 <b>Karolin Palmertz-Cerne</b>	L55	47.79	<b>50.55</b>	
		<b>Mariska van Haften- van den Bosch</b>		<b>Karolin Palmertz-Cerne</b>		
		100m 13.96 (13.96)		100m 13.61 (13.61)		
		500m 51.78 (37.82)		500m 50.55 (36.94)		
<hr/>						
		Name	Cat	PB	Time	Info
10	yw	23 <b>Monica Holth</b>	L45	51.16	<b>49.71</b>	PB
	bl	52 <b>Guylaine Larouche</b>	L65	49.88	<b>50.57</b>	
		<b>Monica Holth</b>		<b>Guylaine Larouche</b>		
		100m 13.58 (13.58)		100m 13.78 (13.78)		
		500m 49.71 (36.13)		500m 50.57 (36.79)		

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
11	wt	31 <b>Yvonne Simis</b>	L50	44.73	<b>48.72</b>	
	rd	56 <b>Barb Johnson</b>	L70	48.25	<b>50.39</b>	
		<b>Yvonne Simis</b>		<b>Barb Johnson</b>		
		100m	13.00 (13.00)	100m	13.40 (13.40)	
		500m	48.72 (35.72)	500m	50.39 (36.99)	

		Name	Cat	PB	Time	Info
12	yw	46 <b>Marianne de Neeling</b>	L60	46.57	<b>51.24</b>	
	bl	48 <b>Anita Smit-Groot</b>	L60	46.86	<b>50.35</b>	
		<b>Marianne de Neeling</b>		<b>Anita Smit-Groot</b>		
		100m	13.91 (13.91)	100m	13.73 (13.73)	
		500m	51.24 (37.33)	500m	50.35 (36.62)	

		Name	Cat	PB	Time	Info
13	wt	38 <b>Katrin Leschner</b>	L55	48.77	<b>49.68</b>	
	rd	6 <b>Esther Bouman</b>	L35	45.73	<b>49.10</b>	
		<b>Katrin Leschner</b>		<b>Esther Bouman</b>		
		100m	13.72 (13.72)	100m	13.71 (13.71)	
		500m	49.68 (35.96)	500m	49.10 (35.39)	

		Name	Cat	PB	Time	Info
14	yw	19 <b>Tineke Schukken</b>	L40	48.51	<b>DQ</b>	
	bl	49 <b>Ciska Stark</b>	L60	46.22	<b>49.50</b>	
		<b>Tineke Schukken</b>		<b>Ciska Stark</b>		
				100m	13.63 (13.63)	
				500m	49.50 (35.87)	

		Name	Cat	PB	Time	Info
15	wt	1 <b>Elma Endhoven</b>	L30	47.01	<b>49.02</b>	
	rd	35 <b>Henriëtte Goede</b>	L55	43.73	<b>48.35</b>	
		<b>Elma Endhoven</b>		<b>Henriëtte Goede</b>		
		100m	13.13 (13.13)	100m	13.25 (13.25)	
		500m	49.02 (35.89)	500m	48.35 (35.10)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
16	yw	13 <b>Rianne Gerritsen</b>	L40	46.37	<b>48.03</b>	
	bl	36 <b>Marlies de Jong</b>	L55	46.84	<b>49.97</b>	
		<b>Rianne Gerritsen</b>		<b>Marlies de Jong</b>		
		100m	12.99 (12.99)	100m	13.44 (13.44)	
		500m	48.03 (35.04)	500m	49.97 (36.53)	

		Name	Cat	PB	Time	Info
17	wt	21 <b>Janette de Groot-Bron</b>	L45	44.96	<b>47.75</b>	
	rd	33 <b>Anna Van der Stok</b>	L50	47.67	<b>48.78</b>	
		<b>Janette de Groot-Bron</b>		<b>Anna Van der Stok</b>		
		100m	12.97 (12.97)	100m	12.94 (12.94)	
		500m	47.75 (34.78)	500m	48.78 (35.84)	

		Name	Cat	PB	Time	Info
18	yw	27 <b>Wendy van der Ham</b>	L50	45.90	<b>49.05</b>	
	bl	42 <b>Monique Boerema</b>	L60	43.58	<b>47.35</b>	
		<b>Wendy van der Ham</b>		<b>Monique Boerema</b>		
		100m	12.84 (12.84)	100m	12.95 (12.95)	
		500m	49.05 (36.21)	500m	47.35 (34.40)	

		Name	Cat	PB	Time	Info
19	wt	30 <b>Manon Scholte</b>	L50	46.75	<b>49.00</b>	
	rd	29 <b>Natalie Rodrigue-Hasselback</b>	L50	47.48	<b>47.79</b>	
		<b>Manon Scholte</b>		<b>Natalie Rodrigue-Hasselback</b>		
		100m	13.13 (13.13)	100m	12.84 (12.84)	
		500m	49.00 (35.87)	500m	47.79 (34.95)	

		Name	Cat	PB	Time	Info
20	yw	4 <b>Kim Leliveld</b>	L30	46.05	<b>45.66</b>	PB
	bl	34 <b>Irma Woud</b>	L50	43.36	<b>46.98</b>	
		<b>Kim Leliveld</b>		<b>Irma Woud</b>		
		100m	12.48 (12.48)	100m	12.61 (12.61)	
		500m	45.66 (33.18)	500m	46.98 (34.37)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
21	wt	15 Imme Kampen	L40	44.76	<b>46.62</b>	
	rd	17 Suzanne Mulder	L40	43.77	<b>46.23</b>	
		<b>Imme Kampen</b>		<b>Suzanne Mulder</b>		
		100m	12.74 (12.74)	100m	12.93 (12.93)	
		500m	46.62 (33.88)	500m	46.23 (33.30)	

		Name	Cat	PB	Time	Info
22	yw	2 Antoinet van Essen-Prins	L30	43.49	<b>46.07</b>	
	bl	22 Chantal Herms	L45	45.90	<b>46.42</b>	
		<b>Antoinet van Essen-Prins</b>		<b>Chantal Herms</b>		
		100m	12.57 (12.57)	100m	12.54 (12.54)	
		500m	46.07 (33.50)	500m	46.42 (33.88)	

		Name	Cat	PB	Time	Info
23	wt	41 Gardien Verweij	L55	42.35	<b>46.23</b>	
	rd	10 Mettie de Vegt	L35	44.72	<b>45.03</b>	
		<b>Gardien Verweij</b>		<b>Mettie de Vegt</b>		
		100m	12.85 (12.85)	100m	12.53 (12.53)	
		500m	46.23 (33.38)	500m	45.03 (32.50)	

		Name	Cat	PB	Time	Info
24	yw	5 Joanne Spliethof	L30	44.43	<b>45.15</b>	
	bl	12 Cherise Wilkins	L35	40.23	<b>45.15</b>	
		<b>Joanne Spliethof</b>		<b>Cherise Wilkins</b>		
		100m	12.02 (12.02)	100m	12.44 (12.44)	
		500m	45.15 (33.13)	500m	45.15 (32.71)	

		Name	Cat	PB	Time	Info
25	wt	8 Imke Hüser	L35	43.02	<b>45.22</b>	
	rd	40 Kaska Rogulska	L55	42.33	<b>46.31</b>	
		<b>Imke Hüser</b>		<b>Kaska Rogulska</b>		
		100m	12.28 (12.28)	100m	12.65 (12.65)	
		500m	45.22 (32.94)	500m	46.31 (33.66)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
26	yw	9 <b>Evelien van der Kist</b>	L35	43.03	<b>45.74</b>	
	bl	18 <b>Eva Riemersma - van Rheenen</b>	L40	43.36	<b>44.05</b>	
		<u>Evelien van der Kist</u>		<u>Eva Riemersma - van Rheenen</u>		
		100m	12.29 (12.29)	100m	12.35 (12.35)	
		500m	45.74 (33.45)	500m	44.05 (31.70)	

		Name	Cat	PB	Time	Info
27	wt	24 <b>Anke Jannie Landman</b>	L45	41.26	<b>43.75</b>	
	rd	16 <b>Mijke Anne Kanneworff</b>	L40	40.63	<b>42.16</b>	TRC
		<u>Anke Jannie Landman</u>		<u>Mijke Anne Kanneworff</u>		
		100m	11.95 (11.95)	100m	11.54 (11.54)	
		500m	43.75 (31.80)	500m	42.16 (30.62)	

		Name	Cat	PB	Time	Info
28	yw	7 <b>Claudia Henckel</b>	L35	42.19	<b>43.29</b>	
	bl	11 <b>Marloes Westerhof</b>	L35	41.87	<b>42.82</b>	
		<u>Claudia Henckel</u>		<u>Marloes Westerhof</u>		
		100m	11.65 (11.65)	100m	11.66 (11.66)	
		500m	43.29 (31.64)	500m	42.82 (31.16)	

		Name	Cat	PB	Time	Info
29	wt	32 <b>Susanne Vangen Stensvaag</b>	L50	58.36	<b>WDR</b>	
	rd					
		<u>Susanne Vangen Stensvaag</u>				
				m		





# IMSSC 32nd Masters International Allround Games 2024



IJsbaan Twente - Enschede

## 2. Result Men (AG65+) 500 meter

---



# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	107 Jan Mein	M65	19	I	45.08		
2	112 Rennie Verloop	M65	19	O	45.26		
3	124 Piet Siemonsma	M70	20	I	45.31		
4	116 Valerij Grebenkov	M70	20	O	45.37		
5	113 Mircea Vranceanu	M65	18	O	46.31		
6	110 Harm Smit	M65	18	I	47.01		
7	122 Reinhold Marsollek	M70	14	I	47.37		
8	114 Peter Weiss	M65	16	O	47.77		
9	104 Aleksandr Kistenjov	M65	17	I	48.00		
10	106 Kees Langeveld	M65	17	O	48.22		
11	118 Geir Hestad	M70	14	O	48.36		
12	123 Ab Nederlof	M70	15	O	48.51		
13	125 Erik Vea	M70	12	I	48.55		
14	120 Jaap van Kouterik	M70	16	I	49.48		
15	130 Vince Morris	M75	10	O	49.89		
16	102 Jann van Benthem	M65	11	O	49.90		
17	108 Johan Metting-van Rijn	M65	12	O	50.09		
18	134 Onar Westerheim	M75	11	I	50.25		
19	101 Hans-Peter Ambass	M65	15	I	50.28		
20	136 Pentti Kiiskinen	M80	6	O	50.47		
21	103 Erwin Henskes	M65	13	O	50.68		
22	131 Leo Schoenmeijer	M75	9	I	50.99		
23	129 Bauke Meijer	M75	8	I	51.01		
24	128 Magnar Langvik	M75	8	O	51.15		
25	115 Twan den Braber	M70	9	O	51.51		
26	126 Jan Boelen	M75	10	I	51.52		
27	111 Per Gunnar Stensvaag	M65	13	I	51.58		
28	105 Olav Langeland	M65	7	O	51.97		
29	127 Pieter den Dunnen	M75	4	I	52.65		
30	133 Harald Westerheim	M75	6	I	53.11		
31	119 Thomas Hoekstra	M70	4	O	53.13		
32	117 Michael Henning	M70	5	O	53.60		
33	141 Ronald Johnston	M85	7	I	54.58		
34	139 Nico Woldendorp	M80	5	I	55.01		
35	109 Mark Nolan	M65	3	I	56.39		
36	138 Bram de Vries	M80	3	O	58.38		
37	137 Zwier Selles	M80	2	I	1:00.23		
38	135 David Butteriss	M80	2	O	1:00.66		
39	140 Arne Kjell Foldvik	M85	1	I	1:24.64		

## 2. Race Result Men (AG65+) 500 meter

		Name	Cat	PB	Time	Info																					
1	wt	140 <b>Arne Kjell Foldvik</b>	M85	1:07.47	<b>1:24.64</b>																						
	rd																										
<table border="0" style="width:100%"> <tr> <td colspan="3"><u>Arne Kjell Foldvik</u></td> <td colspan="4"></td> </tr> <tr> <td>100m</td> <td>21.73</td> <td>(21.73)</td> <td>m</td> <td colspan="3"></td> </tr> <tr> <td>500m</td> <td>1:24.64</td> <td>(62.91)</td> <td colspan="4"></td> </tr> </table>							<u>Arne Kjell Foldvik</u>							100m	21.73	(21.73)	m				500m	1:24.64	(62.91)				
<u>Arne Kjell Foldvik</u>																											
100m	21.73	(21.73)	m																								
500m	1:24.64	(62.91)																									

		Name	Cat	PB	Time	Info																					
2	yw	137 <b>Zwier Selles</b>	M80	44.40	<b>1:00.23</b>																						
	bl	135 <b>David Butteriss</b>	M80	53.25	<b>1:00.66</b>																						
<table border="0" style="width:100%"> <tr> <td colspan="3"><u>Zwier Selles</u></td> <td colspan="4"><u>David Butteriss</u></td> </tr> <tr> <td>100m</td> <td>16.49</td> <td>(16.49)</td> <td>100m</td> <td>16.00</td> <td>(16.00)</td> <td></td> </tr> <tr> <td>500m</td> <td>1:00.23</td> <td>(43.74)</td> <td>500m</td> <td>1:00.66</td> <td>(44.66)</td> <td></td> </tr> </table>							<u>Zwier Selles</u>			<u>David Butteriss</u>				100m	16.49	(16.49)	100m	16.00	(16.00)		500m	1:00.23	(43.74)	500m	1:00.66	(44.66)	
<u>Zwier Selles</u>			<u>David Butteriss</u>																								
100m	16.49	(16.49)	100m	16.00	(16.00)																						
500m	1:00.23	(43.74)	500m	1:00.66	(44.66)																						

		Name	Cat	PB	Time	Info																					
3	wt	109 <b>Mark Nolan</b>	M65	50.20	<b>56.39</b>																						
	rd	138 <b>Bram de Vries</b>	M80	44.64	<b>58.38</b>																						
<table border="0" style="width:100%"> <tr> <td colspan="3"><u>Mark Nolan</u></td> <td colspan="4"><u>Bram de Vries</u></td> </tr> <tr> <td>100m</td> <td>15.15</td> <td>(15.15)</td> <td>100m</td> <td>15.87</td> <td>(15.87)</td> <td></td> </tr> <tr> <td>500m</td> <td>56.39</td> <td>(41.24)</td> <td>500m</td> <td>58.38</td> <td>(42.51)</td> <td></td> </tr> </table>							<u>Mark Nolan</u>			<u>Bram de Vries</u>				100m	15.15	(15.15)	100m	15.87	(15.87)		500m	56.39	(41.24)	500m	58.38	(42.51)	
<u>Mark Nolan</u>			<u>Bram de Vries</u>																								
100m	15.15	(15.15)	100m	15.87	(15.87)																						
500m	56.39	(41.24)	500m	58.38	(42.51)																						

		Name	Cat	PB	Time	Info																					
4	yw	127 <b>Pieter den Dunnen</b>	M75	42.50	<b>52.65</b>																						
	bl	119 <b>Thomas Hoekstra</b>	M70	44.53	<b>53.13</b>																						
<table border="0" style="width:100%"> <tr> <td colspan="3"><u>Pieter den Dunnen</u></td> <td colspan="4"><u>Thomas Hoekstra</u></td> </tr> <tr> <td>100m</td> <td>14.51</td> <td>(14.51)</td> <td>100m</td> <td>14.00</td> <td>(14.00)</td> <td></td> </tr> <tr> <td>500m</td> <td>52.65</td> <td>(38.14)</td> <td>500m</td> <td>53.13</td> <td>(39.13)</td> <td></td> </tr> </table>							<u>Pieter den Dunnen</u>			<u>Thomas Hoekstra</u>				100m	14.51	(14.51)	100m	14.00	(14.00)		500m	52.65	(38.14)	500m	53.13	(39.13)	
<u>Pieter den Dunnen</u>			<u>Thomas Hoekstra</u>																								
100m	14.51	(14.51)	100m	14.00	(14.00)																						
500m	52.65	(38.14)	500m	53.13	(39.13)																						

		Name	Cat	PB	Time	Info																					
5	wt	139 <b>Nico Woldendorp</b>	M80	43.23	<b>55.01</b>																						
	rd	117 <b>Michael Henning</b>	M70	47.97	<b>53.60</b>																						
<table border="0" style="width:100%"> <tr> <td colspan="3"><u>Nico Woldendorp</u></td> <td colspan="4"><u>Michael Henning</u></td> </tr> <tr> <td>100m</td> <td>14.59</td> <td>(14.59)</td> <td>100m</td> <td>14.44</td> <td>(14.44)</td> <td></td> </tr> <tr> <td>500m</td> <td>55.01</td> <td>(40.42)</td> <td>500m</td> <td>53.60</td> <td>(39.16)</td> <td></td> </tr> </table>							<u>Nico Woldendorp</u>			<u>Michael Henning</u>				100m	14.59	(14.59)	100m	14.44	(14.44)		500m	55.01	(40.42)	500m	53.60	(39.16)	
<u>Nico Woldendorp</u>			<u>Michael Henning</u>																								
100m	14.59	(14.59)	100m	14.44	(14.44)																						
500m	55.01	(40.42)	500m	53.60	(39.16)																						

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
6	yw 133	<b>Harald Westerheim</b>	M75	45.90	<b>53.11</b>
	bl 136	<b>Pentti Kiiskinen</b>	M80	38.90	<b>50.47</b>
<b>Harald Westerheim</b>			<b>Pentti Kiiskinen</b>		
	100m	14.35 (14.35)	100m	13.38 (13.38)	
	500m	53.11 (38.76)	500m	50.47 (37.09)	

	Name	Cat	PB	Time	Info
7	wt 141	<b>Ronald Johnston</b>	M85	42.01	<b>54.58</b>
	rd 105	<b>Olav Langeland</b>	M65	46.83	<b>51.97</b>
<b>Ronald Johnston</b>			<b>Olav Langeland</b>		
	100m	14.10 (14.10)	100m	13.78 (13.78)	
	500m	54.58 (40.48)	500m	51.97 (38.19)	

	Name	Cat	PB	Time	Info
8	yw 129	<b>Bauke Meijer</b>	M75	45.35	<b>51.01</b>
	bl 128	<b>Magnar Langvik</b>	M75	46.62	<b>51.15</b>
<b>Bauke Meijer</b>			<b>Magnar Langvik</b>		
	100m	13.42 (13.42)	100m	13.80 (13.80)	
	500m	51.01 (37.59)	500m	51.15 (37.35)	

	Name	Cat	PB	Time	Info
9	wt 131	<b>Leo Schoenmeijer</b>	M75	42.87	<b>50.99</b>
	rd 115	<b>Twan den Braber</b>	M70	43.00	<b>51.51</b>
<b>Leo Schoenmeijer</b>			<b>Twan den Braber</b>		
	100m	13.38 (13.38)	100m	14.03 (14.03)	
	500m	50.99 (37.61)	500m	51.51 (37.48)	

	Name	Cat	PB	Time	Info
10	yw 126	<b>Jan Boelen</b>	M75	45.20	<b>51.52</b>
	bl 130	<b>Vince Morris</b>	M75	43.60	<b>49.89</b>
<b>Jan Boelen</b>			<b>Vince Morris</b>		
	100m	13.59 (13.59)	100m	13.93 (13.93)	
	500m	51.52 (37.93)	500m	49.89 (35.96)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
11	wt	134 <b>Onar Westerheim</b>	M75	42.07	<b>50.25</b>	
	rd	102 <b>Jann van Benthem</b>	M65	43.87	<b>49.90</b>	
		<b>Onar Westerheim</b>		<b>Jann van Benthem</b>		
		100m	13.64 (13.64)	100m	13.56 (13.56)	
		500m	50.25 (36.61)	500m	49.90 (36.34)	
<hr/>						
		Name	Cat	PB	Time	Info
12	yw	125 <b>Erik Vea</b>	M70	40.02	<b>48.55</b>	
	bl	108 <b>Johan Metting-van Rijn</b>	M65	43.57	<b>50.09</b>	
		<b>Erik Vea</b>		<b>Johan Metting-van Rijn</b>		
		100m	12.98 (12.98)	100m	13.34 (13.34)	
		500m	48.55 (35.57)	500m	50.09 (36.75)	
<hr/>						
		Name	Cat	PB	Time	Info
13	wt	111 <b>Per Gunnar Stensvaag</b>	M65	43.63	<b>51.58</b>	
	rd	103 <b>Erwin Henskes</b>	M65	45.20	<b>50.68</b>	
		<b>Per Gunnar Stensvaag</b>		<b>Erwin Henskes</b>		
		100m	13.47 (13.47)	100m	14.08 (14.08)	
		500m	51.58 (38.11)	500m	50.68 (36.60)	
<hr/>						
		Name	Cat	PB	Time	Info
14	yw	122 <b>Reinhold Marsollek</b>	M70	43.89	<b>47.37</b>	
	bl	118 <b>Geir Hestad</b>	M70	40.80	<b>48.36</b>	
		<b>Reinhold Marsollek</b>		<b>Geir Hestad</b>		
		100m	12.63 (12.63)	100m	12.82 (12.82)	
		500m	47.37 (34.74)	500m	48.36 (35.54)	
<hr/>						
		Name	Cat	PB	Time	Info
15	wt	101 <b>Hans-Peter Ambass</b>	M65	42.87	<b>50.28</b>	
	rd	123 <b>Ab Nederlof</b>	M70	43.00	<b>48.51</b>	
		<b>Hans-Peter Ambass</b>		<b>Ab Nederlof</b>		
		100m	13.78 (13.78)	100m	13.44 (13.44)	
		500m	50.28 (36.50)	500m	48.51 (35.07)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
16	yw	120 <b>Jaap van Kouterik</b>	M70	42.40	<b>49.48</b>	
	bl	114 <b>Peter Weiss</b>	M65	45.72	<b>47.77</b>	
		<b>Jaap van Kouterik</b>		<b>Peter Weiss</b>		
		100m	13.77 (13.77)	100m	12.50 (12.50)	
		500m	49.48 (35.71)	500m	47.77 (35.27)	
<hr/>						
		Name	Cat	PB	Time	Info
17	wt	104 <b>Aleksandr Kistenjov</b>	M65	39.76	<b>48.00</b>	
	rd	106 <b>Kees Langeveld</b>	M65	45.16	<b>48.22</b>	
		<b>Aleksandr Kistenjov</b>		<b>Kees Langeveld</b>		
		100m	12.96 (12.96)	100m	13.21 (13.21)	
		500m	48.00 (35.04)	500m	48.22 (35.01)	
<hr/>						
		Name	Cat	PB	Time	Info
18	yw	110 <b>Harm Smit</b>	M65	43.02	<b>47.01</b>	
	bl	113 <b>Mircea Vranceanu</b>	M65	40.90	<b>46.31</b>	
		<b>Harm Smit</b>		<b>Mircea Vranceanu</b>		
		100m	12.87 (12.87)	100m	12.92 (12.92)	
		500m	47.01 (34.14)	500m	46.31 (33.39)	
<hr/>						
		Name	Cat	PB	Time	Info
19	wt	107 <b>Jan Mein</b>	M65	40.90	<b>45.08</b>	
	rd	112 <b>Rennie Verloop</b>	M65	43.34	<b>45.26</b>	
		<b>Jan Mein</b>		<b>Rennie Verloop</b>		
		100m	12.20 (12.20)	100m	12.27 (12.27)	
		500m	45.08 (32.88)	500m	45.26 (32.99)	
<hr/>						
		Name	Cat	PB	Time	Info
20	yw	124 <b>Piet Siemonsma</b>	M70	42.05	<b>45.31</b>	
	bl	116 <b>Valerij Grebenkov</b>	M70	38.90	<b>45.37</b>	
		<b>Piet Siemonsma</b>		<b>Valerij Grebenkov</b>		
		100m	12.53 (12.53)	100m	12.28 (12.28)	
		500m	45.31 (32.78)	500m	45.37 (33.09)	



# IMSSC 32nd Masters International Allround Games 2024



IJsbaan Twente - Enschede

## 3. Result Men (AG55-60) 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	170 Rene van Bernum	M55	22	I	40.89		
2	171 Frans Verhoeve	M55	22	O	41.54		
3	161 Tjard Kopka	M55	20	O	41.98		
4	183 Roland ten Klooster	M60	21	I	42.99		
5	167 Paul Robijn	M55	21	O	43.21		
6	185 Chris van der Plaats	M60	20	I	43.36		
7	156 Hans van der Does	M55	18	O	43.40		
8	181 Giel Hermans	M60	18	I	43.41		
9	160 Gerben Hettinga	M55	17	I	43.42		
10	175 Arjan Bakker	M60	17	O	43.48		
11	173 Danny Witkamp	M55	19	O	44.23		
12	162 Joost van Leenders	M55	19	I	44.32		
13	166 Geir Nessel	M55	13	O	44.70		
14	157 Aleksandr Gavrilo	M55	13	I	44.92		
15	153 Aart van Beuzekom	M55	15	O	45.15		
16	159 Bart Groot	M55	14	O	45.25		
17	176 Gert-Jan Braas	M60	12	O	45.35		
18	155 Richard van den Broek	M55	15	I	45.50		
19	163 Ed de Looze	M55	16	O	45.58		
20	188 Gerard Snel	M60	16	I	45.86		
21	172 Johan Vikhals	M55	14	I	45.96		
22	165 Kurt van de Nes	M55	11	O	45.97		
23	168 Henk Roelfsema	M55	11	I	46.12		
24	152 Rudie Assink	M55	9	O	46.30		
25	174 Bruce Anderson	M60	12	I	46.40		
26	191 Henk van Walderveen	M60	9	I	46.49		
27	189 Jim Verdurmen	M60	10	I	46.56		
28	180 Martin Haire	M60	7	I	46.69		
29	187 Thomas Rumpf	M60	10	O	47.43		
30	186 Marco Roos	M60	8	O	47.96		
31	158 Sören Grimmer	M55	8	I	47.99		
32	192 Stephan Haueisen	M55	5	O	48.47		
33	177 Johan Cerne	M60	6	I	48.59		
34	154 Øystein Borgersen	M55	7	O	48.76		
35	169 David Smith	M55	4	I	48.86		
36	178 Jonathan Furminger	M60	3	I	49.27		
37	184 René Koning	M60	6	O	51.08		
38	164 Octavian Moga	M55	4	O	51.30		



# IMSSC 32nd Masters International Allround Games 2024



IJsbaan Twente - Enschede

Pos	Name	Cat	Pair	Lane	Time Info	Points
39	150 Scott Anderson	M55	5	I	51.57	
40	151 Eskil Andersson	M55	1	I	52.67 PB	
41	182 Hans-Gerd Heyne	M60	3	O	57.52	



## 3. Race Result Men (AG55-60) 500 meter

		Name		Cat		PB	Time	Info																											
1	wt	151	<b>Eskil Andersson</b>		M55	52.90	<b>52.67</b>	PB																											
	rd																																		
<table border="0" style="width:100%"> <tr> <td colspan="4"><u>Eskil Andersson</u></td> <td colspan="5"></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>13.83</td> <td>(13.83)</td> <td></td> <td>m</td> <td colspan="2"></td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>52.67</td> <td>(38.84)</td> <td colspan="4"></td> </tr> </table>									<u>Eskil Andersson</u>											100m	13.83	(13.83)		m					500m	52.67	(38.84)				
<u>Eskil Andersson</u>																																			
		100m	13.83	(13.83)		m																													
		500m	52.67	(38.84)																															

		Name		Cat		PB	Time	Info									
2	yw																
	bl																
<table border="0" style="width:100%"> <tr> <td></td> <td></td> <td>m</td> <td></td> <td></td> <td>m</td> <td colspan="3"></td> </tr> </table>											m			m			
		m			m												

		Name		Cat		PB	Time	Info																											
3	wt	178	<b>Jonathan Furminger</b>		M60	46.94	<b>49.27</b>																												
	rd	182	<b>Hans-Gerd Heyne</b>		M60	48.05	<b>57.52</b>																												
<table border="0" style="width:100%"> <tr> <td colspan="4"><u>Jonathan Furminger</u></td> <td colspan="5"><u>Hans-Gerd Heyne</u></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>13.38</td> <td>(13.38)</td> <td>100m</td> <td>14.50</td> <td>(14.50)</td> <td></td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>49.27</td> <td>(35.89)</td> <td>500m</td> <td>57.52</td> <td>(43.02)</td> <td></td> </tr> </table>									<u>Jonathan Furminger</u>				<u>Hans-Gerd Heyne</u>							100m	13.38	(13.38)	100m	14.50	(14.50)				500m	49.27	(35.89)	500m	57.52	(43.02)	
<u>Jonathan Furminger</u>				<u>Hans-Gerd Heyne</u>																															
		100m	13.38	(13.38)	100m	14.50	(14.50)																												
		500m	49.27	(35.89)	500m	57.52	(43.02)																												

		Name		Cat		PB	Time	Info																											
4	yw	169	<b>David Smith</b>		M55	46.18	<b>48.86</b>																												
	bl	164	<b>Octavian Moga</b>		M55	44.30	<b>51.30</b>																												
<table border="0" style="width:100%"> <tr> <td colspan="4"><u>David Smith</u></td> <td colspan="5"><u>Octavian Moga</u></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>13.90</td> <td>(13.90)</td> <td>100m</td> <td>13.49</td> <td>(13.49)</td> <td></td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>48.86</td> <td>(34.96)</td> <td>500m</td> <td>51.30</td> <td>(37.81)</td> <td></td> </tr> </table>									<u>David Smith</u>				<u>Octavian Moga</u>							100m	13.90	(13.90)	100m	13.49	(13.49)				500m	48.86	(34.96)	500m	51.30	(37.81)	
<u>David Smith</u>				<u>Octavian Moga</u>																															
		100m	13.90	(13.90)	100m	13.49	(13.49)																												
		500m	48.86	(34.96)	500m	51.30	(37.81)																												

		Name		Cat		PB	Time	Info																											
5	wt	150	<b>Scott Anderson</b>		M55	45.17	<b>51.57</b>																												
	rd	192	<b>Stephan Hauelsen</b>		M55	43.46	<b>48.47</b>																												
<table border="0" style="width:100%"> <tr> <td colspan="4"><u>Scott Anderson</u></td> <td colspan="5"><u>Stephan Hauelsen</u></td> </tr> <tr> <td></td> <td></td> <td>100m</td> <td>13.43</td> <td>(13.43)</td> <td>100m</td> <td>13.46</td> <td>(13.46)</td> <td></td> </tr> <tr> <td></td> <td></td> <td>500m</td> <td>51.57</td> <td>(38.14)</td> <td>500m</td> <td>48.47</td> <td>(35.01)</td> <td></td> </tr> </table>									<u>Scott Anderson</u>				<u>Stephan Hauelsen</u>							100m	13.43	(13.43)	100m	13.46	(13.46)				500m	51.57	(38.14)	500m	48.47	(35.01)	
<u>Scott Anderson</u>				<u>Stephan Hauelsen</u>																															
		100m	13.43	(13.43)	100m	13.46	(13.46)																												
		500m	51.57	(38.14)	500m	48.47	(35.01)																												

## IJssbaan Twente - Enschede

		Name		Cat		PB	Time	Info
6	yw	177	<b>Johan Cerne</b>		M60	44.96	<b>48.59</b>	
	bl	184	<b>René Koning</b>		M60	44.05	<b>51.08</b>	
		<b>Johan Cerne</b>			<b>René Koning</b>			
		100m	13.25	(13.25)	100m	13.52	(13.52)	
		500m	48.59	(35.34)	500m	51.08	(37.56)	
<hr/>								
		Name		Cat		PB	Time	Info
7	wt	180	<b>Martin Haire</b>		M60	40.44	<b>46.69</b>	
	rd	154	<b>Øystein Borgersen</b>		M55	45.96	<b>48.76</b>	
		<b>Martin Haire</b>			<b>Øystein Borgersen</b>			
		100m	13.28	(13.28)	100m	12.83	(12.83)	
		500m	46.69	(33.41)	500m	48.76	(35.93)	
<hr/>								
		Name		Cat		PB	Time	Info
8	yw	158	<b>Sören Grimmer</b>		M55	46.25	<b>47.99</b>	
	bl	186	<b>Marco Roos</b>		M60	43.41	<b>47.96</b>	
		<b>Sören Grimmer</b>			<b>Marco Roos</b>			
		100m	13.38	(13.38)	100m	13.24	(13.24)	
		500m	47.99	(34.61)	500m	47.96	(34.72)	
<hr/>								
		Name		Cat		PB	Time	Info
9	wt	191	<b>Henk van Walderveen</b>		M60	45.17	<b>46.49</b>	
	rd	152	<b>Rudie Assink</b>		M55	43.69	<b>46.30</b>	
		<b>Henk van Walderveen</b>			<b>Rudie Assink</b>			
		100m	12.98	(12.98)	100m	12.92	(12.92)	
		500m	46.49	(33.51)	500m	46.30	(33.38)	
<hr/>								
		Name		Cat		PB	Time	Info
10	yw	189	<b>Jim Verdurmen</b>		M60	42.98	<b>46.56</b>	
	bl	187	<b>Thomas Rumpf</b>		M60	44.81	<b>47.43</b>	
		<b>Jim Verdurmen</b>			<b>Thomas Rumpf</b>			
		100m	12.76	(12.76)	100m	12.77	(12.77)	
		500m	46.56	(33.80)	500m	47.43	(34.66)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
11	wt	168 <b>Henk Roelfsema</b>	M55	43.59	<b>46.12</b>	
	rd	165 <b>Kurt van de Nes</b>	M55	45.68	<b>45.97</b>	
		<b>Henk Roelfsema</b>		<b>Kurt van de Nes</b>		
		100m	12.49 (12.49)	100m	13.30 (13.30)	
		500m	46.12 (33.63)	500m	45.97 (32.67)	
<hr/>						
		Name	Cat	PB	Time	Info
12	yw	174 <b>Bruce Anderson</b>	M60	42.19	<b>46.40</b>	
	bl	176 <b>Gert-Jan Braas</b>	M60	43.08	<b>45.35</b>	
		<b>Bruce Anderson</b>		<b>Gert-Jan Braas</b>		
		100m	12.95 (12.95)	100m	12.41 (12.41)	
		500m	46.40 (33.45)	500m	45.35 (32.94)	
<hr/>						
		Name	Cat	PB	Time	Info
13	wt	157 <b>Aleksandr Gavrilov</b>	M55	37.41	<b>44.92</b>	
	rd	166 <b>Geir Nettet</b>	M55	41.39	<b>44.70</b>	
		<b>Aleksandr Gavrilov</b>		<b>Geir Nettet</b>		
		100m	12.33 (12.33)	100m	12.38 (12.38)	
		500m	44.92 (32.59)	500m	44.70 (32.32)	
<hr/>						
		Name	Cat	PB	Time	Info
14	yw	172 <b>Johan Vikhals</b>	M55	44.48	<b>45.96</b>	
	bl	159 <b>Bart Groot</b>	M55	43.54	<b>45.25</b>	
		<b>Johan Vikhals</b>		<b>Bart Groot</b>		
		100m	12.74 (12.74)	100m	12.51 (12.51)	
		500m	45.96 (33.22)	500m	45.25 (32.74)	
<hr/>						
		Name	Cat	PB	Time	Info
15	wt	155 <b>Richard van den Broek</b>	M55	45.17	<b>45.50</b>	
	rd	153 <b>Aart van Beuzekom</b>	M55	41.55	<b>45.15</b>	
		<b>Richard van den Broek</b>		<b>Aart van Beuzekom</b>		
		100m	12.54 (12.54)	100m	12.38 (12.38)	
		500m	45.50 (32.96)	500m	45.15 (32.77)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
16	yw	188 <b>Gerard Snel</b>	M60	42.55	<b>45.86</b>	
	bl	163 <b>Ed de Looze</b>	M55	42.04	<b>45.58</b>	
		<b>Gerard Snel</b>		<b>Ed de Looze</b>		
		100m 12.61 (12.61)		100m 12.94 (12.94)		
		500m 45.86 (33.25)		500m 45.58 (32.64)		
		Name	Cat	PB	Time	Info
17	wt	160 <b>Gerben Hettinga</b>	M55	41.52	<b>43.42</b>	
	rd	175 <b>Arjan Bakker</b>	M60	41.23	<b>43.48</b>	
		<b>Gerben Hettinga</b>		<b>Arjan Bakker</b>		
		100m 12.14 (12.14)		100m 12.14 (12.14)		
		500m 43.42 (31.28)		500m 43.48 (31.34)		
		Name	Cat	PB	Time	Info
18	yw	181 <b>Giel Hermans</b>	M60	42.32	<b>43.41</b>	
	bl	156 <b>Hans van der Does</b>	M55	40.63	<b>43.40</b>	
		<b>Giel Hermans</b>		<b>Hans van der Does</b>		
		100m 12.01 (12.01)		100m 12.02 (12.02)		
		500m 43.41 (31.40)		500m 43.40 (31.38)		
		Name	Cat	PB	Time	Info
19	wt	162 <b>Joost van Leenders</b>	M55	43.61	<b>44.32</b>	
	rd	173 <b>Danny Witkamp</b>	M55	40.39	<b>44.23</b>	
		<b>Joost van Leenders</b>		<b>Danny Witkamp</b>		
		100m 12.34 (12.34)		100m 12.27 (12.27)		
		500m 44.32 (31.98)		500m 44.23 (31.96)		
		Name	Cat	PB	Time	Info
20	yw	185 <b>Chris van der Plaats</b>	M60	40.90	<b>43.36</b>	
	bl	161 <b>Tjard Kopka</b>	M55	40.31	<b>41.98</b>	
		<b>Chris van der Plaats</b>		<b>Tjard Kopka</b>		
		100m 12.18 (12.18)		100m 11.82 (11.82)		
		500m 43.36 (31.18)		500m 41.98 (30.16)		



# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

		Name		Cat		PB	Time	Info
21	wt	183	<b>Roland ten Klooster</b>		M60		41.14	<b>42.99</b>
	rd	167	<b>Paul Robijn</b>		M55		40.89	<b>43.21</b>
		<b>Roland ten Klooster</b>			<b>Paul Robijn</b>			
		100m	11.63	(11.63)	100m	12.34	(12.34)	
		500m	42.99	(31.36)	500m	43.21	(30.87)	

		Name		Cat		PB	Time	Info
22	yw	170	<b>Rene van Bernum</b>		M55		37.91	<b>40.89</b>
	bl	171	<b>Frans Verhoeve</b>		M55		40.44	<b>41.54</b>
		<b>Rene van Bernum</b>			<b>Frans Verhoeve</b>			
		100m	11.47	(11.47)	100m	11.52	(11.52)	
		500m	40.89	(29.42)	500m	41.54	(30.02)	

IJsbaan Twente - Enschede

## 4. Result Men (AG30-50) 500 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	226 Johannes de Groot	M45	20	O	40.40		
2	220 Jeroen Schoppink	M40	19	I	40.51		
3	224 Arjan Elferink	M45	24	O	40.61		
4	219 Mark Reiling	M40	20	I	40.63		
5	203 André Los	M30	23	I	40.71		
6	216 Bas van Nispen	M40	23	O	40.78		
7	246 Peter van der Vorst	M50	19	O	41.42		
8	213 Jurre Kranenburg	M40	22	O	41.46		
9	210 Reidar Bohlin Borgersen	M40	15	O	41.71		
10	233 Michiel Wienese	M45	21	O	41.74		
11	222 Robert Braam	M45	18	I	41.88		
12	229 Tijmen Smit	M45	13	I	42.16		
13	214 Odd Øystein Langegård	M40	14	O	42.30		
14	212 Pieter-Jorn Gemser	M40	18	O	42.33		
15	227 Maarten Quist	M45	11	O	42.35	PB	
16	247 Vincent van Wersch	M50	14	I	42.79		
17	204 Christiaan Smit	M30	16	O	42.82		
18	217 Jeroen Oeben	M40	21	I	42.97		
19	241 Roberto van Goor	M50	12	I	43.13		
	225 Geert Fekken	M45	15	I	43.13		
21	208 Vishwaraj R Jadeja	M35	22	I	43.27		
22	218 Mark Ooijevaar	M40	17	I	43.40		
23	202 Sybe van Hijum	M30	11	I	43.64		
24	230 Daan Spoelstra	M45	10	I	43.65		
25	235 Erol Aksoy	M50	13	O	43.98		
26	248 Robert Wierds	M50	16	I	44.02		
27	244 Jasper Knulst	M50	12	O	44.25		
28	249 Doede Wind	M50	10	O	44.38		
29	207 Andreas Haugerud	M35	6	I	44.45		
30	215 Marc Nieuwenhuijse	M40	5	O	44.53	PB	
31	238 Gerrit van den Brink	M50	5	I	44.66		
32	232 Stijn Verhagen	M45	8	I	45.11		
33	242 Guido Gosselink	M50	9	I	45.33		
34	237 Gerwin Boschloo	M50	7	O	45.36		
35	223 Evert Jan van Dijk	M45	7	I	45.37		
36	205 Håvard Straumsnes	M30	3	I	45.51	PB	
37	243 Martijn Jager	M50	6	O	46.12		
38	234 Christiaan Abeelen	M50	4	O	46.19		



# IMSSC 32nd Masters International Allround Games 2024



IJssbaan Twente - Enschede

Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	209 <b>Seppe Lybaert</b>	M35	1	I	<b>46.69</b>		
40	239 <b>Peter Carr</b>	M50	17	O	<b>47.05</b>		
41	231 <b>Kunio Tsuyuhara</b>	M45	4	I	<b>47.15</b>		
42	206 <b>Marvin Zeisberg</b>	M30	2	O	<b>47.55</b>		
43	240 <b>Patrik Gelin</b>	M50	3	O	<b>48.03</b>		
44	245 <b>John Ivar Kristensen</b>	M50	9	O	<b>48.80</b>		
45	201 <b>Marius ten Herkel</b>	M30	24	I	<b>50.88</b>		
46	236 <b>Klas Berlič Fras</b>	M50	2	I	<b>57.55</b>	PB	
	211 <b>Ricardo Brüttsch</b>	M40			<b>WDR</b>		

## 4. Race Result Men (AG30-50) 500 meter

		Name		Cat		PB	Time	Info
1	wt	209	<b>Seppe Lybaert</b>		M35	44.40	<b>46.69</b>	
	rd							
		<b>Seppe Lybaert</b>						
		100m	12.50	(12.50)	m			
		500m	46.69	(34.19)				
<hr/>								
		Name		Cat		PB	Time	Info
2	yw	236	<b>Klas Berlič Fras</b>		M50	1:00.28	<b>57.55</b>	PB
	bl	206	<b>Marvin Zeisberg</b>		M30	47.16	<b>47.55</b>	
		<b>Klas Berlič Fras</b>			<b>Marvin Zeisberg</b>			
		100m	14.85	(14.85)	100m	12.82	(12.82)	
		500m	57.55	(42.70)	500m	47.55	(34.73)	
<hr/>								
		Name		Cat		PB	Time	Info
3	wt	205	<b>Håvard Straumsnes</b>		M30	45.64	<b>45.51</b>	PB
	rd	240	<b>Patrik Gelin</b>		M50	46.97	<b>48.03</b>	
		<b>Håvard Straumsnes</b>			<b>Patrik Gelin</b>			
		100m	12.12	(12.12)	100m	13.16	(13.16)	
		500m	45.51	(33.39)	500m	48.03	(34.87)	
<hr/>								
		Name		Cat		PB	Time	Info
4	yw	231	<b>Kunio Tsuyuhara</b>		M45	45.67	<b>47.15</b>	
	bl	234	<b>Christiaan Abeelen</b>		M50	44.31	<b>46.19</b>	
		<b>Kunio Tsuyuhara</b>			<b>Christiaan Abeelen</b>			
		100m	12.60	(12.60)	100m	12.58	(12.58)	
		500m	47.15	(34.55)	500m	46.19	(33.61)	
<hr/>								
		Name		Cat		PB	Time	Info
5	wt	238	<b>Gerrit van den Brink</b>		M50	43.69	<b>44.66</b>	
	rd	215	<b>Marc Nieuwenhuijse</b>		M40	44.62	<b>44.53</b>	PB
		<b>Gerrit van den Brink</b>			<b>Marc Nieuwenhuijse</b>			
		100m	12.65	(12.65)	100m	12.57	(12.57)	
		500m	44.66	(32.01)	500m	44.53	(31.96)	



## IJsbaan Twente - Enschede

	Name	Cat	PB	Time	Info
6	yw 207 <b>Andreas Haugerud</b>	M35	41.82	<b>44.45</b>	
	bl 243 <b>Martijn Jager</b>	M50	44.01	<b>46.12</b>	
	<b>Andreas Haugerud</b>		<b>Martijn Jager</b>		
	100m	12.04 (12.04)	100m	12.50 (12.50)	
	500m	44.45 (32.41)	500m	46.12 (33.62)	

	Name	Cat	PB	Time	Info
7	wt 223 <b>Evert Jan van Dijk</b>	M45	42.65	<b>45.37</b>	
	rd 237 <b>Gerwin Boschloo</b>	M50	43.16	<b>45.36</b>	
	<b>Evert Jan van Dijk</b>		<b>Gerwin Boschloo</b>		
	100m	12.32 (12.32)	100m	12.16 (12.16)	
	500m	45.37 (33.05)	500m	45.36 (33.20)	

	Name	Cat	PB	Time	Info
8	yw 232 <b>Stijn Verhagen</b>	M45	43.54	<b>45.11</b>	
	bl 211 <b>Ricardo Brüttsch</b>	M40	42.56	<b>WDR</b>	
	<b>Stijn Verhagen</b>		<b>Ricardo Brüttsch</b>		
	100m	12.32 (12.32)			
	500m	45.11 (32.79)			

	Name	Cat	PB	Time	Info
9	wt 242 <b>Guido Gosselink</b>	M50	44.32	<b>45.33</b>	
	rd 245 <b>John Ivar Kristensen</b>	M50	39.80	<b>48.80</b>	
	<b>Guido Gosselink</b>		<b>John Ivar Kristensen</b>		
	100m	12.37 (12.37)	100m	14.30 (14.30)	
	500m	45.33 (32.96)	500m	48.80 (34.50)	

	Name	Cat	PB	Time	Info
10	yw 230 <b>Daan Spoelstra</b>	M45	42.67	<b>43.65</b>	
	bl 249 <b>Doede Wind</b>	M50	43.67	<b>44.38</b>	
	<b>Daan Spoelstra</b>		<b>Doede Wind</b>		
	100m	11.83 (11.83)	100m	12.36 (12.36)	
	500m	43.65 (31.82)	500m	44.38 (32.02)	

## IJsbaan Twente - Enschede

		Name	Cat	PB	Time	Info
11	wt	202 <b>Sybe van Hijum</b>	M30	42.80	<b>43.64</b>	
	rd	227 <b>Maarten Quist</b>	M45	42.62	<b>42.35</b>	PB
		<b>Sybe van Hijum</b>		<b>Maarten Quist</b>		
		100m	12.08 (12.08)	100m	11.54 (11.54)	
		500m	43.64 (31.56)	500m	42.35 (30.81)	

		Name	Cat	PB	Time	Info
12	yw	241 <b>Roberto van Goor</b>	M50	42.27	<b>43.13</b>	
	bl	244 <b>Jasper Knulst</b>	M50	43.36	<b>44.25</b>	
		<b>Roberto van Goor</b>		<b>Jasper Knulst</b>		
		100m	11.77 (11.77)	100m	11.85 (11.85)	
		500m	43.13 (31.36)	500m	44.25 (32.40)	

		Name	Cat	PB	Time	Info
13	wt	229 <b>Tijmen Smit</b>	M45	42.16	<b>42.16</b>	
	rd	235 <b>Erol Aksoy</b>	M50	42.61	<b>43.98</b>	
		<b>Tijmen Smit</b>		<b>Erol Aksoy</b>		
		100m	11.34 (11.34)	100m	11.93 (11.93)	
		500m	42.16 (30.82)	500m	43.98 (32.05)	

		Name	Cat	PB	Time	Info
14	yw	247 <b>Vincent van Wersch</b>	M50	41.31	<b>42.79</b>	
	bl	214 <b>Odd Øystein Langegård</b>	M40	38.97	<b>42.30</b>	
		<b>Vincent van Wersch</b>		<b>Odd Øystein Langegård</b>		
		100m	11.49 (11.49)	100m	11.52 (11.52)	
		500m	42.79 (31.30)	500m	42.30 (30.78)	

		Name	Cat	PB	Time	Info
15	wt	225 <b>Geert Fekken</b>	M45	42.44	<b>43.13</b>	
	rd	210 <b>Reidar Bohlin Borgersen</b>	M40	39.03	<b>41.71</b>	
		<b>Geert Fekken</b>		<b>Reidar Bohlin Borgersen</b>		
		100m	11.83 (11.83)	100m	11.49 (11.49)	
		500m	43.13 (31.30)	500m	41.71 (30.22)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
16	yw	248 <b>Robert Wierts</b>	M50	42.15	<b>44.02</b>	
	bl	204 <b>Christiaan Smit</b>	M30	41.90	<b>42.82</b>	
		<b>Robert Wierts</b>		<b>Christiaan Smit</b>		
		100m 12.19 (12.19)		100m 11.74 (11.74)		
		500m 44.02 (31.83)		500m 42.82 (31.08)		
		Name	Cat	PB	Time	Info
17	wt	218 <b>Mark Ooijevaar</b>	M40	39.43	<b>43.40</b>	
	rd	239 <b>Peter Carr</b>	M50	41.76	<b>47.05</b>	
		<b>Mark Ooijevaar</b>		<b>Peter Carr</b>		
		100m 12.22 (12.22)		100m 12.73 (12.73)		
		500m 43.40 (31.18)		500m 47.05 (34.32)		
		Name	Cat	PB	Time	Info
18	yw	222 <b>Robert Braam</b>	M45	37.32	<b>41.88</b>	
	bl	212 <b>Pieter-Jorn Gemser</b>	M40	40.63	<b>42.33</b>	
		<b>Robert Braam</b>		<b>Pieter-Jorn Gemser</b>		
		100m 11.43 (11.43)		100m 11.65 (11.65)		
		500m 41.88 (30.45)		500m 42.33 (30.68)		
		Name	Cat	PB	Time	Info
19	wt	220 <b>Jeroen Schoppink</b>	M40	37.66	<b>40.51</b>	
	rd	246 <b>Peter van der Vorst</b>	M50	40.22	<b>41.42</b>	
		<b>Jeroen Schoppink</b>		<b>Peter van der Vorst</b>		
		100m 11.18 (11.18)		100m 11.23 (11.23)		
		500m 40.51 (29.33)		500m 41.42 (30.19)		
		Name	Cat	PB	Time	Info
20	yw	219 <b>Mark Reiling</b>	M40	39.26	<b>40.63</b>	
	bl	226 <b>Johannes de Groot</b>	M45	38.50	<b>40.40</b>	
		<b>Mark Reiling</b>		<b>Johannes de Groot</b>		
		100m 11.06 (11.06)		100m 10.91 (10.91)		
		500m 40.63 (29.57)		500m 40.40 (29.49)		

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
21	wt	217 <b>Jeroen Oeben</b>	M40	41.62	<b>42.97</b>	
	rd	233 <b>Michiel Wienese</b>	M45	39.40	<b>41.74</b>	
		<b>Jeroen Oeben</b>		<b>Michiel Wienese</b>		
		100m	12.05 (12.05)	100m	11.42 (11.42)	
		500m	42.97 (30.92)	500m	41.74 (30.32)	

		Name	Cat	PB	Time	Info
22	yw	208 <b>Vishwaraj R Jadeja</b>	M35	40.11	<b>43.27</b>	
	bl	213 <b>Jurre Kranenburg</b>	M40	39.89	<b>41.46</b>	
		<b>Vishwaraj R Jadeja</b>		<b>Jurre Kranenburg</b>		
		100m	11.41 (11.41)	100m	11.36 (11.36)	
		500m	43.27 (31.86)	500m	41.46 (30.10)	

		Name	Cat	PB	Time	Info
23	wt	203 <b>André Los</b>	M30	38.48	<b>40.71</b>	
	rd	216 <b>Bas van Nispen</b>	M40	39.94	<b>40.78</b>	
		<b>André Los</b>		<b>Bas van Nispen</b>		
		100m	11.28 (11.28)	100m	11.15 (11.15)	
		500m	40.71 (29.43)	500m	40.78 (29.63)	

		Name	Cat	PB	Time	Info
24	yw	201 <b>Marius ten Herkel</b>	M30	39.42	<b>50.88</b>	
	bl	224 <b>Arjan Elferink</b>	M45	38.33	<b>40.61</b>	
		<b>Marius ten Herkel</b>		<b>Arjan Elferink</b>		
		100m	11.59 (11.59)	100m	11.30 (11.30)	
		500m	50.88 (39.29)	500m	40.61 (29.31)	

## 5. Result Women (AG30-65+) 1500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	16 Mijke Anne Kanneworff	L40	26	I	2:14.87	
2	18 Eva Riemersma - van Rheenen	L40	26	O	2:17.62	
3	10 Mettie de Vegt	L35	28	I	2:18.70	
4	24 Anke Jannie Landman	L45	27	I	2:19.80	
5	4 Kim Leliveld	L30	23	I	2:19.88	
6	11 Marloes Westerhof	L35	27	O	2:20.04	
7	8 Imke Hüser	L35	28	O	2:20.50	
8	7 Claudia Henckel	L35	25	O	2:20.68	
9	17 Suzanne Mulder	L40	24	O	2:20.89	
10	5 Joanne Spliethof	L30	22	O	2:23.70	
11	40 Kaska Rogulska	L55	23	O	2:24.02	
12	15 Imme Kampen	L40	25	I	2:24.23	
13	22 Chantal Herms	L45	20	O	2:25.35	
14	41 Gerdien Verweij	L55	20	I	2:26.41	
15	6 Esther Bouman	L35	18	O	2:26.59	
16	13 Rianne Gerritsen	L40	18	I	2:26.66	
17	21 Janette de Groot-Bron	L45	22	I	2:26.74	
18	19 Tineke Schukken	L40	24	I	2:27.34	
19	12 Cherise Wilkins	L35	17	O	2:28.06	
20	34 Irma Woud	L50	17	I	2:28.14	
21	2 Antoinet van Essen-Prins	L30	14	I	2:28.98	
22	31 Yvonne Simis	L50	16	I	2:29.51	
23	42 Monique Boerema	L60	13	O	2:30.03	
24	9 Evelien van der Kist	L35	21	I	2:30.27	
25	1 Elma Endhoven	L30	19	I	2:31.85	
26	49 Ciska Stark	L60	15	O	2:32.44	
27	30 Manon Scholte	L50	21	O	2:32.61	
28	35 Henriëtte Goede	L55	14	O	2:32.63	
29	33 Anna Van der Stok	L50	15	I	2:34.40	
30	52 Guylaine Larouche	L65	12	O	2:34.68	
31	55 Lettie Zwanenburg	L65	10	I	2:35.68	
32	27 Wendy van der Ham	L50	19	O	2:35.76	
33	36 Marlies de Jong	L55	12	I	2:35.98	
34	23 Monica Holth	L45	5	I	2:37.31	PB
35	38 Katrin Leschner	L55	11	I	2:37.39	
36	44 Mariska van Haaften- van den Bosch	L60	9	I	2:37.94	
37	57 Judith Smouter	L70	10	O	2:38.58	
38	45 Astrid Janssen	L60	8	O	2:38.72	



# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	46 Marianne de Neeling	L60	13	I	2:38.87		
40	56 Barb Johnson	L70	9	O	2:39.98		
41	3 Julie Gehring	L30	7	I	2:40.46	PB	
42	54 Ute Zillmann	L65	7	O	2:43.45		
43	48 Anita Smit-Groot	L60	11	O	2:45.01		
44	28 Evelyn Mein-Klok	L50	6	I	2:46.68		
45	37 Trine Landsem	L55	2	O	2:47.71		
46	53 Carolien van Rees	L65	6	O	2:48.35		
47	51 Barbara Heerschop	L65	5	O	2:50.26		
48	50 Kate Stewart	L60	3	I	2:50.52	PB	
49	60 Thea Kroontje	L75	3	O	2:51.64		
50	43 Kathy Feinberg	L60	4	O	2:55.12		
51	58 Joke Wittenberg	L70	4	I	2:57.19		
52	47 Ingunn Sandø	L60	2	I	2:58.23		
53	26 Necole Zayatz	L45	1	I	2:58.58		
54	59 Joanna Walters	L75	1	O	3:55.92		
	39 Karolin Palmertz-Cerne	L55	8	I		DQ	
	29 Natalie Rodrigue-Hasselback	L50	16	O		DQ	
	32 Susanne Vangen Stensvaag	L50				WDR	

## 5. Race Result Women (AG30-65+) 1500 meter

		Name	Cat	PB	Time	Info
1	wt	26 <b>Necole Zayatz</b>	L45	2:51.99	<b>2:58.58</b>	
	rd	59 <b>Joanna Walters</b>	L75	2:47.20	<b>3:55.92</b>	

### Necole Zayatz

300m	36.46	(36.46)
700m	1:21.05	(44.59)
1100m	2:09.17	(48.12)
1500m	2:58.58	(49.41)

### Joanna Walters

300m	46.30	(46.30)
700m	1:45.59	(59.29)
1100m	2:48.83	(63.24)
1500m	3:55.92	(67.09)

		Name	Cat	PB	Time	Info
2	yw	47 <b>Ingunn Sandø</b>	L60	2:27.70	<b>2:58.23</b>	
	bl	37 <b>Trine Landsem</b>	L55	2:39.05	<b>2:47.71</b>	

### Ingunn Sandø

300m	37.13	(37.13)
700m	1:20.91	(43.78)
1100m	2:08.45	(47.54)
1500m	2:58.23	(49.78)

### Trine Landsem

300m	36.37	(36.37)
700m	1:17.92	(41.55)
1100m	2:02.03	(44.11)
1500m	2:47.71	(45.68)

		Name	Cat	PB	Time	Info
3	wt	50 <b>Kate Stewart</b>	L60	2:58.31	<b>2:50.52</b>	PB
	rd	60 <b>Thea Kroontje</b>	L75	2:20.69	<b>2:51.64</b>	

### Kate Stewart

300m	35.01	(35.01)
700m	1:17.70	(42.69)
1100m	2:03.48	(45.78)
1500m	2:50.52	(47.04)

### Thea Kroontje

300m	37.74	(37.74)
700m	1:20.80	(43.06)
1100m	2:05.78	(44.98)
1500m	2:51.64	(45.86)

		Name	Cat	PB	Time	Info
4	yw	58 <b>Joke Wittenberg</b>	L70	2:33.03	<b>2:57.19</b>	
	bl	43 <b>Kathy Feinberg</b>	L60	2:38.64	<b>2:55.12</b>	

### Joke Wittenberg

300m	38.27	(38.27)
700m	1:22.70	(44.43)
1100m	2:09.38	(46.68)
1500m	2:57.19	(47.81)

### Kathy Feinberg

300m	37.77	(37.77)
700m	1:21.12	(43.35)
1100m	2:07.63	(46.51)
1500m	2:55.12	(47.49)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
5	wt 23 <b>Monica Holth</b>	L45	2:41.57	<b>2:37.31</b>	PB
	rd 51 <b>Barbara Heerschop</b>	L65	2:23.04	<b>2:50.26</b>	

### Monica Holth

300m	34.69	(34.69)
700m	1:13.82	(39.13)
1100m	1:54.70	(40.88)
1500m	2:37.31	(42.61)

### Barbara Heerschop

300m	36.93	(36.93)
700m	1:21.08	(44.15)
1100m	2:06.12	(45.04)
1500m	2:50.26	(44.14)

	Name	Cat	PB	Time	Info
6	yw 28 <b>Evelyn Mein-Klok</b>	L50	2:38.94	<b>2:46.68</b>	
	bl 53 <b>Carolien van Rees</b>	L65	2:43.07	<b>2:48.35</b>	

### Evelyn Mein-Klok

300m	35.53	(35.53)
700m	1:16.97	(41.44)
1100m	2:00.76	(43.79)
1500m	2:46.68	(45.92)

### Carolien van Rees

300m	36.27	(36.27)
700m	1:17.99	(41.72)
1100m	2:02.86	(44.87)
1500m	2:48.35	(45.49)

	Name	Cat	PB	Time	Info
7	wt 3 <b>Julie Gehring</b>	L30	2:40.47	<b>2:40.46</b>	PB
	rd 54 <b>Ute Zillmann</b>	L65	2:15.18	<b>2:43.45</b>	

### Julie Gehring

300m	33.71	(33.71)
700m	1:14.02	(40.31)
1100m	1:56.09	(42.07)
1500m	2:40.46	(44.37)

### Ute Zillmann

300m	34.92	(34.92)
700m	1:15.58	(40.66)
1100m	1:58.51	(42.93)
1500m	2:43.45	(44.94)

	Name	Cat	PB	Time	Info
8	yw 39 <b>Karolin Palmertz-Cerne</b>	L55	2:20.00	<b>DQ</b>	
	bl 45 <b>Astrid Janssen</b>	L60	2:24.28	<b>2:38.72</b>	

### Karolin Palmertz-Cerne

### Astrid Janssen

300m	32.78	(32.78)
700m	1:11.17	(38.39)
1100m	1:55.20	(44.03)
1500m	2:38.72	(43.52)



## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
9	wt 44 <b>Mariska van Haften- van den Bosch</b>	L60	2:27.14	<b>2:37.94</b>	
	rd 56 <b>Barb Johnson</b>	L70	2:29.03	<b>2:39.98</b>	
<b>Mariska van Haften- van den Bosch</b>			<b>Barb Johnson</b>		
	300m	33.59 (33.59)	300m	33.43 (33.43)	
	700m	1:12.95 (39.36)	700m	1:12.98 (39.55)	
	1100m	1:54.49 (41.54)	1100m	1:55.73 (42.75)	
	1500m	2:37.94 (43.45)	1500m	2:39.98 (44.25)	

	Name	Cat	PB	Time	Info
10	yw 55 <b>Lettie Zwanenburg</b>	L65	2:19.31	<b>2:35.68</b>	
	bl 57 <b>Judith Smouter</b>	L70	2:37.71	<b>2:38.58</b>	
<b>Lettie Zwanenburg</b>			<b>Judith Smouter</b>		
	300m	33.29 (33.29)	300m	34.38 (34.38)	
	700m	1:11.55 (38.26)	700m	1:13.69 (39.31)	
	1100m	1:52.48 (40.93)	1100m	1:55.49 (41.80)	
	1500m	2:35.68 (43.20)	1500m	2:38.58 (43.09)	

	Name	Cat	PB	Time	Info
11	wt 38 <b>Katrin Leschner</b>	L55	2:28.58	<b>2:37.39</b>	
	rd 48 <b>Anita Smit-Groot</b>	L60	2:24.50	<b>2:45.01</b>	
<b>Katrin Leschner</b>			<b>Anita Smit-Groot</b>		
	300m	32.65 (32.65)	300m	34.85 (34.85)	
	700m	1:12.37 (39.72)	700m	1:15.65 (40.80)	
	1100m	1:54.72 (42.35)	1100m	1:59.09 (43.44)	
	1500m	2:37.39 (42.67)	1500m	2:45.01 (45.92)	

	Name	Cat	PB	Time	Info
12	yw 36 <b>Marlies de Jong</b>	L55	2:22.42	<b>2:35.98</b>	
	bl 52 <b>Guytaine Larouche</b>	L65	2:27.18	<b>2:34.68</b>	
<b>Marlies de Jong</b>			<b>Guytaine Larouche</b>		
	300m	32.36 (32.36)	300m	33.50 (33.50)	
	700m	1:11.96 (39.60)	700m	1:11.98 (38.48)	
	1100m	1:53.69 (41.73)	1100m	1:52.56 (40.58)	
	1500m	2:35.98 (42.29)	1500m	2:34.68 (42.12)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
13	wt	46 <b>Marianne de Neeling</b>	L60	2:20.52	<b>2:38.87</b>	
	rd	42 <b>Monique Boerema</b>	L60	2:09.60	<b>2:30.03</b>	

### Marianne de Neeling

300m	33.52	(33.52)
700m	1:13.04	(39.52)
1100m	1:55.19	(42.15)
1500m	2:38.87	(43.68)

### Monique Boerema

300m	31.36	(31.36)
700m	1:08.31	(36.95)
1100m	1:47.91	(39.60)
1500m	2:30.03	(42.12)

		Name	Cat	PB	Time	Info
14	yw	2 <b>Antoinet van Essen-Prins</b>	L30	2:16.14	<b>2:28.98</b>	
	bl	35 <b>Henriëtte Goede</b>	L55	2:10.43	<b>2:32.63</b>	

### Antoinet van Essen-Prins

300m	30.29	(30.29)
700m	1:06.91	(36.62)
1100m	1:47.25	(40.34)
1500m	2:28.98	(41.73)

### Henriëtte Goede

300m	32.17	(32.17)
700m	1:10.02	(37.85)
1100m	1:50.25	(40.23)
1500m	2:32.63	(42.38)

		Name	Cat	PB	Time	Info
15	wt	33 <b>Anna Van der Stok</b>	L50	2:30.10	<b>2:34.40</b>	
	rd	49 <b>Ciska Stark</b>	L60	2:23.28	<b>2:32.44</b>	

### Anna Van der Stok

300m	31.93	(31.93)
700m	1:10.51	(38.58)
1100m	1:51.87	(41.36)
1500m	2:34.40	(42.53)

### Ciska Stark

300m	32.68	(32.68)
700m	1:10.67	(37.99)
1100m	1:50.88	(40.21)
1500m	2:32.44	(41.56)

		Name	Cat	PB	Time	Info
16	yw	31 <b>Yvonne Simis</b>	L50	2:16.24	<b>2:29.51</b>	
	bl	29 <b>Natalie Rodrigue-Hasselback</b>	L50	2:29.23	<b>DQ</b>	

### Yvonne Simis

300m	31.63	(31.63)
700m	1:08.98	(37.35)
1100m	1:48.44	(39.46)
1500m	2:29.51	(41.07)

### Natalie Rodrigue-Hasselback

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
17	wt	34 <b>Irma Woud</b>	L50	2:12.53	<b>2:28.14</b>	
	rd	12 <b>Cherise Wilkins</b>	L35	2:25.03	<b>2:28.06</b>	
		<b>Irma Woud</b>		<b>Cherise Wilkins</b>		
		300m 30.83 (30.83)		300m 30.93 (30.93)		
		700m 1:07.54 (36.71)		700m 1:07.28 (36.35)		
		1100m 1:46.90 (39.36)		1100m 1:46.89 (39.61)		
		1500m 2:28.14 (41.24)		1500m 2:28.06 (41.17)		
<hr/>						
		Name	Cat	PB	Time	Info
18	yw	13 <b>Rianne Gerritsen</b>	L40	2:22.20	<b>2:26.66</b>	
	bl	6 <b>Esther Bouman</b>	L35	2:16.32	<b>2:26.59</b>	
		<b>Rianne Gerritsen</b>		<b>Esther Bouman</b>		
		300m 31.57 (31.57)		300m 32.48 (32.48)		
		700m 1:08.45 (36.88)		700m 1:08.66 (36.18)		
		1100m 1:46.94 (38.49)		1100m 1:46.60 (37.94)		
		1500m 2:26.66 (39.72)		1500m 2:26.59 (39.99)		
<hr/>						
		Name	Cat	PB	Time	Info
19	wt	1 <b>Elma Endhoven</b>	L30	2:24.23	<b>2:31.85</b>	
	rd	27 <b>Wendy van der Ham</b>	L50	2:22.81	<b>2:35.76</b>	
		<b>Elma Endhoven</b>		<b>Wendy van der Ham</b>		
		300m 31.93 (31.93)		300m 32.14 (32.14)		
		700m 1:09.53 (37.60)		700m 1:10.66 (38.52)		
		1100m 1:49.70 (40.17)		1100m 1:52.51 (41.85)		
		1500m 2:31.85 (42.15)		1500m 2:35.76 (43.25)		
<hr/>						
		Name	Cat	PB	Time	Info
20	yw	41 <b>Gerdien Verweij</b>	L55	2:10.56	<b>2:26.41</b>	
	bl	22 <b>Chantal Herms</b>	L45	2:23.93	<b>2:25.35</b>	
		<b>Gerdien Verweij</b>		<b>Chantal Herms</b>		
		300m 30.16 (30.16)		300m 30.24 (30.24)		
		700m 1:05.95 (35.79)		700m 1:05.93 (35.69)		
		1100m 1:45.11 (39.16)		1100m 1:44.67 (38.74)		
		1500m 2:26.41 (41.30)		1500m 2:25.35 (40.68)		

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
21	wt	9 <b>Evelien van der Kist</b>	L35	2:17.16	<b>2:30.27</b>	
	rd	30 <b>Manon Scholte</b>	L50	2:19.58	<b>2:32.61</b>	

### Evelien van der Kist

300m	30.40	(30.40)
700m	1:08.61	(38.21)
1100m	1:49.12	(40.51)
1500m	2:30.27	(41.15)

### Manon Scholte

300m	32.45	(32.45)
700m	1:10.29	(37.84)
1100m	1:50.60	(40.31)
1500m	2:32.61	(42.01)

		Name	Cat	PB	Time	Info
22	yw	21 <b>Janette de Groot-Bron</b>	L45	2:16.46	<b>2:26.74</b>	
	bl	5 <b>Joanne Spliethof</b>	L30	2:21.53	<b>2:23.70</b>	

### Janette de Groot-Bron

300m	31.51	(31.51)
700m	1:07.75	(36.24)
1100m	1:46.54	(38.79)
1500m	2:26.74	(40.20)

### Joanne Spliethof

300m	29.68	(29.68)
700m	1:05.38	(35.70)
1100m	1:43.77	(38.39)
1500m	2:23.70	(39.93)

		Name	Cat	PB	Time	Info
23	wt	4 <b>Kim Leliveld</b>	L30	2:18.41	<b>2:19.88</b>	
	rd	40 <b>Kaska Rogulska</b>	L55	2:09.40	<b>2:24.02</b>	

### Kim Leliveld

300m	30.28	(30.28)
700m	1:05.24	(34.96)
1100m	1:41.57	(36.33)
1500m	2:19.88	(38.31)

### Kaska Rogulska

300m	30.44	(30.44)
700m	1:05.30	(34.86)
1100m	1:43.09	(37.79)
1500m	2:24.02	(40.93)

		Name	Cat	PB	Time	Info
24	yw	19 <b>Tineke Schukken</b>	L40	2:22.06	<b>2:27.34</b>	
	bl	17 <b>Suzanne Mulder</b>	L40	2:09.77	<b>2:20.89</b>	

### Tineke Schukken

300m	31.62	(31.62)
700m	1:08.25	(36.63)
1100m	1:47.20	(38.95)
1500m	2:27.34	(40.14)

### Suzanne Mulder

300m	30.09	(30.09)
700m	1:04.18	(34.09)
1100m	1:40.97	(36.79)
1500m	2:20.89	(39.92)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
25	wt	15 <b>Imme Kampen</b>	L40	2:13.55	<b>2:24.23</b>	
	rd	7 <b>Claudia Henckel</b>	L35	2:14.48	<b>2:20.68</b>	
		<b>Imme Kampen</b>		<b>Claudia Henckel</b>		
		300m 30.56 (30.56)		300m 28.68 (28.68)		
		700m 1:06.36 (35.80)		700m 1:03.56 (34.88)		
		1100m 1:44.64 (38.28)		1100m 1:41.37 (37.81)		
		1500m 2:24.23 (39.59)		1500m 2:20.68 (39.31)		
<hr/>						
		Name	Cat	PB	Time	Info
26	yw	16 <b>Mijke Anne Kannevorff</b>	L40	2:10.71	<b>2:14.87</b>	
	bl	18 <b>Eva Riemersma - van Rheenen</b>	L40	2:11.27	<b>2:17.62</b>	
		<b>Mijke Anne Kannevorff</b>		<b>Eva Riemersma - van Rheenen</b>		
		300m 27.67 (27.67)		300m 29.95 (29.95)		
		700m 1:00.78 (33.11)		700m 1:03.79 (33.84)		
		1100m 1:36.77 (35.99)		1100m 1:39.94 (36.15)		
		1500m 2:14.87 (38.10)		1500m 2:17.62 (37.68)		
<hr/>						
		Name	Cat	PB	Time	Info
27	wt	24 <b>Anke Jannie Landman</b>	L45	2:03.54	<b>2:19.80</b>	
	rd	11 <b>Marloes Westerhof</b>	L35	2:12.81	<b>2:20.04</b>	
		<b>Anke Jannie Landman</b>		<b>Marloes Westerhof</b>		
		300m 29.59 (29.59)		300m 29.71 (29.71)		
		700m 1:04.96 (35.37)		700m 1:04.75 (35.04)		
		1100m 1:41.66 (36.70)		1100m 1:41.57 (36.82)		
		1500m 2:19.80 (38.14)		1500m 2:20.04 (38.47)		
<hr/>						
		Name	Cat	PB	Time	Info
28	yw	10 <b>Mettie de Vegt</b>	L35	2:12.73	<b>2:18.70</b>	
	bl	8 <b>Imke Hüser</b>	L35	2:08.20	<b>2:20.50</b>	
		<b>Mettie de Vegt</b>		<b>Imke Hüser</b>		
		300m 29.82 (29.82)		300m 29.95 (29.95)		
		700m 1:03.79 (33.97)		700m 1:04.76 (34.81)		
		1100m 1:40.21 (36.42)		1100m 1:41.97 (37.21)		
		1500m 2:18.70 (38.49)		1500m 2:20.50 (38.53)		



# IMSSC 32nd Masters International Allround Games 2024



IJsbaan Twente - Enschede

		Name	Cat	PB	Time Info
29	wt rd	32 <b>Susanne Vangen Stensvaag</b>	L50	3:05.63	<b>WDR</b>
		<u>Susanne Vangen Stensvaag</u>			
					m



# IMSSC 32nd Masters International Allround Games 2024



IJsbaan Twente - Enschede

## 6. Result Men (AG65+) 1500 meter

---



# IMSSC 32nd Masters International Allround Games 2024



## IJssbaan Twente - Enschede

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	110 Harm Smit	M65	19	O	2:19.82	
2	112 Rennie Verloop	M65	18	O	2:20.27	
3	107 Jan Mein	M65	20	I	2:20.36	
4	116 Valerij Grebenkov	M70	19	I	2:21.54	
5	124 Piet Siemonsma	M70	18	I	2:23.09	
6	113 Mircea Vranceanu	M65	15	I	2:23.97	
7	106 Kees Langeveld	M65	20	O	2:24.44	
8	114 Peter Weiss	M65	12	I	2:25.05	
9	123 Ab Nederlof	M70	17	I	2:25.19	
10	118 Geir Hestad	M70	16	I	2:27.50	
11	125 Erik Vea	M70	17	O	2:27.99	
12	108 Johan Metting-van Rijn	M65	14	I	2:30.30	
13	102 Jann van Benthem	M65	13	I	2:30.75	
14	130 Vince Morris	M75	10	O	2:31.25	
15	120 Jaap van Kouterik	M70	16	O	2:31.80	
16	104 Aleksandr Kistenjov	M65	15	O	2:33.30	
17	122 Reinhold Marsollek	M70	10	I	2:33.50	
18	131 Leo Schoenmeijer	M75	14	O	2:34.56	
19	103 Erwin Henskes	M65	13	O	2:37.15	
20	134 Onar Westerheim	M75	11	O	2:37.23	
21	133 Harald Westerheim	M75	6	O	2:38.98	
22	101 Hans-Peter Ambass	M65	11	I	2:39.44	
23	127 Pieter den Dunnen	M75	8	O	2:39.64	
24	115 Twan den Braber	M70	12	O	2:41.56	
25	136 Pentti Kiiskinen	M80	4	I	2:42.47	
26	128 Magnar Langvik	M75	4	O	2:43.19	
27	117 Michael Henning	M70	8	I	2:45.22	
28	119 Thomas Hoekstra	M70	6	I	2:45.84	
29	129 Bauke Meijer	M75	7	I	2:47.68	
30	111 Per Gunnar Stensvaag	M65	9	I	2:49.40	
31	126 Jan Boelen	M75	7	O	2:50.67	
32	139 Nico Woldendorp	M80	3	O	2:50.71	
33	141 Ronald Johnston	M85	3	I	2:54.94	
34	109 Mark Nolan	M65	5	O	2:58.63	
35	135 David Butteriss	M80	5	I	3:04.90	
36	137 Zwier Selles	M80	2	I	3:24.25	
37	140 Arne Kjell Foldvik	M85	2	O	4:53.47	
	105 Olav Langeland	M65	9	O	DQ	
	138 Bram de Vries	M80			WDR	



IJssbaan Twente - Enschede

## 6. Race Result Men (AG65+) 1500 meter

	Name	Cat	PB	Time	Info
1	wt				
	rd				
		m			m

	Name	Cat	PB	Time	Info
2	yw 137	<b>Zwier Selles</b>	M80	2:18.50	<b>3:24.25</b>
	bl 140	<b>Arne Kjell Foldvik</b>	M85	2:22.31	<b>4:53.47</b>
	<b>Zwier Selles</b>		<b>Arne Kjell Foldvik</b>		
	300m	43.18 (43.18)	300m	1:01.76 (61.76)	
	700m	1:34.45 (51.27)	700m	2:19.55 (77.79)	
	1100m	2:28.77 (54.32)	1100m	3:38.76 (79.21)	
	1500m	3:24.25 (55.48)	1500m	4:53.47 (74.71)	

	Name	Cat	PB	Time	Info
3	wt 141	<b>Ronald Johnston</b>	M85	2:12.80	<b>2:54.94</b>
	rd 139	<b>Nico Woldendorp</b>	M80	2:14.53	<b>2:50.71</b>
	<b>Ronald Johnston</b>		<b>Nico Woldendorp</b>		
	300m	37.66 (37.66)	300m	36.58 (36.58)	
	700m	1:21.41 (43.75)	700m	1:19.27 (42.69)	
	1100m	2:08.10 (46.69)	1100m	2:04.48 (45.21)	
	1500m	2:54.94 (46.84)	1500m	2:50.71 (46.23)	

	Name	Cat	PB	Time	Info
4	yw 136	<b>Pentti Kiiskinen</b>	M80	2:09.70	<b>2:42.47</b>
	bl 128	<b>Magnar Langvik</b>	M75	2:23.63	<b>2:43.19</b>
	<b>Pentti Kiiskinen</b>		<b>Magnar Langvik</b>		
	300m	34.72 (34.72)	300m	35.05 (35.05)	
	700m	1:15.82 (41.10)	700m	1:15.68 (40.63)	
	1100m	1:58.76 (42.94)	1100m	1:58.75 (43.07)	
	1500m	2:42.47 (43.71)	1500m	2:43.19 (44.44)	

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
5	wt 135 <b>David Butteriss</b>	M80	2:41.63	<b>3:04.90</b>	
	rd 109 <b>Mark Nolan</b>	M65	2:36.89	<b>2:58.63</b>	

### David Butteriss

300m	39.19	(39.19)
700m	1:24.64	(45.45)
1100m	2:13.56	(48.92)
1500m	3:04.90	(51.34)

### Mark Nolan

300m	37.20	(37.20)
700m	1:21.83	(44.63)
1100m	2:08.85	(47.02)
1500m	2:58.63	(49.78)

	Name	Cat	PB	Time	Info
6	yw 119 <b>Thomas Hoekstra</b>	M70	2:10.04	<b>2:45.84</b>	
	bl 133 <b>Harald Westerheim</b>	M75	2:19.30	<b>2:38.98</b>	

### Thomas Hoekstra

300m	34.58	(34.58)
700m	1:16.42	(41.84)
1100m	2:00.70	(44.28)
1500m	2:45.84	(45.14)

### Harald Westerheim

300m	34.61	(34.61)
700m	1:14.29	(39.68)
1100m	1:56.05	(41.76)
1500m	2:38.98	(42.93)

	Name	Cat	PB	Time	Info
7	wt 129 <b>Bauke Meijer</b>	M75	2:15.66	<b>2:47.68</b>	
	rd 126 <b>Jan Boelen</b>	M75	2:14.99	<b>2:50.67</b>	

### Bauke Meijer

300m	35.85	(35.85)
700m	1:19.41	(43.56)
1100m	2:03.83	(44.42)
1500m	2:47.68	(43.85)

### Jan Boelen

300m	34.57	(34.57)
700m	1:18.23	(43.66)
1100m	2:04.25	(46.02)
1500m	2:50.67	(46.42)

	Name	Cat	PB	Time	Info
8	yw 117 <b>Michael Henning</b>	M70	2:24.03	<b>2:45.22</b>	
	bl 127 <b>Pieter den Dunnen</b>	M75	2:08.54	<b>2:39.64</b>	

### Michael Henning

300m	36.52	(36.52)
700m	1:17.64	(41.12)
1100m	2:01.08	(43.44)
1500m	2:45.22	(44.14)

### Pieter den Dunnen

300m	36.33	(36.33)
700m	1:16.17	(39.84)
1100m	1:57.52	(41.35)
1500m	2:39.64	(42.12)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time Info
9	wt	111 <b>Per Gunnar Stensvaag</b>	M65	2:12.50	<b>2:49.40</b>
	rd	105 <b>Olav Langeland</b>	M65	2:13.68	<b>DQ</b>

### Per Gunnar Stensvaag

300m	33.97	(33.97)
700m	1:17.97	(44.00)
1100m	2:04.95	(46.98)
1500m	2:49.40	(44.45)

### Olav Langeland

		Name	Cat	PB	Time Info
10	yw	122 <b>Reinhold Marsollek</b>	M70	2:11.83	<b>2:33.50</b>
	bl	130 <b>Vince Morris</b>	M75	2:12.11	<b>2:31.25</b>

### Reinhold Marsollek

300m	32.43	(32.43)
700m	1:11.48	(39.05)
1100m	1:51.69	(40.21)
1500m	2:33.50	(41.81)

### Vince Morris

300m	33.75	(33.75)
700m	1:11.16	(37.41)
1100m	1:50.62	(39.46)
1500m	2:31.25	(40.63)

		Name	Cat	PB	Time Info
11	wt	101 <b>Hans-Peter Ambass</b>	M65	2:16.01	<b>2:39.44</b>
	rd	134 <b>Onar Westerheim</b>	M75	2:09.35	<b>2:37.23</b>

### Hans-Peter Ambass

300m	33.88	(33.88)
700m	1:14.27	(40.39)
1100m	1:56.00	(41.73)
1500m	2:39.44	(43.44)

### Onar Westerheim

300m	34.18	(34.18)
700m	1:14.68	(40.50)
1100m	1:55.70	(41.02)
1500m	2:37.23	(41.53)

		Name	Cat	PB	Time Info
12	yw	114 <b>Peter Weiss</b>	M65	2:18.41	<b>2:25.05</b>
	bl	115 <b>Twan den Braber</b>	M70	2:05.66	<b>2:41.56</b>

### Peter Weiss

300m	31.37	(31.37)
700m	1:08.51	(37.14)
1100m	1:46.69	(38.18)
1500m	2:25.05	(38.36)

### Twan den Braber

300m	35.82	(35.82)
700m	1:17.17	(41.35)
1100m	1:59.41	(42.24)
1500m	2:41.56	(42.15)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
13	wt 102	<b>Jann van Benthem</b>	M65	2:08.98	<b>2:30.75</b>
	rd 103	<b>Erwin Henskes</b>	M65	2:17.61	<b>2:37.15</b>

### Jann van Benthem

300m	33.39	(33.39)
700m	1:11.37	(37.98)
1100m	1:50.51	(39.14)
1500m	2:30.75	(40.24)

### Erwin Henskes

300m	34.97	(34.97)
700m	1:14.47	(39.50)
1100m	1:55.94	(41.47)
1500m	2:37.15	(41.21)

	Name	Cat	PB	Time	Info
14	yw 108	<b>Johan Metting-van Rijn</b>	M65	2:09.58	<b>2:30.30</b>
	bl 131	<b>Leo Schoenmeijer</b>	M75	2:15.32	<b>2:34.56</b>

### Johan Metting-van Rijn

300m	32.63	(32.63)
700m	1:11.41	(38.78)
1100m	1:51.39	(39.98)
1500m	2:30.30	(38.91)

### Leo Schoenmeijer

300m	34.08	(34.08)
700m	1:13.12	(39.04)
1100m	1:53.18	(40.06)
1500m	2:34.56	(41.38)

	Name	Cat	PB	Time	Info
15	wt 113	<b>Mircea Vranceanu</b>	M65	2:04.09	<b>2:23.97</b>
	rd 104	<b>Aleksandr Kistenjov</b>	M65	2:04.74	<b>2:33.30</b>

### Mircea Vranceanu

300m	31.11	(31.11)
700m	1:06.97	(35.86)
1100m	1:44.73	(37.76)
1500m	2:23.97	(39.24)

### Aleksandr Kistenjov

300m	32.27	(32.27)
700m	1:10.31	(38.04)
1100m	1:50.77	(40.46)
1500m	2:33.30	(42.53)

	Name	Cat	PB	Time	Info
16	yw 118	<b>Geir Hestad</b>	M70	2:01.71	<b>2:27.50</b>
	bl 120	<b>Jaap van Kouterik</b>	M70	2:08.00	<b>2:31.80</b>

### Geir Hestad

300m	32.98	(32.98)
700m	1:09.47	(36.49)
1100m	1:47.83	(38.36)
1500m	2:27.50	(39.67)

### Jaap van Kouterik

300m	33.24	(33.24)
700m	1:09.89	(36.65)
1100m	1:49.83	(39.94)
1500m	2:31.80	(41.97)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
17	wt	123 <b>Ab Nederlof</b>	M70	2:22.40	<b>2:25.19</b>	
	rd	125 <b>Erik Ve</b>	M70	2:00.44	<b>2:27.99</b>	
		<b>Ab Nederlof</b>				<b>Erik Ve</b>
		300m	31.48 (31.48)	300m	31.75 (31.75)	
		700m	1:07.64 (36.16)	700m	1:09.76 (38.01)	
		1100m	1:45.72 (38.08)	1100m	1:48.64 (38.88)	
		1500m	2:25.19 (39.47)	1500m	2:27.99 (39.35)	
<hr/>						
		Name	Cat	PB	Time	Info
18	yw	124 <b>Piet Siemonsma</b>	M70	2:05.11	<b>2:23.09</b>	
	bl	112 <b>Rennie Verloop</b>	M65	2:10.56	<b>2:20.27</b>	
		<b>Piet Siemonsma</b>				<b>Rennie Verloop</b>
		300m	30.85 (30.85)	300m	30.20 (30.20)	
		700m	1:06.04 (35.19)	700m	1:04.69 (34.49)	
		1100m	1:44.03 (37.99)	1100m	1:41.49 (36.80)	
		1500m	2:23.09 (39.06)	1500m	2:20.27 (38.78)	
<hr/>						
		Name	Cat	PB	Time	Info
19	wt	116 <b>Valerij Grebenkov</b>	M70	2:03.40	<b>2:21.54</b>	
	rd	110 <b>Harm Smit</b>	M65	2:05.50	<b>2:19.82</b>	
		<b>Valerij Grebenkov</b>				<b>Harm Smit</b>
		300m	30.49 (30.49)	300m	30.78 (30.78)	
		700m	1:06.22 (35.73)	700m	1:04.95 (34.17)	
		1100m	1:43.07 (36.85)	1100m	1:41.81 (36.86)	
		1500m	2:21.54 (38.47)	1500m	2:19.82 (38.01)	
<hr/>						
		Name	Cat	PB	Time	Info
20	yw	107 <b>Jan Mein</b>	M65	2:07.00	<b>2:20.36</b>	
	bl	106 <b>Kees Langeveld</b>	M65	2:08.83	<b>2:24.44</b>	
		<b>Jan Mein</b>				<b>Kees Langeveld</b>
		300m	30.00 (30.00)	300m	31.79 (31.79)	
		700m	1:05.00 (35.00)	700m	1:07.87 (36.08)	
		1100m	1:42.07 (37.07)	1100m	1:45.36 (37.49)	
		1500m	2:20.36 (38.29)	1500m	2:24.44 (39.08)	



# IMSSC 32nd Masters International Allround Games 2024



IJsbaan Twente - Enschede

		Name	Cat	PB	Time Info
21	wt rd	138 <b>Bram de Vries</b>	M80	2:16.63	<b>WDR</b>
		<u>Bram de Vries</u>			
					m



# IMSSC 32nd Masters International Allround Games 2024



IJsbaan Twente - Enschede

## 7. Result Men (AG55-60) 3000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	161 Tjard Kopka	M55	22	I	4:18.07	
2	175 Arjan Bakker	M60	22	O	4:19.70	
3	170 Rene van Bernum	M55	21	I	4:21.47	
4	165 Kurt van de Nes	M55	20	O	4:22.88	
5	162 Joost van Leenders	M55	21	O	4:28.50	
6	167 Paul Robijn	M55	20	I	4:33.55	
7	156 Hans van der Does	M55	19	O	4:38.79	
8	173 Danny Witkamp	M55	19	I	4:39.69	
9	160 Gerben Hettinga	M55	18	O	4:41.74	
10	181 Giel Hermans	M60	17	I	4:41.75	
11	171 Frans Verhoeve	M55	18	I	4:41.80	
12	159 Bart Groot	M55	14	O	4:41.87	
13	188 Gerard Snel	M60	14	I	4:42.75	
14	163 Ed de Looze	M55	17	O	4:43.95	
15	166 Geir Nessel	M55	11	O	4:45.93	
16	150 Scott Anderson	M55	16	O	4:47.77	
17	155 Richard van den Broek	M55	12	I	4:48.33	
18	183 Roland ten Klooster	M60	12	O	4:48.38	
19	177 Johan Cerne	M60	8	I	4:49.25	
20	191 Henk van Walderveen	M60	15	O	4:49.76	
21	172 Johan Vikhals	M55	10	O	4:50.50	
22	176 Gert-Jan Braas	M60	13	O	4:51.05	
23	154 Øystein Borgersen	M55	10	I	4:51.40	
24	185 Chris van der Plaats	M60	13	I	4:53.27	
25	189 Jim Verdurmen	M60	11	I	4:54.42	
26	186 Marco Roos	M60	16	I	4:56.29	
27	180 Martin Haire	M60	15	I	4:56.56	
28	168 Henk Roelfsema	M55	1	I	4:57.16	
29	187 Thomas Rumpf	M60	5	I	5:04.35	
30	174 Bruce Anderson	M60	3	O	5:05.08	
31	152 Rudie Assink	M55	5	O	5:05.64	
32	153 Aart van Beuzekom	M55	8	O	5:07.45	
33	192 Stephan Haueisen	M55	9	I	5:09.86	
34	164 Octavian Moga	M55	7	I	5:14.44	
35	158 Sören Grimmer	M55	6	I	5:17.78	
36	151 Eskil Andersson	M55	4	I	5:18.05	
37	184 René Koning	M60	6	O	5:22.10	
38	182 Hans-Gerd Heyne	M60	7	O	5:24.72	



# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

Pos	Name	Cat	Pair	Lane	Time Info	Points
39	157 Aleksandr Gavrilov	M55	9	O	5:27.57	
40	169 David Smith	M55	4	O	5:52.56	
	178 Jonathan Furminger	M60	3	I	DQ	





# IMSSC 32nd Masters International Allround Games 2024



IJssbaan Twente - Enschede

## 7. Race Result Men (AG55-60) 3000 meter

	Name	Cat	PB	Time Info
1	wt rd 168 <b>Henk Roelfsema</b>	M55	4:47.74	<b>4:57.16</b>

### Henk Roelfsema

200m	22.55	(22.55)	m
600m	58.86	(36.31)	
1000m	1:36.96	(38.10)	
1400m	2:15.99	(39.03)	
1800m	2:56.17	(40.18)	
2200m	3:36.26	(40.09)	
2600m	4:16.70	(40.44)	
3000m	4:57.16	(40.46)	

	Name	Cat	PB	Time Info
2	yw bl			
				m

	Name	Cat	PB	Time Info
3	wt 178 <b>Jonathan Furminger</b>	M60	5:30.26	<b>DQ</b>
	rd 174 <b>Bruce Anderson</b>	M60	4:39.76	<b>5:05.08</b>

### Jonathan Furminger

### Bruce Anderson

200m	23.82	(23.82)
600m	1:01.28	(37.46)
1000m	1:40.83	(39.55)
1400m	2:21.73	(40.90)
1800m	3:02.22	(40.49)
2200m	3:42.96	(40.74)
2600m	4:23.95	(40.99)
3000m	5:05.08	(41.13)

## IJsbaan Twente - Enschede

	Name	Cat	PB	Time	Info
4	yw 151 <b>Eskil Andersson</b>	M55	5:09.01	<b>5:18.05</b>	
	bl 169 <b>David Smith</b>	M55	5:15.93	<b>5:52.56</b>	
<b>Eskil Andersson</b>			<b>David Smith</b>		
	200m	25.46 (25.46)	200m	25.66 (25.66)	
	600m	1:05.04 (39.58)	600m	1:07.23 (41.57)	
	1000m	1:45.33 (40.29)	1000m	1:51.14 (43.91)	
	1400m	2:26.39 (41.06)	1400m	2:37.90 (46.76)	
	1800m	3:08.81 (42.42)	1800m	3:26.07 (48.17)	
	2200m	3:51.76 (42.95)	2200m	4:14.91 (48.84)	
	2600m	4:34.86 (43.10)	2600m	5:03.63 (48.72)	
	3000m	5:18.05 (43.19)	3000m	5:52.56 (48.93)	

	Name	Cat	PB	Time	Info
5	wt 187 <b>Thomas Rumpf</b>	M60	4:43.16	<b>5:04.35</b>	
	rd 152 <b>Rudie Assink</b>	M55	4:57.62	<b>5:05.64</b>	
<b>Thomas Rumpf</b>			<b>Rudie Assink</b>		
	200m	23.31 (23.31)	200m	23.50 (23.50)	
	600m	1:01.22 (37.91)	600m	1:00.85 (37.35)	
	1000m	1:41.13 (39.91)	1000m	1:40.90 (40.05)	
	1400m	2:21.71 (40.58)	1400m	2:21.42 (40.52)	
	1800m	3:02.29 (40.58)	1800m	3:02.08 (40.66)	
	2200m	3:43.15 (40.86)	2200m	3:42.73 (40.65)	
	2600m	4:24.04 (40.89)	2600m	4:23.93 (41.20)	
	3000m	5:04.35 (40.31)	3000m	5:05.64 (41.71)	

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
6	yw 158 <b>Sören Grimmer</b>	M55	5:15.49	<b>5:17.78</b>	
	bl 184 <b>René Koning</b>	M60	5:05.25	<b>5:22.10</b>	
<b>Sören Grimmer</b>			<b>René Koning</b>		
	200m	25.33 (25.33)	200m	25.43 (25.43)	
	600m	1:04.48 (39.15)	600m	1:08.64 (43.21)	
	1000m	1:44.63 (40.15)	1000m	1:51.50 (42.86)	
	1400m	2:26.49 (41.86)	1400m	2:33.72 (42.22)	
	1800m	3:09.67 (43.18)	1800m	3:16.15 (42.43)	
	2200m	3:52.52 (42.85)	2200m	3:58.88 (42.73)	
	2600m	4:35.26 (42.74)	2600m	4:40.59 (41.71)	
	3000m	5:17.78 (42.52)	3000m	5:22.10 (41.51)	

	Name	Cat	PB	Time	Info
7	wt 164 <b>Octavian Moga</b>	M55	4:36.10	<b>5:14.44</b>	
	rd 182 <b>Hans-Gerd Heyne</b>	M60	4:57.62	<b>5:24.72</b>	
<b>Octavian Moga</b>			<b>Hans-Gerd Heyne</b>		
	200m	24.33 (24.33)	200m	27.18 (27.18)	
	600m	1:04.27 (39.94)	600m	1:10.19 (43.01)	
	1000m	1:44.92 (40.65)	1000m	1:53.53 (43.34)	
	1400m	2:26.15 (41.23)	1400m	2:35.99 (42.46)	
	1800m	3:07.67 (41.52)	1800m	3:18.79 (42.80)	
	2200m	3:49.74 (42.07)	2200m	4:01.18 (42.39)	
	2600m	4:32.13 (42.39)	2600m	4:43.10 (41.92)	
	3000m	5:14.44 (42.31)	3000m	5:24.72 (41.62)	

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
8	yw 177 <b>Johan Cerne</b>	M60	4:26.88	<b>4:49.25</b>	
	bl 153 <b>Aart van Beuzekom</b>	M55	4:36.82	<b>5:07.45</b>	
<b>Johan Cerne</b>			<b>Aart van Beuzekom</b>		
	200m	23.41 (23.41)	200m	22.98 (22.98)	
	600m	59.54 (36.13)	600m	59.36 (36.38)	
	1000m	1:36.77 (37.23)	1000m	1:37.64 (38.28)	
	1400m	2:15.14 (38.37)	1400m	2:17.11 (39.47)	
	1800m	2:53.69 (38.55)	1800m	2:57.68 (40.57)	
	2200m	3:32.50 (38.81)	2200m	3:40.06 (42.38)	
	2600m	4:10.93 (38.43)	2600m	4:24.04 (43.98)	
	3000m	4:49.25 (38.32)	3000m	5:07.45 (43.41)	

	Name	Cat	PB	Time	Info
9	wt 192 <b>Stephan Haueisen</b>	M55	4:20.59	<b>5:09.86</b>	
	rd 157 <b>Aleksandr Gavrilov</b>	M55	4:35.34	<b>5:27.57</b>	
<b>Stephan Haueisen</b>			<b>Aleksandr Gavrilov</b>		
	200m	33.74 (33.74)	200m	23.54 (23.54)	
	600m	1:16.74 (43.00)	600m	1:04.01 (40.47)	
	1000m	1:56.18 (39.44)	1000m	1:46.15 (42.14)	
	1400m	2:35.74 (39.56)	1400m	2:29.27 (43.12)	
	1800m	3:14.79 (39.05)	1800m	3:12.73 (43.46)	
	2200m	3:52.58 (37.79)	2200m	3:56.94 (44.21)	
	2600m	4:31.40 (38.82)	2600m	4:42.24 (45.30)	
	3000m	5:09.86 (38.46)	3000m	5:27.57 (45.33)	

## IJssbaan Twente - Enschede

		Name		Cat		PB	Time	Info
10	yw	154	<b>Øystein Borgersen</b>		M55	4:51.09	<b>4:51.40</b>	
	bl	172	<b>Johan Vikhals</b>		M55	4:50.34	<b>4:50.50</b>	
		<b>Øystein Borgersen</b>			<b>Johan Vikhals</b>			
		200m	23.30	(23.30)	200m	23.32	(23.32)	
		600m	59.91	(36.61)	600m	59.07	(35.75)	
		1000m	1:37.31	(37.40)	1000m	1:36.13	(37.06)	
		1400m	2:16.01	(38.70)	1400m	2:14.35	(38.22)	
		1800m	2:54.91	(38.90)	1800m	2:52.63	(38.28)	
		2200m	3:34.00	(39.09)	2200m	3:30.94	(38.31)	
		2600m	4:12.85	(38.85)	2600m	4:10.35	(39.41)	
		3000m	4:51.40	(38.55)	3000m	4:50.50	(40.15)	

		Name		Cat		PB	Time	Info
11	wt	189	<b>Jim Verdurmen</b>		M60	4:18.75	<b>4:54.42</b>	
	rd	166	<b>Geir Nettet</b>		M55	4:30.07	<b>4:45.93</b>	
		<b>Jim Verdurmen</b>			<b>Geir Nettet</b>			
		200m	23.90	(23.90)	200m	22.83	(22.83)	
		600m	1:01.06	(37.16)	600m	59.00	(36.17)	
		1000m	1:38.64	(37.58)	1000m	1:35.88	(36.88)	
		1400m	2:16.58	(37.94)	1400m	2:13.16	(37.28)	
		1800m	2:54.91	(38.33)	1800m	2:50.82	(37.66)	
		2200m	3:33.87	(38.96)	2200m	3:28.95	(38.13)	
		2600m	4:13.77	(39.90)	2600m	4:07.14	(38.19)	
		3000m	4:54.42	(40.65)	3000m	4:45.93	(38.79)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time Info
12	yw	155 <b>Richard van den Broek</b>	M55	4:45.32	<b>4:48.33</b>
	bl	183 <b>Roland ten Klooster</b>	M60	4:32.89	<b>4:48.38</b>

### Richard van den Broek

200m	22.60	(22.60)
600m	57.69	(35.09)
1000m	1:34.42	(36.73)
1400m	2:12.81	(38.39)
1800m	2:51.37	(38.56)
2200m	3:30.14	(38.77)
2600m	4:09.18	(39.04)
3000m	4:48.33	(39.15)

### Roland ten Klooster

200m	22.46	(22.46)
600m	58.62	(36.16)
1000m	1:36.15	(37.53)
1400m	2:14.22	(38.07)
1800m	2:52.42	(38.20)
2200m	3:30.92	(38.50)
2600m	4:09.73	(38.81)
3000m	4:48.38	(38.65)

		Name	Cat	PB	Time Info
13	wt	185 <b>Chris van der Plaats</b>	M60	4:35.80	<b>4:53.27</b>
	rd	176 <b>Gert-Jan Braas</b>	M60	4:43.26	<b>4:51.05</b>

### Chris van der Plaats

200m	22.96	(22.96)
600m	59.48	(36.52)
1000m	1:37.40	(37.92)
1400m	2:16.95	(39.55)
1800m	2:56.42	(39.47)
2200m	3:35.61	(39.19)
2600m	4:14.27	(38.66)
3000m	4:53.27	(39.00)

### Gert-Jan Braas

200m	22.60	(22.60)
600m	58.06	(35.46)
1000m	1:35.18	(37.12)
1400m	2:13.73	(38.55)
1800m	2:52.66	(38.93)
2200m	3:32.29	(39.63)
2600m	4:11.73	(39.44)
3000m	4:51.05	(39.32)

## IJssbaan Twente - Enschede

		Name		Cat		PB	Time	Info
14	yw	188	<b>Gerard Snel</b>		M60	4:20.37	<b>4:42.75</b>	
	bl	159	<b>Bart Groot</b>		M55	4:28.03	<b>4:41.87</b>	
				<b>Gerard Snel</b>		<b>Bart Groot</b>		
		200m	22.18	(22.18)	200m	22.26	(22.26)	
		600m	56.96	(34.78)	600m	57.06	(34.80)	
		1000m	1:33.06	(36.10)	1000m	1:32.77	(35.71)	
		1400m	2:10.03	(36.97)	1400m	2:09.49	(36.72)	
		1800m	2:47.83	(37.80)	1800m	2:46.76	(37.27)	
		2200m	3:25.86	(38.03)	2200m	3:24.37	(37.61)	
		2600m	4:04.08	(38.22)	2600m	4:02.92	(38.55)	
		3000m	4:42.75	(38.67)	3000m	4:41.87	(38.95)	

		Name		Cat		PB	Time	Info
15	wt	180	<b>Martin Haire</b>		M60	4:06.82	<b>4:56.56</b>	
	rd	191	<b>Henk van Walderveen</b>		M60	4:30.60	<b>4:49.76</b>	
				<b>Martin Haire</b>		<b>Henk van Walderveen</b>		
		200m	24.32	(24.32)	200m	23.59	(23.59)	
		600m	1:01.12	(36.80)	600m	59.50	(35.91)	
		1000m	1:39.21	(38.09)	1000m	1:36.52	(37.02)	
		1400m	2:17.60	(38.39)	1400m	2:14.40	(37.88)	
		1800m	2:56.90	(39.30)	1800m	2:52.60	(38.20)	
		2200m	3:36.29	(39.39)	2200m	3:31.24	(38.64)	
		2600m	4:16.74	(40.45)	2600m	4:10.30	(39.06)	
		3000m	4:56.56	(39.82)	3000m	4:49.76	(39.46)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
16	yw	186 <b>Marco Roos</b>	M60	4:34.57	<b>4:56.29</b>	
	bl	150 <b>Scott Anderson</b>	M55	4:24.24	<b>4:47.77</b>	
		<b>Marco Roos</b>				<b>Scott Anderson</b>
		200m	23.42 (23.42)			200m
		600m	1:00.14 (36.72)			600m
		1000m	1:38.27 (38.13)			1000m
		1400m	2:17.01 (38.74)			1400m
		1800m	2:55.78 (38.77)			1800m
		2200m	3:35.34 (39.56)			2200m
		2600m	4:15.66 (40.32)			2600m
		3000m	4:56.29 (40.63)			3000m

		Name	Cat	PB	Time	Info
17	wt	181 <b>Giel Hermans</b>	M60	4:38.02	<b>4:41.75</b>	
	rd	163 <b>Ed de Looze</b>	M55	4:17.42	<b>4:43.95</b>	
		<b>Giel Hermans</b>				<b>Ed de Looze</b>
		200m	22.15 (22.15)			200m
		600m	58.60 (36.45)			600m
		1000m	1:35.54 (36.94)			1000m
		1400m	2:12.50 (36.96)			1400m
		1800m	2:49.45 (36.95)			1800m
		2200m	3:26.67 (37.22)			2200m
		2600m	4:04.09 (37.42)			2600m
		3000m	4:41.75 (37.66)			3000m



## IJsbaan Twente - Enschede

		Name	Cat	PB	Time Info
18	yw	171 <b>Frans Verhoeve</b>	M55	4:12.49	<b>4:41.80</b>
	bl	160 <b>Gerben Hettinga</b>	M55	4:31.29	<b>4:41.74</b>

### Frans Verhoeve

200m	22.75	(22.75)
600m	59.20	(36.45)
1000m	1:35.23	(36.03)
1400m	2:11.79	(36.56)
1800m	2:48.77	(36.98)
2200m	3:26.37	(37.60)
2600m	4:04.07	(37.70)
3000m	4:41.80	(37.73)

### Gerben Hettinga

200m	23.44	(23.44)
600m	59.16	(35.72)
1000m	1:35.27	(36.11)
1400m	2:11.90	(36.63)
1800m	2:49.41	(37.51)
2200m	3:26.77	(37.36)
2600m	4:04.12	(37.35)
3000m	4:41.74	(37.62)

		Name	Cat	PB	Time Info
19	wt	173 <b>Danny Witkamp</b>	M55	4:10.68	<b>4:39.69</b>
	rd	156 <b>Hans van der Does</b>	M55	4:13.38	<b>4:38.79</b>

### Danny Witkamp

200m	23.11	(23.11)
600m	59.50	(36.39)
1000m	1:36.11	(36.61)
1400m	2:13.21	(37.10)
1800m	2:49.86	(36.65)
2200m	3:26.79	(36.93)
2600m	4:02.99	(36.20)
3000m	4:39.69	(36.70)

### Hans van der Does

200m	22.87	(22.87)
600m	59.44	(36.57)
1000m	1:35.97	(36.53)
1400m	2:12.72	(36.75)
1800m	2:49.08	(36.36)
2200m	3:25.44	(36.36)
2600m	4:01.96	(36.52)
3000m	4:38.79	(36.83)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
20	yw	167 <b>Paul Robijn</b>	M55	4:18.82	<b>4:33.55</b>	
	bl	165 <b>Kurt van de Nes</b>	M55	4:22.50	<b>4:22.88</b>	
<b>Paul Robijn</b>			<b>Kurt van de Nes</b>			
		200m	22.12 (22.12)	200m	22.78 (22.78)	
		600m	56.24 (34.12)	600m	56.08 (33.30)	
		1000m	1:31.52 (35.28)	1000m	1:30.04 (33.96)	
		1400m	2:07.78 (36.26)	1400m	2:04.54 (34.50)	
		1800m	2:43.98 (36.20)	1800m	2:39.39 (34.85)	
		2200m	3:20.31 (36.33)	2200m	3:13.80 (34.41)	
		2600m	3:56.78 (36.47)	2600m	3:48.59 (34.79)	
		3000m	4:33.55 (36.77)	3000m	4:22.88 (34.29)	

		Name	Cat	PB	Time	Info
21	wt	170 <b>Rene van Bernum</b>	M55	4:10.45	<b>4:21.47</b>	
	rd	162 <b>Joost van Leenders</b>	M55	4:23.98	<b>4:28.50</b>	
<b>Rene van Bernum</b>			<b>Joost van Leenders</b>			
		200m	21.01 (21.01)	200m	22.04 (22.04)	
		600m	54.26 (33.25)	600m	55.52 (33.48)	
		1000m	1:28.17 (33.91)	1000m	1:29.90 (34.38)	
		1400m	2:02.30 (34.13)	1400m	2:05.49 (35.59)	
		1800m	2:36.27 (33.97)	1800m	2:41.08 (35.59)	
		2200m	3:10.62 (34.35)	2200m	3:16.74 (35.66)	
		2600m	3:45.37 (34.75)	2600m	3:52.52 (35.78)	
		3000m	4:21.47 (36.10)	3000m	4:28.50 (35.98)	



# IMSSC 32nd Masters International Allround Games 2024



IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
22	yw 161 <b>Tjard Kopka</b>	M55	4:10.63	<b>4:18.07</b>	
	bl 175 <b>Arjan Bakker</b>	M60	4:04.59	<b>4:19.70</b>	

### Tjard Kopka

200m	21.16	(21.16)
600m	53.83	(32.67)
1000m	1:27.13	(33.30)
1400m	2:01.10	(33.97)
1800m	2:35.27	(34.17)
2200m	3:09.65	(34.38)
2600m	3:44.02	(34.37)
3000m	4:18.07	(34.05)

### Arjan Bakker

200m	21.74	(21.74)
600m	54.65	(32.91)
1000m	1:28.09	(33.44)
1400m	2:02.13	(34.04)
1800m	2:36.08	(33.95)
2200m	3:10.44	(34.36)
2600m	3:44.99	(34.55)
3000m	4:19.70	(34.71)



# IMSSC 32nd Masters International Allround Games 2024



IJsbaan Twente - Enschede

## 8. Result Men (AG30-50) 3000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	224 Arjan Elferink	M45	22	O	4:08.84	
2	210 Reidar Bohlin Borgersen	M40	18	O	4:11.50	
3	218 Mark Ooijevaar	M40	21	O	4:11.64	
4	212 Pieter-Jorn Gemser	M40	22	I	4:12.52	
5	226 Johannes de Groot	M45	20	O	4:14.68	
6	203 André Los	M30	20	I	4:16.36	
7	216 Bas van Nispen	M40	21	I	4:17.46	
8	248 Robert Wierts	M50	19	I	4:18.73	
9	238 Gerrit van den Brink	M50	15	I	4:20.74	PB
10	202 Sybe van Hijum	M30	19	O	4:21.86	
11	233 Michiel Wienese	M45	18	I	4:23.04	
12	247 Vincent van Wersch	M50	16	O	4:25.13	
13	230 Daan Spoelstra	M45	16	I	4:25.51	
14	222 Robert Braam	M45	17	O	4:26.09	
15	215 Marc Nieuwenhuijse	M40	14	O	4:26.57	
16	242 Guido Gosselink	M50	12	O	4:26.84	PB
17	220 Jeroen Schoppink	M40	17	I	4:30.66	
18	217 Jeroen Oeben	M40	15	O	4:32.89	
19	201 Marius ten Herkel	M30	13	O	4:32.96	
20	207 Andreas Haugerud	M35	11	O	4:34.13	
21	214 Odd Øystein Langegård	M40	5	O	4:34.71	
22	227 Maarten Quist	M45	10	I	4:35.19	
23	241 Roberto van Goor	M50	8	O	4:37.95	
24	223 Evert Jan van Dijk	M45	14	I	4:39.57	
25	219 Mark Reiling	M40	8	I	4:41.49	
26	246 Peter van der Vorst	M50	7	I	4:44.64	
27	234 Christiaan Abeelen	M50	7	O	4:45.42	
28	209 Seppe Lybaert	M35	13	I	4:47.44	
29	249 Doede Wind	M50	11	I	4:48.37	
30	244 Jasper Knulst	M50	9	I	4:49.34	
31	240 Patrik Gelin	M50	3	O	4:49.41	
32	205 Håvard Straumsnes	M30	4	O	4:51.56	
33	208 Vishwaraj R Jadeja	M35	6	O	4:51.65	
34	235 Erol Aksoy	M50	5	I	4:52.07	
35	204 Christiaan Smit	M30	1	O	4:52.54	
36	229 Tijmen Smit	M45	9	O	4:52.87	
37	225 Geert Fekken	M45	10	O	4:54.10	
38	232 Stijn Verhagen	M45	12	I	4:54.67	



# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

Pos	Name	Cat	Pair	Lane	Time Info	Points
39	245 John Ivar Kristensen	M50	1	I	4:55.95	
40	243 Martijn Jager	M50	6	I	4:58.75	
41	206 Marvin Zeisberg	M30	2	I	5:07.38	
42	239 Peter Carr	M50	2	O	5:22.02	
43	231 Kunio Tsuyuhara	M45	3	I	5:30.68	
	236 Klas Berlič Fras	M50	4	I	DQ	
	237 Gerwin Boschloo	M50			WDR	
	211 Ricardo Brüttsch	M40			WDR	
	213 Jurre Kranenburg	M40			WDR	

IJssbaan Twente - Enschede

## 8. Race Result Men (AG30-50) 3000 meter

	Name	Cat	PB	Time	Info
1	wt 245 <b>John Ivar Kristensen</b>	M50	4:18.70	<b>4:55.95</b>	
	rd 204 <b>Christiaan Smit</b>	M30	4:42.45	<b>4:52.54</b>	

### John Ivar Kristensen

200m	24.81	(24.81)
600m	1:03.47	(38.66)
1000m	1:42.87	(39.40)
1400m	2:21.46	(38.59)
1800m	3:00.31	(38.85)
2200m	3:38.84	(38.53)
2600m	4:16.95	(38.11)
3000m	4:55.95	(39.00)

### Christiaan Smit

200m	24.32	(24.32)
600m	1:02.70	(38.38)
1000m	1:41.34	(38.64)
1400m	2:19.73	(38.39)
1800m	2:57.66	(37.93)
2200m	3:36.10	(38.44)
2600m	4:14.22	(38.12)
3000m	4:52.54	(38.32)

	Name	Cat	PB	Time	Info
2	yw 206 <b>Marvin Zeisberg</b>	M30	4:59.10	<b>5:07.38</b>	
	bl 239 <b>Peter Carr</b>	M50	4:46.64	<b>5:22.02</b>	

### Marvin Zeisberg

200m	23.61	(23.61)
600m	1:01.86	(38.25)
1000m	1:40.89	(39.03)
1400m	2:21.01	(40.12)
1800m	3:02.55	(41.54)
2200m	3:44.12	(41.57)
2600m	4:25.98	(41.86)
3000m	5:07.38	(41.40)

### Peter Carr

200m	23.80	(23.80)
600m	1:02.19	(38.39)
1000m	1:43.80	(41.61)
1400m	2:27.06	(43.26)
1800m	3:10.93	(43.87)
2200m	3:55.30	(44.37)
2600m	4:36.98	(41.68)
3000m	5:22.02	(45.04)



# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

	Name	Cat	PB	Time	Info
3	wt 231 <b>Kunio Tsuyuhara</b>	M45	5:19.60	<b>5:30.68</b>	
	rd 240 <b>Patrik Gelin</b>	M50	4:48.96	<b>4:49.41</b>	
	<b>Kunio Tsuyuhara</b>				
	200m	24.50 (24.50)		200m	24.00 (24.00)
	600m	1:04.21 (39.71)		600m	1:00.99 (36.99)
	1000m	1:45.73 (41.52)		1000m	1:38.75 (37.76)
	1400m	2:29.26 (43.53)		1400m	2:16.85 (38.10)
	1800m	3:13.02 (43.76)		1800m	2:55.43 (38.58)
	2200m	3:58.27 (45.25)		2200m	3:33.68 (38.25)
	2600m	4:44.30 (46.03)		2600m	4:11.52 (37.84)
	3000m	5:30.68 (46.38)		3000m	4:49.41 (37.89)

	Name	Cat	PB	Time	Info
4	yw 236 <b>Klas Berlič Fras</b>	M50	7:23.30	<b>DQ</b>	
	bl 205 <b>Håvard Straumsnes</b>	M30	4:42.21	<b>4:51.56</b>	
	<b>Klas Berlič Fras</b>				
				200m	23.17 (23.17)
				600m	1:00.30 (37.13)
				1000m	1:36.67 (36.37)
				1400m	2:13.42 (36.75)
				1800m	2:51.40 (37.98)
				2200m	3:30.59 (39.19)
				2600m	4:10.67 (40.08)
				3000m	4:51.56 (40.89)

## IJssbaan Twente - Enschede

		Name		Cat		PB	Time	Info
5	wt	235	<b>Erol Aksoy</b>		M50	4:40.23	<b>4:52.07</b>	
	rd	214	<b>Odd Øystein Langegård</b>		M40	4:03.43	<b>4:34.71</b>	
				<b>Erol Aksoy</b>		<b>Odd Øystein Langegård</b>		
		200m	22.09	(22.09)	200m	21.83	(21.83)	
		600m	57.59	(35.50)	600m	57.47	(35.64)	
		1000m	1:35.58	(37.99)	1000m	1:33.82	(36.35)	
		1400m	2:15.10	(39.52)	1400m	2:10.16	(36.34)	
		1800m	2:54.68	(39.58)	1800m	2:46.47	(36.31)	
		2200m	3:34.36	(39.68)	2200m	3:22.50	(36.03)	
		2600m	4:13.95	(39.59)	2600m	3:58.41	(35.91)	
		3000m	4:52.07	(38.12)	3000m	4:34.71	(36.30)	

		Name		Cat		PB	Time	Info
6	yw	243	<b>Martijn Jager</b>		M50	4:40.90	<b>4:58.75</b>	
	bl	208	<b>Vishwaraj R Jadeja</b>		M35	4:19.39	<b>4:51.65</b>	
				<b>Martijn Jager</b>		<b>Vishwaraj R Jadeja</b>		
		200m	23.36	(23.36)	200m	22.40	(22.40)	
		600m	59.85	(36.49)	600m	59.29	(36.89)	
		1000m	1:37.91	(38.06)	1000m	1:37.51	(38.22)	
		1400m	2:17.77	(39.86)	1400m	2:15.85	(38.34)	
		1800m	2:57.68	(39.91)	1800m	2:54.62	(38.77)	
		2200m	3:37.61	(39.93)	2200m	3:33.59	(38.97)	
		2600m	4:17.73	(40.12)	2600m	4:12.45	(38.86)	
		3000m	4:58.75	(41.02)	3000m	4:51.65	(39.20)	





# IMSSC 32nd Masters International Allround Games 2024



## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
7	wt	246 <b>Peter van der Vorst</b>	M50	4:26.29	<b>4:44.64</b>	
	rd	234 <b>Christiaan Abeelen</b>	M50	4:36.63	<b>4:45.42</b>	

### Peter van der Vorst

200m	21.58	(21.58)
600m	58.53	(36.95)
1000m	1:36.37	(37.84)
1400m	2:14.34	(37.97)
1800m	2:52.92	(38.58)
2200m	3:31.66	(38.74)
2600m	4:08.79	(37.13)
3000m	4:44.64	(35.85)

### Christiaan Abeelen

200m	22.72	(22.72)
600m	58.01	(35.29)
1000m	1:34.82	(36.81)
1400m	2:11.86	(37.04)
1800m	2:49.50	(37.64)
2200m	3:27.81	(38.31)
2600m	4:06.66	(38.85)
3000m	4:45.42	(38.76)

		Name	Cat	PB	Time	Info
8	yw	219 <b>Mark Reiling</b>	M40	4:38.43	<b>4:41.49</b>	
	bl	241 <b>Roberto van Goor</b>	M50	4:18.86	<b>4:37.95</b>	

### Mark Reiling

200m	20.61	(20.61)
600m	55.74	(35.13)
1000m	1:31.79	(36.05)
1400m	2:08.48	(36.69)
1800m	2:45.10	(36.62)
2200m	3:22.66	(37.56)
2600m	4:01.56	(38.90)
3000m	4:41.49	(39.93)

### Roberto van Goor

200m	21.85	(21.85)
600m	56.37	(34.52)
1000m	1:32.56	(36.19)
1400m	2:09.22	(36.66)
1800m	2:45.69	(36.47)
2200m	3:22.47	(36.78)
2600m	3:59.90	(37.43)
3000m	4:37.95	(38.05)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
9	wt 244 <b>Jasper Knulst</b>	M50	4:44.00	<b>4:49.34</b>	
	rd 229 <b>Tijmen Smit</b>	M45	4:38.09	<b>4:52.87</b>	
<b>Jasper Knulst</b>			<b>Tijmen Smit</b>		
	200m	21.74 (21.74)	200m	20.95 (20.95)	
	600m	56.73 (34.99)	600m	54.85 (33.90)	
	1000m	1:32.95 (36.22)	1000m	1:30.60 (35.75)	
	1400m	2:10.38 (37.43)	1400m	2:07.81 (37.21)	
	1800m	2:49.09 (38.71)	1800m	2:45.30 (37.49)	
	2200m	3:28.65 (39.56)	2200m	3:23.90 (38.60)	
	2600m	4:08.74 (40.09)	2600m	4:03.17 (39.27)	
	3000m	4:49.34 (40.60)	3000m	4:52.87 (49.70)	

	Name	Cat	PB	Time	Info
10	yw 227 <b>Maarten Quist</b>	M45	4:32.15	<b>4:35.19</b>	
	bl 225 <b>Geert Fekken</b>	M45	4:33.21	<b>4:54.10</b>	
<b>Maarten Quist</b>			<b>Geert Fekken</b>		
	200m	20.75 (20.75)	200m	27.61 (27.61)	
	600m	55.05 (34.30)	600m	1:04.19 (36.58)	
	1000m	1:31.82 (36.77)	1000m	1:41.29 (37.10)	
	1400m	2:08.41 (36.59)	1400m	2:19.00 (37.71)	
	1800m	2:44.57 (36.16)	1800m	2:56.92 (37.92)	
	2200m	3:20.97 (36.40)	2200m	3:35.31 (38.39)	
	2600m	3:57.93 (36.96)	2600m	4:14.43 (39.12)	
	3000m	4:35.19 (37.26)	3000m	4:54.10 (39.67)	

## IJsbaan Twente - Enschede

	Name	Cat	PB	Time	Info
11	wt 249 <b>Doede Wind</b>	M50	4:35.99	<b>4:48.37</b>	
	rd 207 <b>Andreas Haugerud</b>	M35	4:21.55	<b>4:34.13</b>	

### Doede Wind

200m	22.47	(22.47)
600m	57.61	(35.14)
1000m	1:34.12	(36.51)
1400m	2:11.95	(37.83)
1800m	2:50.18	(38.23)
2200m	3:28.67	(38.49)
2600m	4:08.28	(39.61)
3000m	4:48.37	(40.09)

### Andreas Haugerud

200m	22.06	(22.06)
600m	57.13	(35.07)
1000m	1:33.22	(36.09)
1400m	2:09.59	(36.37)
1800m	2:46.08	(36.49)
2200m	3:22.08	(36.00)
2600m	3:57.99	(35.91)
3000m	4:34.13	(36.14)

	Name	Cat	PB	Time	Info
12	yw 232 <b>Stijn Verhagen</b>	M45	4:34.82	<b>4:54.67</b>	
	bl 242 <b>Guido Gosselink</b>	M50	4:30.25	<b>4:26.84</b>	PB

### Stijn Verhagen

200m	22.66	(22.66)
600m	58.80	(36.14)
1000m	1:36.64	(37.84)
1400m	2:14.84	(38.20)
1800m	2:53.87	(39.03)
2200m	3:33.73	(39.86)
2600m	4:14.42	(40.69)
3000m	4:54.67	(40.25)

### Guido Gosselink

200m	22.10	(22.10)
600m	55.94	(33.84)
1000m	1:30.27	(34.33)
1400m	2:05.13	(34.86)
1800m	2:39.89	(34.76)
2200m	3:15.25	(35.36)
2600m	3:50.89	(35.64)
3000m	4:26.84	(35.95)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
13	wt 209 <b>Seppe Lybaert</b>	M35	4:32.79	<b>4:47.44</b>	
	rd 201 <b>Marius ten Herkel</b>	M30	4:32.38	<b>4:32.96</b>	

### Seppe Lybaert

200m	23.35	(23.35)
600m	59.32	(35.97)
1000m	1:36.35	(37.03)
1400m	2:14.21	(37.86)
1800m	2:51.94	(37.73)
2200m	3:30.42	(38.48)
2600m	4:08.81	(38.39)
3000m	4:47.44	(38.63)

### Marius ten Herkel

200m	20.51	(20.51)
600m	53.01	(32.50)
1000m	1:27.49	(34.48)
1400m	2:03.66	(36.17)
1800m	2:40.22	(36.56)
2200m	3:17.40	(37.18)
2600m	3:54.64	(37.24)
3000m	4:32.96	(38.32)

	Name	Cat	PB	Time	Info
14	yw 223 <b>Evert Jan van Dijk</b>	M45	4:30.53	<b>4:39.57</b>	
	bl 215 <b>Marc Nieuwenhuijse</b>	M40	4:24.25	<b>4:26.57</b>	

### Evert Jan van Dijk

200m	22.50	(22.50)
600m	57.14	(34.64)
1000m	1:32.41	(35.27)
1400m	2:08.29	(35.88)
1800m	2:45.01	(36.72)
2200m	3:22.21	(37.20)
2600m	4:00.38	(38.17)
3000m	4:39.57	(39.19)

### Marc Nieuwenhuijse

200m	22.43	(22.43)
600m	55.46	(33.03)
1000m	1:29.09	(33.63)
1400m	2:03.21	(34.12)
1800m	2:37.90	(34.69)
2200m	3:13.18	(35.28)
2600m	3:49.02	(35.84)
3000m	4:26.57	(37.55)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time Info
15	wt 238 <b>Gerrit van den Brink</b>	M50	4:20.98	<b>4:20.74</b> PB
	rd 217 <b>Jeroen Oeben</b>	M40	4:16.43	<b>4:32.89</b>

### Gerrit van den Brink

200m	22.20	(22.20)
600m	55.21	(33.01)
1000m	1:28.68	(33.47)
1400m	2:02.33	(33.65)
1800m	2:36.54	(34.21)
2200m	3:11.00	(34.46)
2600m	3:45.85	(34.85)
3000m	4:20.74	(34.89)

### Jeroen Oeben

200m	21.55	(21.55)
600m	54.75	(33.20)
1000m	1:29.21	(34.46)
1400m	2:04.33	(35.12)
1800m	2:40.25	(35.92)
2200m	3:17.13	(36.88)
2600m	3:54.49	(37.36)
3000m	4:32.89	(38.40)

	Name	Cat	PB	Time Info
16	yw 230 <b>Daan Spoelstra</b>	M45	4:21.92	<b>4:25.51</b>
	bl 247 <b>Vincent van Wersch</b>	M50	4:20.10	<b>4:25.13</b>

### Daan Spoelstra

200m	21.49	(21.49)
600m	54.67	(33.18)
1000m	1:28.63	(33.96)
1400m	2:03.52	(34.89)
1800m	2:38.61	(35.09)
2200m	3:13.92	(35.31)
2600m	3:49.65	(35.73)
3000m	4:25.51	(35.86)

### Vincent van Wersch

200m	21.78	(21.78)
600m	54.85	(33.07)
1000m	1:28.73	(33.88)
1400m	2:03.33	(34.60)
1800m	2:38.37	(35.04)
2200m	3:13.53	(35.16)
2600m	3:49.25	(35.72)
3000m	4:25.13	(35.88)

## IJsbaan Twente - Enschede

		Name	Cat	PB	Time	Info	
17	wt	220 <b>Jeroen Schoppink</b>	M40	4:06.11	<b>4:30.66</b>		
	rd	222 <b>Robert Braam</b>	M45	4:16.98	<b>4:26.09</b>		
		<b>Jeroen Schoppink</b>			<b>Robert Braam</b>		
		200m	20.08 (20.08)	200m	21.16 (21.16)		
		600m	52.92 (32.84)	600m	53.17 (32.01)		
		1000m	1:26.69 (33.77)	1000m	1:26.73 (33.56)		
		1400m	2:01.69 (35.00)	1400m	2:01.34 (34.61)		
		1800m	2:37.88 (36.19)	1800m	2:36.97 (35.63)		
		2200m	3:14.63 (36.75)	2200m	3:13.01 (36.04)		
		2600m	3:52.09 (37.46)	2600m	3:49.43 (36.42)		
		3000m	4:30.66 (38.57)	3000m	4:26.09 (36.66)		

		Name	Cat	PB	Time	Info	
18	yw	233 <b>Michiel Wienese</b>	M45	4:04.06	<b>4:23.04</b>		
	bl	210 <b>Reidar Bohlin Borgersen</b>	M40	3:51.50	<b>4:11.50</b>		
		<b>Michiel Wienese</b>			<b>Reidar Bohlin Borgersen</b>		
		200m	20.47 (20.47)	200m	21.27 (21.27)		
		600m	52.84 (32.37)	600m	53.99 (32.72)		
		1000m	1:26.47 (33.63)	1000m	1:27.16 (33.17)		
		1400m	2:00.37 (33.90)	1400m	2:00.12 (32.96)		
		1800m	2:34.05 (33.68)	1800m	2:32.76 (32.64)		
		2200m	3:08.77 (34.72)	2200m	3:05.52 (32.76)		
		2600m	3:45.14 (36.37)	2600m	3:38.61 (33.09)		
		3000m	4:23.04 (37.90)	3000m	4:11.50 (32.89)		

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
19	wt 248 <b>Robert Wierds</b>	M50	4:12.25	<b>4:18.73</b>	
	rd 202 <b>Sybe van Hijum</b>	M30	4:21.81	<b>4:21.86</b>	

### Robert Wierds

200m	21.86	(21.86)
600m	55.33	(33.47)
1000m	1:28.82	(33.49)
1400m	2:02.65	(33.83)
1800m	2:36.87	(34.22)
2200m	3:11.16	(34.29)
2600m	3:45.18	(34.02)
3000m	4:18.73	(33.55)

### Sybe van Hijum

200m	21.88	(21.88)
600m	55.06	(33.18)
1000m	1:29.35	(34.29)
1400m	2:03.75	(34.40)
1800m	2:37.88	(34.13)
2200m	3:12.31	(34.43)
2600m	3:46.88	(34.57)
3000m	4:21.86	(34.98)

	Name	Cat	PB	Time	Info
20	yw 203 <b>André Los</b>	M30	4:01.48	<b>4:16.36</b>	
	bl 226 <b>Johannes de Groot</b>	M45	3:57.30	<b>4:14.68</b>	

### André Los

200m	20.24	(20.24)
600m	52.75	(32.51)
1000m	1:25.67	(32.92)
1400m	1:59.33	(33.66)
1800m	2:33.17	(33.84)
2200m	3:07.30	(34.13)
2600m	3:41.05	(33.75)
3000m	4:16.36	(35.31)

### Johannes de Groot

200m	20.28	(20.28)
600m	53.20	(32.92)
1000m	1:26.93	(33.73)
1400m	2:00.65	(33.72)
1800m	2:34.20	(33.55)
2200m	3:07.51	(33.31)
2600m	3:40.61	(33.10)
3000m	4:14.68	(34.07)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
21	wt 216 <b>Bas van Nispen</b>	M40	4:10.16	<b>4:17.46</b>	
	rd 218 <b>Mark Ooijevaar</b>	M40	3:46.94	<b>4:11.64</b>	
<b>Bas van Nispen</b>			<b>Mark Ooijevaar</b>		
	200m	20.45 (20.45)	200m	21.24 (21.24)	
	600m	52.56 (32.11)	600m	53.17 (31.93)	
	1000m	1:24.52 (31.96)	1000m	1:25.18 (32.01)	
	1400m	1:57.72 (33.20)	1400m	1:57.67 (32.49)	
	1800m	2:31.27 (33.55)	1800m	2:30.70 (33.03)	
	2200m	3:05.55 (34.28)	2200m	3:03.76 (33.06)	
	2600m	3:40.94 (35.39)	2600m	3:37.37 (33.61)	
	3000m	4:17.46 (36.52)	3000m	4:11.64 (34.27)	

	Name	Cat	PB	Time	Info
22	yw 212 <b>Pieter-Jorn Gemser</b>	M40	4:06.86	<b>4:12.52</b>	
	bl 224 <b>Arjan Elferink</b>	M45	4:01.38	<b>4:08.84</b>	
<b>Pieter-Jorn Gemser</b>			<b>Arjan Elferink</b>		
	200m	20.90 (20.90)	200m	20.26 (20.26)	
	600m	52.98 (32.08)	600m	52.29 (32.03)	
	1000m	1:25.63 (32.65)	1000m	1:25.04 (32.75)	
	1400m	1:58.59 (32.96)	1400m	1:57.29 (32.25)	
	1800m	2:31.85 (33.26)	1800m	2:29.53 (32.24)	
	2200m	3:05.42 (33.57)	2200m	3:02.35 (32.82)	
	2600m	3:38.97 (33.55)	2600m	3:35.29 (32.94)	
	3000m	4:12.52 (33.55)	3000m	4:08.84 (33.55)	

	Name	Cat	PB	Time	Info
23	wt 237 <b>Gerwin Boschloo</b>	M50	4:41.70	<b>WDR</b>	
	rd 211 <b>Ricardo Brüttsch</b>	M40	4:25.60	<b>WDR</b>	
<b>Gerwin Boschloo</b>			<b>Ricardo Brüttsch</b>		

	Name	Cat	PB	Time	Info
24	yw 213 <b>Jurre Kranenburg</b>	M40	4:10.62	<b>WDR</b>	
	bl				
<b>Jurre Kranenburg</b>			m		





# IMSSC 32nd Masters International Allround Games 2024



IJsbaan Twente - Enschede

## 9. Result Women (AG30-65+) 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	16 Mijke Anne Kanneworff	L40	28	I	1:26.44		
2	24 Anke Jannie Landman	L45	26	I	1:26.46		
3	18 Eva Riemersma - van Rheenen	L40	27	I	1:26.84		
4	7 Claudia Henckel	L35	27	O	1:28.08		
5	10 Mettie de Vegt	L35	26	O	1:28.55		
6	11 Marloes Westerhof	L35	28	O	1:29.03		
7	8 Imke Hüser	L35	25	I	1:29.42		
8	17 Suzanne Mulder	L40	24	O	1:30.29		
9	40 Kaska Rogulska	L55	23	I	1:30.71		
10	4 Kim Leliveld	L30	25	O	1:31.22	PB	
11	5 Joanne Spliethof	L30	24	I	1:32.07		
12	12 Cherise Wilkins	L35	23	O	1:32.54		
13	15 Imme Kampen	L40	22	I	1:32.92		
14	41 Gerdien Verweij	L55	21	I	1:33.29		
15	9 Evelien van der Kist	L35	20	I	1:34.26		
16	22 Chantal Herms	L45	22	O	1:34.76		
17	21 Janette de Groot-Bron	L45	19	I	1:34.80		
18	19 Tineke Schukken	L40	1	I	1:34.84		
19	42 Monique Boerema	L60	18	I	1:35.26		
20	2 Antoinet van Essen-Prins	L30	21	O	1:35.61		
21	34 Irma Woud	L50	20	O	1:35.94		
22	6 Esther Bouman	L35	18	O	1:36.41		
23	35 Henriëtte Goede	L55	17	O	1:36.56		
24	27 Wendy van der Ham	L50	14	I	1:36.89		
25	13 Rianne Gerritsen	L40	19	O	1:36.93		
26	1 Elma Endhoven	L30	16	I	1:37.11		
27	30 Manon Scholte	L50	16	O	1:37.32		
28	49 Ciska Stark	L60	15	O	1:37.71		
29	33 Anna Van der Stok	L50	15	I	1:37.79		
30	29 Natalie Rodrigue-Hasselback	L50	2	O	1:37.87		
31	31 Yvonne Simis	L50	17	I	1:38.62		
32	38 Katrin Leschner	L55	12	I	1:39.79		
33	55 Lettie Zwanenburg	L65	14	O	1:40.27		
	39 Karolin Palmertz-Cerne	L55	1	O	1:40.27		
35	23 Monica Holth	L45	12	O	1:40.28	PB	
36	57 Judith Smouter	L70	10	I	1:40.49	PB	
37	36 Marlies de Jong	L55	13	I	1:40.85		
38	46 Marianne de Neeling	L60	10	O	1:41.17		



# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

Pos	Name	Cat	Pair	Lane	Time Info	Points
39	52 <b>Guylaine Larouche</b>	L65	13	O	<b>1:41.48</b>	
40	44 <b>Mariska van Haaften- van den Bosch</b>	L60	9	I	<b>1:42.02</b>	
41	3 <b>Julie Gehring</b>	L30	8	I	<b>1:42.65</b>	
42	45 <b>Astrid Janssen</b>	L60	11	I	<b>1:42.90</b>	
43	56 <b>Barb Johnson</b>	L70	11	O	<b>1:42.93</b>	
44	48 <b>Anita Smit-Groot</b>	L60	9	O	<b>1:44.40</b>	
45	54 <b>Ute Zillmann</b>	L65	8	O	<b>1:46.15</b>	
46	51 <b>Barbara Heerschop</b>	L65	7	O	<b>1:46.43</b>	
47	28 <b>Evelyn Mein-Klok</b>	L50	7	I	<b>1:47.14</b>	
48	53 <b>Carolien van Rees</b>	L65	6	I	<b>1:48.42</b>	
49	37 <b>Trine Landsem</b>	L55	5	I	<b>1:48.80</b>	
50	50 <b>Kate Stewart</b>	L60	6	O	<b>1:50.19</b> PB	
51	26 <b>Necole Zayatz</b>	L45	4	I	<b>1:51.84</b> PB	
52	60 <b>Thea Kroontje</b>	L75	5	O	<b>1:52.74</b>	
53	43 <b>Kathy Feinberg</b>	L60	4	O	<b>1:55.48</b>	
54	58 <b>Joke Wittenberg</b>	L70	3	I	<b>1:55.74</b>	
55	47 <b>Ingunn Sandø</b>	L60	3	O	<b>1:56.15</b>	
56	59 <b>Joanna Walters</b>	L75	2	I	<b>2:36.79</b>	

IJssbaan Twente - Enschede

## 9. Race Result Women (AG30-65+) 1000 meter

		Name	Cat	PB	Time	Info
1	wt	19 <b>Tineke Schukken</b>	L40	1:34.21	<b>1:34.84</b>	
	rd	39 <b>Karolin Palmertz-Cerne</b>	L55	1:33.68	<b>1:40.27</b>	
		<b>Tineke Schukken</b>		<b>Karolin Palmertz-Cerne</b>		
		200m	22.52 (22.52)	200m	23.83 (23.83)	
		600m	57.84 (35.32)	600m	1:01.19 (37.36)	
		1000m	1:34.84 (37.00)	1000m	1:40.27 (39.08)	
		Name	Cat	PB	Time	Info
2	yw	59 <b>Joanna Walters</b>	L75	1:50.49	<b>2:36.79</b>	
	bl	29 <b>Natalie Rodrigue-Hasselback</b>	L50	1:32.70	<b>1:37.87</b>	
		<b>Joanna Walters</b>		<b>Natalie Rodrigue-Hasselback</b>		
		200m	31.61 (31.61)	200m	22.67 (22.67)	
		600m	1:28.24 (56.63)	600m	58.92 (36.25)	
		1000m	2:36.79 (68.55)	1000m	1:37.87 (38.95)	
		Name	Cat	PB	Time	Info
3	wt	58 <b>Joke Wittenberg</b>	L70	1:39.07	<b>1:55.74</b>	
	rd	47 <b>Ingunn Sandø</b>	L60	1:35.66	<b>1:56.15</b>	
		<b>Joke Wittenberg</b>		<b>Ingunn Sandø</b>		
		200m	27.30 (27.30)	200m	26.68 (26.68)	
		600m	1:10.51 (43.21)	600m	1:09.62 (42.94)	
		1000m	1:55.74 (45.23)	1000m	1:56.15 (46.53)	
		Name	Cat	PB	Time	Info
4	yw	26 <b>Necole Zayatz</b>	L45	1:52.71	<b>1:51.84</b>	PB
	bl	43 <b>Kathy Feinberg</b>	L60	1:45.08	<b>1:55.48</b>	
		<b>Necole Zayatz</b>		<b>Kathy Feinberg</b>		
		200m	25.23 (25.23)	200m	27.65 (27.65)	
		600m	1:06.85 (41.62)	600m	1:09.90 (42.25)	
		1000m	1:51.84 (44.99)	1000m	1:55.48 (45.58)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
5	wt	37 <b>Trine Landsem</b>	L55	1:44.63	<b>1:48.80</b>	
	rd	60 <b>Thea Kroontje</b>	L75	1:33.01	<b>1:52.74</b>	
<b>Trine Landsem</b>			<b>Thea Kroontje</b>			
		200m	26.28 (26.28)	200m	27.13 (27.13)	
		600m	1:06.54 (40.26)	600m	1:09.45 (42.32)	
		1000m	1:48.80 (42.26)	1000m	1:52.74 (43.29)	

		Name	Cat	PB	Time	Info
6	yw	53 <b>Carolien van Rees</b>	L65	1:47.46	<b>1:48.42</b>	
	bl	50 <b>Kate Stewart</b>	L60	1:54.84	<b>1:50.19</b>	PB
<b>Carolien van Rees</b>			<b>Kate Stewart</b>			
		200m	25.02 (25.02)	200m	25.18 (25.18)	
		600m	1:05.38 (40.36)	600m	1:06.18 (41.00)	
		1000m	1:48.42 (43.04)	1000m	1:50.19 (44.01)	

		Name	Cat	PB	Time	Info
7	wt	28 <b>Evelyn Mein-Klok</b>	L50	1:46.56	<b>1:47.14</b>	
	rd	51 <b>Barbara Heerschop</b>	L65	1:32.86	<b>1:46.43</b>	
<b>Evelyn Mein-Klok</b>			<b>Barbara Heerschop</b>			
		200m	24.91 (24.91)	200m	24.99 (24.99)	
		600m	1:04.68 (39.77)	600m	1:04.64 (39.65)	
		1000m	1:47.14 (42.46)	1000m	1:46.43 (41.79)	

		Name	Cat	PB	Time	Info
8	yw	3 <b>Julie Gehring</b>	L30	1:40.55	<b>1:42.65</b>	
	bl	54 <b>Ute Zillmann</b>	L65	1:26.40	<b>1:46.15</b>	
<b>Julie Gehring</b>			<b>Ute Zillmann</b>			
		200m	24.14 (24.14)	200m	25.04 (25.04)	
		600m	1:01.94 (37.80)	600m	1:04.78 (39.74)	
		1000m	1:42.65 (40.71)	1000m	1:46.15 (41.37)	

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
9	wt 44 <b>Mariska van Haften- van den Bosch</b>	L60	1:39.62	<b>1:42.02</b>	
	rd 48 <b>Anita Smit-Groot</b>	L60	1:34.48	<b>1:44.40</b>	
<b>Mariska van Haften- van den Bosch</b>			<b>Anita Smit-Groot</b>		
	200m	23.89 (23.89)	200m	24.38 (24.38)	
	600m	1:01.22 (37.33)	600m	1:01.85 (37.47)	
	1000m	1:42.02 (40.80)	1000m	1:44.40 (42.55)	

	Name	Cat	PB	Time	Info
10	yw 57 <b>Judith Smouter</b>	L70	1:42.39	<b>1:40.49</b>	PB
	bl 46 <b>Marianne de Neeling</b>	L60	1:32.28	<b>1:41.17</b>	
<b>Judith Smouter</b>			<b>Marianne de Neeling</b>		
	200m	23.54 (23.54)	200m	24.37 (24.37)	
	600m	1:00.80 (37.26)	600m	1:01.91 (37.54)	
	1000m	1:40.49 (39.69)	1000m	1:41.17 (39.26)	

	Name	Cat	PB	Time	Info
11	wt 45 <b>Astrid Janssen</b>	L60	1:31.53	<b>1:42.90</b>	
	rd 56 <b>Barb Johnson</b>	L70	1:37.00	<b>1:42.93</b>	
<b>Astrid Janssen</b>			<b>Barb Johnson</b>		
	200m	23.69 (23.69)	200m	23.73 (23.73)	
	600m	1:02.54 (38.85)	600m	1:01.71 (37.98)	
	1000m	1:42.90 (40.36)	1000m	1:42.93 (41.22)	

	Name	Cat	PB	Time	Info
12	yw 38 <b>Katrin Leschner</b>	L55	1:35.90	<b>1:39.79</b>	
	bl 23 <b>Monica Holth</b>	L45	1:43.23	<b>1:40.28</b>	PB
<b>Katrin Leschner</b>			<b>Monica Holth</b>		
	200m	23.20 (23.20)	200m	24.74 (24.74)	
	600m	1:00.13 (36.93)	600m	1:02.19 (37.45)	
	1000m	1:39.79 (39.66)	1000m	1:40.28 (38.09)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info	
13	wt	36 <b>Marlies de Jong</b>	L55	1:34.04	<b>1:40.85</b>		
	rd	52 <b>Guylaine Larouche</b>	L65	1:38.28	<b>1:41.48</b>		
		<b>Marlies de Jong</b>			<b>Guylaine Larouche</b>		
		200m	23.17 (23.17)	200m	24.14 (24.14)		
		600m	1:00.74 (37.57)	600m	1:01.70 (37.56)		
		1000m	1:40.85 (40.11)	1000m	1:41.48 (39.78)		

		Name	Cat	PB	Time	Info	
14	yw	27 <b>Wendy van der Ham</b>	L50	1:34.04	<b>1:36.89</b>		
	bl	55 <b>Lettie Zwanenburg</b>	L65	1:31.37	<b>1:40.27</b>		
		<b>Wendy van der Ham</b>			<b>Lettie Zwanenburg</b>		
		200m	22.27 (22.27)	200m	24.25 (24.25)		
		600m	58.04 (35.77)	600m	1:00.87 (36.62)		
		1000m	1:36.89 (38.85)	1000m	1:40.27 (39.40)		

		Name	Cat	PB	Time	Info	
15	wt	33 <b>Anna Van der Stok</b>	L50	1:37.14	<b>1:37.79</b>		
	rd	49 <b>Ciska Stark</b>	L60	1:32.59	<b>1:37.71</b>		
		<b>Anna Van der Stok</b>			<b>Ciska Stark</b>		
		200m	22.37 (22.37)	200m	23.58 (23.58)		
		600m	58.90 (36.53)	600m	59.84 (36.26)		
		1000m	1:37.79 (38.89)	1000m	1:37.71 (37.87)		

		Name	Cat	PB	Time	Info	
16	yw	1 <b>Elma Endhoven</b>	L30	1:32.57	<b>1:37.11</b>		
	bl	30 <b>Manon Scholte</b>	L50	1:34.45	<b>1:37.32</b>		
		<b>Elma Endhoven</b>			<b>Manon Scholte</b>		
		200m	22.31 (22.31)	200m	22.83 (22.83)		
		600m	58.42 (36.11)	600m	59.08 (36.25)		
		1000m	1:37.11 (38.69)	1000m	1:37.32 (38.24)		

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
17	wt	31 <b>Yvonne Simis</b>	L50	1:28.91	<b>1:38.62</b>	
	rd	35 <b>Henriëtte Goede</b>	L55	1:27.37	<b>1:36.56</b>	
		<b>Yvonne Simis</b>		<b>Henriëtte Goede</b>		
		200m	23.26 (23.26)	200m	23.15 (23.15)	
		600m	1:00.05 (36.79)	600m	58.48 (35.33)	
		1000m	1:38.62 (38.57)	1000m	1:36.56 (38.08)	

		Name	Cat	PB	Time	Info
18	yw	42 <b>Monique Boerema</b>	L60	1:25.09	<b>1:35.26</b>	
	bl	6 <b>Esther Bouman</b>	L35	1:30.12	<b>1:36.41</b>	
		<b>Monique Boerema</b>		<b>Esther Bouman</b>		
		200m	22.12 (22.12)	200m	23.44 (23.44)	
		600m	57.00 (34.88)	600m	59.14 (35.70)	
		1000m	1:35.26 (38.26)	1000m	1:36.41 (37.27)	

		Name	Cat	PB	Time	Info
19	wt	21 <b>Janette de Groot-Bron</b>	L45	1:29.05	<b>1:34.80</b>	
	rd	13 <b>Rianne Gerritsen</b>	L40	1:33.86	<b>1:36.93</b>	
		<b>Janette de Groot-Bron</b>		<b>Rianne Gerritsen</b>		
		200m	22.31 (22.31)	200m	22.94 (22.94)	
		600m	57.38 (35.07)	600m	58.98 (36.04)	
		1000m	1:34.80 (37.42)	1000m	1:36.93 (37.95)	

		Name	Cat	PB	Time	Info
20	yw	9 <b>Evelien van der Kist</b>	L35	1:24.66	<b>1:34.26</b>	
	bl	34 <b>Irma Woud</b>	L50	1:26.28	<b>1:35.94</b>	
		<b>Evelien van der Kist</b>		<b>Irma Woud</b>		
		200m	21.35 (21.35)	200m	22.15 (22.15)	
		600m	56.39 (35.04)	600m	57.71 (35.56)	
		1000m	1:34.26 (37.87)	1000m	1:35.94 (38.23)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info	
21	wt	41 <b>Gerdien Verweij</b>	L55	1:23.76	<b>1:33.29</b>		
	rd	2 <b>Antoinet van Essen-Prins</b>	L30	1:29.14	<b>1:35.61</b>		
		<b>Gerdien Verweij</b>			<b>Antoinet van Essen-Prins</b>		
		200m	21.52 (21.52)	200m	21.77 (21.77)		
		600m	55.10 (33.58)	600m	56.78 (35.01)		
		1000m	1:33.29 (38.19)	1000m	1:35.61 (38.83)		

		Name	Cat	PB	Time	Info	
22	yw	15 <b>Imme Kampen</b>	L40	1:27.42	<b>1:32.92</b>		
	bl	22 <b>Chantal Herms</b>	L45	1:31.40	<b>1:34.76</b>		
		<b>Imme Kampen</b>			<b>Chantal Herms</b>		
		200m	21.88 (21.88)	200m	21.99 (21.99)		
		600m	56.16 (34.28)	600m	56.77 (34.78)		
		1000m	1:32.92 (36.76)	1000m	1:34.76 (37.99)		

		Name	Cat	PB	Time	Info	
23	wt	40 <b>Kaska Rogulska</b>	L55	1:24.09	<b>1:30.71</b>		
	rd	12 <b>Cherise Wilkins</b>	L35	1:20.72	<b>1:32.54</b>		
		<b>Kaska Rogulska</b>			<b>Cherise Wilkins</b>		
		200m	21.42 (21.42)	200m	21.41 (21.41)		
		600m	54.99 (33.57)	600m	55.32 (33.91)		
		1000m	1:30.71 (35.72)	1000m	1:32.54 (37.22)		

		Name	Cat	PB	Time	Info	
24	yw	5 <b>Joanne Spliethof</b>	L30	1:31.02	<b>1:32.07</b>		
	bl	17 <b>Suzanne Mulder</b>	L40	1:24.06	<b>1:30.29</b>		
		<b>Joanne Spliethof</b>			<b>Suzanne Mulder</b>		
		200m	21.08 (21.08)	200m	21.78 (21.78)		
		600m	54.78 (33.70)	600m	54.81 (33.03)		
		1000m	1:32.07 (37.29)	1000m	1:30.29 (35.48)		



## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info	
25	wt	8 <b>Imke Hüser</b>	L35	1:23.97	<b>1:29.42</b>		
	rd	4 <b>Kim Leliveld</b>	L30	1:31.50	<b>1:31.22</b>	PB	
		<b>Imke Hüser</b>			<b>Kim Leliveld</b>		
		200m	20.95 (20.95)	200m	21.79 (21.79)		
		600m	54.20 (33.25)	600m	55.51 (33.72)		
		1000m	1:29.42 (35.22)	1000m	1:31.22 (35.71)		

		Name	Cat	PB	Time	Info	
26	yw	24 <b>Anke Jannie Landman</b>	L45	1:20.78	<b>1:26.46</b>		
	bl	10 <b>Mettie de Vegt</b>	L35	1:26.83	<b>1:28.55</b>		
		<b>Anke Jannie Landman</b>			<b>Mettie de Vegt</b>		
		200m	20.00 (20.00)	200m	21.25 (21.25)		
		600m	51.89 (31.89)	600m	53.75 (32.50)		
		1000m	1:26.46 (34.57)	1000m	1:28.55 (34.80)		

		Name	Cat	PB	Time	Info	
27	wt	18 <b>Eva Riemersma - van Rheenen</b>	L40	1:25.60	<b>1:26.84</b>		
	rd	7 <b>Claudia Henckel</b>	L35	1:24.86	<b>1:28.08</b>		
		<b>Eva Riemersma - van Rheenen</b>			<b>Claudia Henckel</b>		
		200m	20.61 (20.61)	200m	20.06 (20.06)		
		600m	52.67 (32.06)	600m	52.01 (31.95)		
		1000m	1:26.84 (34.17)	1000m	1:28.08 (36.07)		

		Name	Cat	PB	Time	Info	
28	yw	16 <b>Mijke Anne Kannevorff</b>	L40	1:22.10	<b>1:26.44</b>		
	bl	11 <b>Marloes Westerhof</b>	L35	1:25.30	<b>1:29.03</b>		
		<b>Mijke Anne Kannevorff</b>			<b>Marloes Westerhof</b>		
		200m	20.00 (20.00)	200m	20.39 (20.39)		
		600m	51.47 (31.47)	600m	53.10 (32.71)		
		1000m	1:26.44 (34.97)	1000m	1:29.03 (35.93)		



# IMSSC 32nd Masters International Allround Games 2024



IJsbaan Twente - Enschede

## 10. Result Men (AG65+) 1000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	107 Jan Mein	M65	20	I	1:29.24		
2	112 Rennie Verloop	M65	20	O	1:29.40		
3	116 Valerij Grebenkov	M70	19	I	1:29.79		
4	124 Piet Siemonsma	M70	19	O	1:29.89		
5	110 Harm Smit	M65	18	I	1:31.05		
6	113 Mircea Vranceanu	M65	18	O	1:31.14		
7	106 Kees Langeveld	M65	17	O	1:33.41		
8	123 Ab Nederlof	M70	16	I	1:34.48		
9	114 Peter Weiss	M65	17	I	1:34.50		
10	118 Geir Hestad	M70	16	O	1:35.33		
11	125 Erik Vea	M70	15	I	1:35.42		
12	122 Reinhold Marsollek	M70	15	O	1:37.15		
13	120 Jaap van Kouterik	M70	14	O	1:37.93		
14	104 Aleksandr Kistenjov	M65	14	I	1:37.99		
15	102 Jann van Benthem	M65	13	I	1:38.57		
16	101 Hans-Peter Ambass	M65	10	I	1:39.01		
17	108 Johan Metting-van Rijn	M65	13	O	1:39.50		
18	130 Vince Morris	M75	12	I	1:39.79		
19	103 Erwin Henskes	M65	11	O	1:40.44		
20	134 Onar Westerheim	M75	11	I	1:40.77		
21	131 Leo Schoenmeijer	M75	12	O	1:41.67		
22	115 Twan den Braber	M70	9	I	1:41.78		
23	105 Olav Langeland	M65	1	O	1:41.88		
24	136 Pentti Kiiskinen	M80	10	O	1:42.21		
25	127 Pieter den Dunnen	M75	8	I	1:43.52		
26	129 Bauke Meijer	M75	7	I	1:45.68		
27	128 Magnar Langvik	M75	9	O	1:46.07		
28	117 Michael Henning	M70	5	I	1:46.66		
29	126 Jan Boelen	M75	6	I	1:47.66		
30	119 Thomas Hoekstra	M70	6	O	1:47.92		
31	111 Per Gunnar Stensvaag	M65	7	O	1:48.15		
32	139 Nico Woldendorp	M80	5	O	1:51.10		
33	141 Ronald Johnston	M85	4	I	1:51.28		
34	109 Mark Nolan	M65	4	O	1:54.00		
35	135 David Butteriss	M80	3	I	2:04.27		
36	137 Zwier Selles	M80	3	O	2:06.25		
37	133 Harald Westerheim	M75	8	O	2:08.43		
38	140 Arne Kjell Foldvik	M85	1	I	3:05.83		

IJssbaan Twente - Enschede

## 10. Race Result Men (AG65+) 1000 meter

		Name	Cat	PB	Time	Info
1	wt	140 <b>Arne Kjell Foldvik</b>	M85	1:31.78	<b>3:05.83</b>	
	rd	105 <b>Olav Langeland</b>	M65	1:31.43	<b>1:41.88</b>	

### Arne Kjell Foldvik

200m	38.68	(38.68)
600m	1:50.95	(72.27)
1000m	3:05.83	(74.88)

### Olav Langeland

200m	24.70	(24.70)
600m	1:02.92	(38.22)
1000m	1:41.88	(38.96)

		Name	Cat	PB	Time	Info
2	yw					
	bl					

m

m

		Name	Cat	PB	Time	Info
3	wt	135 <b>David Butteriss</b>	M80	1:46.55	<b>2:04.27</b>	
	rd	137 <b>Zwier Selles</b>	M80	1:30.81	<b>2:06.25</b>	

### David Butteriss

200m	28.50	(28.50)
600m	1:15.59	(47.09)
1000m	2:04.27	(48.68)

### Zwier Selles

200m	30.74	(30.74)
600m	1:15.97	(45.23)
1000m	2:06.25	(50.28)

		Name	Cat	PB	Time	Info
4	yw	141 <b>Ronald Johnston</b>	M85	1:26.42	<b>1:51.28</b>	
	bl	109 <b>Mark Nolan</b>	M65	1:35.12	<b>1:54.00</b>	

### Ronald Johnston

200m	25.02	(25.02)
600m	1:06.82	(41.80)
1000m	1:51.28	(44.46)

### Mark Nolan

200m	27.08	(27.08)
600m	1:09.30	(42.22)
1000m	1:54.00	(44.70)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
5	wt	117 <b>Michael Henning</b>	M70	1:39.85	<b>1:46.66</b>	
	rd	139 <b>Nico Woldendorp</b>	M80	1:31.46	<b>1:51.10</b>	
<b>Michael Henning</b>			<b>Nico Woldendorp</b>			
		200m	25.63 (25.63)	200m	26.46 (26.46)	
		600m	1:05.60 (39.97)	600m	1:08.29 (41.83)	
		1000m	1:46.66 (41.06)	1000m	1:51.10 (42.81)	

		Name	Cat	PB	Time	Info
6	yw	126 <b>Jan Boelen</b>	M75	1:28.78	<b>1:47.66</b>	
	bl	119 <b>Thomas Hoekstra</b>	M70	1:30.25	<b>1:47.92</b>	
<b>Jan Boelen</b>			<b>Thomas Hoekstra</b>			
		200m	23.90 (23.90)	200m	25.30 (25.30)	
		600m	1:04.41 (40.51)	600m	1:05.11 (39.81)	
		1000m	1:47.66 (43.25)	1000m	1:47.92 (42.81)	

		Name	Cat	PB	Time	Info
7	wt	129 <b>Bauke Meijer</b>	M75	1:33.29	<b>1:45.68</b>	
	rd	111 <b>Per Gunnar Stensvaag</b>	M65	1:27.71	<b>1:48.15</b>	
<b>Bauke Meijer</b>			<b>Per Gunnar Stensvaag</b>			
		200m	24.29 (24.29)	200m	24.76 (24.76)	
		600m	1:04.01 (39.72)	600m	1:05.15 (40.39)	
		1000m	1:45.68 (41.67)	1000m	1:48.15 (43.00)	

		Name	Cat	PB	Time	Info
8	yw	127 <b>Pieter den Dunnen</b>	M75	1:25.69	<b>1:43.52</b>	
	bl	133 <b>Harald Westerheim</b>	M75	1:33.46	<b>2:08.43</b>	
<b>Pieter den Dunnen</b>			<b>Harald Westerheim</b>			
		200m	25.35 (25.35)	200m	25.23 (25.23)	
		600m	1:03.76 (38.41)	600m	1:20.72 (55.49)	
		1000m	1:43.52 (39.76)	1000m	2:08.43 (47.71)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
9	wt	115 <b>Twan den Braber</b>	M70	1:24.53	<b>1:41.78</b>	
	rd	128 <b>Magnar Langvik</b>	M75	1:33.85	<b>1:46.07</b>	
<b>Twan den Braber</b>			<b>Magnar Langvik</b>			
		200m	24.69 (24.69)	200m	24.96 (24.96)	
		600m	1:02.33 (37.64)	600m	1:04.14 (39.18)	
		1000m	1:41.78 (39.45)	1000m	1:46.07 (41.93)	

		Name	Cat	PB	Time	Info
10	yw	101 <b>Hans-Peter Ambass</b>	M65	1:26.70	<b>1:39.01</b>	
	bl	136 <b>Pentti Kiiskinen</b>	M80	1:19.20	<b>1:42.21</b>	
<b>Hans-Peter Ambass</b>			<b>Pentti Kiiskinen</b>			
		200m	22.36 (22.36)	200m	23.33 (23.33)	
		600m	59.25 (36.89)	600m	1:01.18 (37.85)	
		1000m	1:39.01 (39.76)	1000m	1:42.21 (41.03)	

		Name	Cat	PB	Time	Info
11	wt	134 <b>Onar Westerheim</b>	M75	1:24.07	<b>1:40.77</b>	
	rd	103 <b>Erwin Henskes</b>	M65	1:29.19	<b>1:40.44</b>	
<b>Onar Westerheim</b>			<b>Erwin Henskes</b>			
		200m	23.36 (23.36)	200m	24.56 (24.56)	
		600m	1:01.08 (37.72)	600m	1:01.67 (37.11)	
		1000m	1:40.77 (39.69)	1000m	1:40.44 (38.77)	

		Name	Cat	PB	Time	Info
12	yw	130 <b>Vince Morris</b>	M75	1:27.96	<b>1:39.79</b>	
	bl	131 <b>Leo Schoenmeijer</b>	M75	1:28.50	<b>1:41.67</b>	
<b>Vince Morris</b>			<b>Leo Schoenmeijer</b>			
		200m	23.73 (23.73)	200m	23.99 (23.99)	
		600m	1:00.70 (36.97)	600m	1:01.65 (37.66)	
		1000m	1:39.79 (39.09)	1000m	1:41.67 (40.02)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
13	wt	102 <b>Jann van Benthem</b>	M65	1:25.26	<b>1:38.57</b>	
	rd	108 <b>Johan Metting-van Rijn</b>	M65	1:26.16	<b>1:39.50</b>	
<b>Jann van Benthem</b>			<b>Johan Metting-van Rijn</b>			
		200m	23.21 (23.21)	200m	24.23 (24.23)	
		600m	59.40 (36.19)	600m	1:01.86 (37.63)	
		1000m	1:38.57 (39.17)	1000m	1:39.50 (37.64)	

		Name	Cat	PB	Time	Info
14	yw	104 <b>Aleksandr Kistenjov</b>	M65	1:18.90	<b>1:37.99</b>	
	bl	120 <b>Jaap van Kouterik</b>	M70	1:29.00	<b>1:37.93</b>	
<b>Aleksandr Kistenjov</b>			<b>Jaap van Kouterik</b>			
		200m	23.82 (23.82)	200m	23.94 (23.94)	
		600m	59.07 (35.25)	600m	59.56 (35.62)	
		1000m	1:37.99 (38.92)	1000m	1:37.93 (38.37)	

		Name	Cat	PB	Time	Info
15	wt	125 <b>Erik Vea</b>	M70	1:20.80	<b>1:35.42</b>	
	rd	122 <b>Reinhold Marsollek</b>	M70	1:26.40	<b>1:37.15</b>	
<b>Erik Vea</b>			<b>Reinhold Marsollek</b>			
		200m	22.75 (22.75)	200m	22.97 (22.97)	
		600m	58.41 (35.66)	600m	58.93 (35.96)	
		1000m	1:35.42 (37.01)	1000m	1:37.15 (38.22)	

		Name	Cat	PB	Time	Info
16	yw	123 <b>Ab Nederlof</b>	M70	1:33.07	<b>1:34.48</b>	
	bl	118 <b>Geir Hestad</b>	M70	1:19.92	<b>1:35.33</b>	
<b>Ab Nederlof</b>			<b>Geir Hestad</b>			
		200m	22.75 (22.75)	200m	22.81 (22.81)	
		600m	57.85 (35.10)	600m	58.59 (35.78)	
		1000m	1:34.48 (36.63)	1000m	1:35.33 (36.74)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info	
17	wt	114 <b>Peter Weiss</b>	M65	1:30.50	<b>1:34.50</b>		
	rd	106 <b>Kees Langeveld</b>	M65	1:27.10	<b>1:33.41</b>		
		<b>Peter Weiss</b>			<b>Kees Langeveld</b>		
		200m	21.97 (21.97)	200m	22.44 (22.44)		
		600m	57.78 (35.81)	600m	57.31 (34.87)		
		1000m	1:34.50 (36.72)	1000m	1:33.41 (36.10)		

		Name	Cat	PB	Time	Info	
18	yw	110 <b>Harm Smit</b>	M65	1:25.73	<b>1:31.05</b>		
	bl	113 <b>Mircea Vranceanu</b>	M65	1:20.73	<b>1:31.14</b>		
		<b>Harm Smit</b>			<b>Mircea Vranceanu</b>		
		200m	22.11 (22.11)	200m	22.15 (22.15)		
		600m	55.76 (33.65)	600m	55.72 (33.57)		
		1000m	1:31.05 (35.29)	1000m	1:31.14 (35.42)		

		Name	Cat	PB	Time	Info	
19	wt	116 <b>Valerij Grebenkov</b>	M70	1:18.10	<b>1:29.79</b>		
	rd	124 <b>Piet Siemonsma</b>	M70	1:23.23	<b>1:29.89</b>		
		<b>Valerij Grebenkov</b>			<b>Piet Siemonsma</b>		
		200m	20.99 (20.99)	200m	21.38 (21.38)		
		600m	54.49 (33.50)	600m	54.05 (32.67)		
		1000m	1:29.79 (35.30)	1000m	1:29.89 (35.84)		

		Name	Cat	PB	Time	Info	
20	yw	107 <b>Jan Mein</b>	M65	1:22.40	<b>1:29.24</b>		
	bl	112 <b>Rennie Verloop</b>	M65	1:25.90	<b>1:29.40</b>		
		<b>Jan Mein</b>			<b>Rennie Verloop</b>		
		200m	21.05 (21.05)	200m	21.46 (21.46)		
		600m	54.31 (33.26)	600m	54.49 (33.03)		
		1000m	1:29.24 (34.93)	1000m	1:29.40 (34.91)		

IJsbaan Twente - Enschede

## 11. Result Men (AG55-60) 1500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	170 Rene van Bernum	M55	22	I	2:02.50	
2	161 Tjard Kopka	M55	22	O	2:03.45	
3	167 Paul Robijn	M55	20	I	2:08.92	
4	160 Gerben Hettinga	M55	18	O	2:09.29	
5	175 Arjan Bakker	M60	21	I	2:09.46	
6	162 Joost van Leenders	M55	20	O	2:09.70	
7	165 Kurt van de Nes	M55	19	I	2:09.89	PB
8	156 Hans van der Does	M55	19	O	2:10.75	
9	171 Frans Verhoeve	M55	21	O	2:10.97	
10	173 Danny Witkamp	M55	17	I	2:11.66	
11	181 Giel Hermans	M60	18	I	2:13.42	
12	185 Chris van der Plaats	M60	16	O	2:13.46	
13	183 Roland ten Klooster	M60	17	O	2:13.73	
14	166 Geir Nessel	M55	15	I	2:14.40	
15	176 Gert-Jan Braas	M60	13	I	2:14.84	
16	159 Bart Groot	M55	16	I	2:15.17	
17	172 Johan Vikhals	M55	13	O	2:15.99	
18	155 Richard van den Broek	M55	14	O	2:16.20	
19	188 Gerard Snel	M60	14	I	2:16.50	
20	191 Henk van Walderveen	M60	12	I	2:16.80	
21	163 Ed de Looze	M55	15	O	2:17.74	
22	189 Jim Verdurmen	M60	12	O	2:18.25	
23	177 Johan Cerne	M60	10	O	2:19.02	
24	174 Bruce Anderson	M60	9	O	2:19.36	
25	168 Henk Roelfsema	M55	11	I	2:19.84	
26	186 Marco Roos	M60	8	O	2:20.73	
27	180 Martin Haire	M60	11	O	2:21.15	
28	153 Aart van Beuzekom	M55	10	I	2:21.59	
29	154 Øystein Borgersen	M55	8	I	2:21.96	
30	192 Stephan Haeisen	M55	6	O	2:23.81	
31	152 Rudie Assink	M55	9	I	2:24.47	
32	157 Aleksandr Gavrillov	M55	7	O	2:24.62	
33	150 Scott Anderson	M55	6	I	2:24.95	
34	158 Sören Grimmer	M55	5	I	2:25.19	PB
35	187 Thomas Rumpf	M60	7	I	2:27.87	
36	184 René Koning	M60	4	I	2:29.76	
37	178 Jonathan Furminger	M60	1	I	2:31.53	
38	164 Octavian Moga	M55	5	O	2:32.05	





# IMSSC 32nd Masters International Allround Games 2024



IJsbaan Twente - Enschede

Pos	Name	Cat	Pair	Lane	Time Info	Points
39	151 Eskil Andersson	M55	4	O	2:32.39	
40	169 David Smith	M55	3	I	2:41.29	
41	182 Hans-Gerd Heyne	M60	3	O	2:45.16	

## 11. Race Result Men (AG55-60) 1500 meter

	Name	Cat	PB	Time Info
1	wt rd	178 <b>Jonathan Furminger</b>	M60	2:22.79 <b>2:31.53</b>

### Jonathan Furminger

300m	32.47	(32.47)	m
700m	1:09.97	(37.50)	
1100m	1:49.82	(39.85)	
1500m	2:31.53	(41.71)	

	Name	Cat	PB	Time Info
2	yw bl			

m m

	Name	Cat	PB	Time Info
3	wt	169 <b>David Smith</b>	M55	2:24.95 <b>2:41.29</b>
	rd	182 <b>Hans-Gerd Heyne</b>	M60	2:32.99 <b>2:45.16</b>

### David Smith

300m	34.34	(34.34)
700m	1:14.91	(40.57)
1100m	1:57.98	(43.07)
1500m	2:41.29	(43.31)

### Hans-Gerd Heyne

300m	37.45	(37.45)
700m	1:20.58	(43.13)
1100m	2:03.06	(42.48)
1500m	2:45.16	(42.10)

	Name	Cat	PB	Time Info
4	yw	184 <b>René Koning</b>	M60	2:17.65 <b>2:29.76</b>
	bl	151 <b>Eskil Andersson</b>	M55	2:30.95 <b>2:32.39</b>

### René Koning

300m	32.81	(32.81)
700m	1:11.19	(38.38)
1100m	1:50.32	(39.13)
1500m	2:29.76	(39.44)

### Eskil Andersson

300m	33.46	(33.46)
700m	1:11.77	(38.31)
1100m	1:51.57	(39.80)
1500m	2:32.39	(40.82)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
5	wt 158 <b>Sören Grimmer</b>	M55	2:26.43	<b>2:25.19</b>	PB
	rd 164 <b>Octavian Moga</b>	M55	2:13.84	<b>2:32.05</b>	

### Sören Grimmer

300m	31.65	(31.65)
700m	1:07.39	(35.74)
1100m	1:45.17	(37.78)
1500m	2:25.19	(40.02)

### Octavian Moga

300m	33.00	(33.00)
700m	1:11.52	(38.52)
1100m	1:51.56	(40.04)
1500m	2:32.05	(40.49)

	Name	Cat	PB	Time	Info
6	yw 150 <b>Scott Anderson</b>	M55	2:08.64	<b>2:24.95</b>	
	bl 192 <b>Stephan Haueisen</b>	M55	2:05.06	<b>2:23.81</b>	

### Scott Anderson

300m	33.16	(33.16)
700m	1:09.74	(36.58)
1100m	1:46.96	(37.22)
1500m	2:24.95	(37.99)

### Stephan Haueisen

300m	31.76	(31.76)
700m	1:06.74	(34.98)
1100m	1:44.02	(37.28)
1500m	2:23.81	(39.79)

	Name	Cat	PB	Time	Info
7	wt 187 <b>Thomas Rumpf</b>	M60	2:18.53	<b>2:27.87</b>	
	rd 157 <b>Aleksandr Gavrilov</b>	M55	2:01.50	<b>2:24.62</b>	

### Thomas Rumpf

300m	30.91	(30.91)
700m	1:07.89	(36.98)
1100m	1:47.73	(39.84)
1500m	2:27.87	(40.14)

### Aleksandr Gavrilov

300m	30.42	(30.42)
700m	1:07.16	(36.74)
1100m	1:44.74	(37.58)
1500m	2:24.62	(39.88)

	Name	Cat	PB	Time	Info
8	yw 154 <b>Øystein Borgersen</b>	M55	2:18.98	<b>2:21.96</b>	
	bl 186 <b>Marco Roos</b>	M60	2:09.92	<b>2:20.73</b>	

### Øystein Borgersen

300m	31.40	(31.40)
700m	1:07.35	(35.95)
1100m	1:44.32	(36.97)
1500m	2:21.96	(37.64)

### Marco Roos

300m	30.69	(30.69)
700m	1:05.57	(34.88)
1100m	1:42.19	(36.62)
1500m	2:20.73	(38.54)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
9	wt	152 <b>Rudie Assink</b>	M55	2:15.09	<b>2:24.47</b>	
	rd	174 <b>Bruce Anderson</b>	M60	2:05.53	<b>2:19.36</b>	

### Rudie Assink

300m	30.30	(30.30)
700m	1:04.99	(34.69)
1100m	1:43.25	(38.26)
1500m	2:24.47	(41.22)

### Bruce Anderson

300m	30.58	(30.58)
700m	1:04.88	(34.30)
1100m	1:41.33	(36.45)
1500m	2:19.36	(38.03)

		Name	Cat	PB	Time	Info
10	yw	153 <b>Aart van Beuzekom</b>	M55	2:07.71	<b>2:21.59</b>	
	bl	177 <b>Johan Cerne</b>	M60	2:07.28	<b>2:19.02</b>	

### Aart van Beuzekom

300m	29.90	(29.90)
700m	1:04.98	(35.08)
1100m	1:42.19	(37.21)
1500m	2:21.59	(39.40)

### Johan Cerne

300m	31.39	(31.39)
700m	1:06.33	(34.94)
1100m	1:42.29	(35.96)
1500m	2:19.02	(36.73)

		Name	Cat	PB	Time	Info
11	wt	168 <b>Henk Roelfsema</b>	M55	2:13.95	<b>2:19.84</b>	
	rd	180 <b>Martin Haire</b>	M60	1:58.02	<b>2:21.15</b>	

### Henk Roelfsema

300m	30.16	(30.16)
700m	1:05.36	(35.20)
1100m	1:42.02	(36.66)
1500m	2:19.84	(37.82)

### Martin Haire

300m	31.38	(31.38)
700m	1:06.44	(35.06)
1100m	1:42.80	(36.36)
1500m	2:21.15	(38.35)

		Name	Cat	PB	Time	Info
12	yw	191 <b>Henk van Walderveen</b>	M60	2:13.73	<b>2:16.80</b>	
	bl	189 <b>Jim Verdurmen</b>	M60	2:06.03	<b>2:18.25</b>	

### Henk van Walderveen

300m	30.56	(30.56)
700m	1:04.64	(34.08)
1100m	1:40.39	(35.75)
1500m	2:16.80	(36.41)

### Jim Verdurmen

300m	31.18	(31.18)
700m	1:06.23	(35.05)
1100m	1:41.60	(35.37)
1500m	2:18.25	(36.65)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
13	wt	176 <b>Gert-Jan Braas</b>	M60	2:10.84	<b>2:14.84</b>	
	rd	172 <b>Johan Vikhals</b>	M55	2:15.51	<b>2:15.99</b>	

### Gert-Jan Braas

300m	29.57	(29.57)
700m	1:02.78	(33.21)
1100m	1:37.41	(34.63)
1500m	2:14.84	(37.43)

### Johan Vikhals

300m	29.91	(29.91)
700m	1:02.96	(33.05)
1100m	1:38.15	(35.19)
1500m	2:15.99	(37.84)

		Name	Cat	PB	Time	Info
14	yw	188 <b>Gerard Snel</b>	M60	2:06.56	<b>2:16.50</b>	
	bl	155 <b>Richard van den Broek</b>	M55	2:13.77	<b>2:16.20</b>	

### Gerard Snel

300m	29.94	(29.94)
700m	1:03.77	(33.83)
1100m	1:39.44	(35.67)
1500m	2:16.50	(37.06)

### Richard van den Broek

300m	29.90	(29.90)
700m	1:03.78	(33.88)
1100m	1:39.63	(35.85)
1500m	2:16.20	(36.57)

		Name	Cat	PB	Time	Info
15	wt	166 <b>Geir Nettet</b>	M55	2:06.61	<b>2:14.40</b>	
	rd	163 <b>Ed de Looze</b>	M55	2:03.01	<b>2:17.74</b>	

### Geir Nettet

300m	29.69	(29.69)
700m	1:03.06	(33.37)
1100m	1:38.06	(35.00)
1500m	2:14.40	(36.34)

### Ed de Looze

300m	30.95	(30.95)
700m	1:05.32	(34.37)
1100m	1:40.81	(35.49)
1500m	2:17.74	(36.93)

		Name	Cat	PB	Time	Info
16	yw	159 <b>Bart Groot</b>	M55	2:07.68	<b>2:15.17</b>	
	bl	185 <b>Chris van der Plaats</b>	M60	2:08.50	<b>2:13.46</b>	

### Bart Groot

300m	29.17	(29.17)
700m	1:03.15	(33.98)
1100m	1:38.97	(35.82)
1500m	2:15.17	(36.20)

### Chris van der Plaats

300m	28.87	(28.87)
700m	1:01.84	(32.97)
1100m	1:36.86	(35.02)
1500m	2:13.46	(36.60)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
17	wt	173 <b>Danny Witkamp</b>	M55	1:57.80	<b>2:11.66</b>	
	rd	183 <b>Roland ten Klooster</b>	M60	2:04.66	<b>2:13.73</b>	

### Danny Witkamp

300m	29.05	(29.05)
700m	1:02.17	(33.12)
1100m	1:36.15	(33.98)
1500m	2:11.66	(35.51)

### Roland ten Klooster

300m	28.30	(28.30)
700m	1:01.57	(33.27)
1100m	1:37.03	(35.46)
1500m	2:13.73	(36.70)

		Name	Cat	PB	Time	Info
18	yw	181 <b>Giel Hermans</b>	M60	2:08.76	<b>2:13.42</b>	
	bl	160 <b>Gerben Hettinga</b>	M55	2:05.59	<b>2:09.29</b>	

### Giel Hermans

300m	28.52	(28.52)
700m	1:01.93	(33.41)
1100m	1:37.14	(35.21)
1500m	2:13.42	(36.28)

### Gerben Hettinga

300m	28.97	(28.97)
700m	1:00.76	(31.79)
1100m	1:34.01	(33.25)
1500m	2:09.29	(35.28)

		Name	Cat	PB	Time	Info
19	wt	165 <b>Kurt van de Nes</b>	M55	2:11.24	<b>2:09.89</b>	PB
	rd	156 <b>Hans van der Does</b>	M55	1:58.43	<b>2:10.75</b>	

### Kurt van de Nes

300m	30.44	(30.44)
700m	1:02.97	(32.53)
1100m	1:36.44	(33.47)
1500m	2:09.89	(33.45)

### Hans van der Does

300m	28.85	(28.85)
700m	1:01.48	(32.63)
1100m	1:35.64	(34.16)
1500m	2:10.75	(35.11)

		Name	Cat	PB	Time	Info
20	yw	167 <b>Paul Robijn</b>	M55	2:02.28	<b>2:08.92</b>	
	bl	162 <b>Joost van Leenders</b>	M55	2:06.81	<b>2:09.70</b>	

### Paul Robijn

300m	28.94	(28.94)
700m	1:01.37	(32.43)
1100m	1:34.69	(33.32)
1500m	2:08.92	(34.23)

### Joost van Leenders

300m	29.33	(29.33)
700m	1:01.70	(32.37)
1100m	1:35.54	(33.84)
1500m	2:09.70	(34.16)



# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

		Name		Cat		PB	Time	Info
21	wt	175	<b>Arjan Bakker</b>		M60		1:58.50	<b>2:09.46</b>
	rd	171	<b>Frans Verhoeve</b>		M55		1:59.82	<b>2:10.97</b>
		<b>Arjan Bakker</b>			<b>Frans Verhoeve</b>			
		300m	28.64	(28.64)	300m	27.76	(27.76)	
		700m	1:00.64	(32.00)	700m	1:00.06	(32.30)	
		1100m	1:34.30	(33.66)	1100m	1:34.61	(34.55)	
		1500m	2:09.46	(35.16)	1500m	2:10.97	(36.36)	
<hr/>								
		Name		Cat		PB	Time	Info
22	yw	170	<b>Rene van Bernum</b>		M55		1:56.92	<b>2:02.50</b>
	bl	161	<b>Tjard Kopka</b>		M55		1:58.22	<b>2:03.45</b>
		<b>Rene van Bernum</b>			<b>Tjard Kopka</b>			
		300m	26.98	(26.98)	300m	27.62	(27.62)	
		700m	57.13	(30.15)	700m	58.06	(30.44)	
		1100m	1:29.03	(31.90)	1100m	1:30.31	(32.25)	
		1500m	2:02.50	(33.47)	1500m	2:03.45	(33.14)	

## 12. Result Men (AG30-50) 1500 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	224 Arjan Elferink	M45	22	I	1:59.79	
2	226 Johannes de Groot	M45	22	O	2:01.19	
3	216 Bas van Nispen	M40	20	I	2:01.30	
4	210 Reidar Bohlin Borgersen	M40	21	O	2:01.95	
5	203 André Los	M30	21	I	2:02.22	
6	220 Jeroen Schoppink	M40	18	I	2:02.69	
7	218 Mark Ooijevaar	M40	19	I	2:03.69	
8	212 Pieter-Jorn Gemser	M40	20	O	2:03.97	
9	222 Robert Braam	M45	18	O	2:04.54	
10	238 Gerrit van den Brink	M50	14	I	2:05.02	PB
11	248 Robert Wierts	M50	17	O	2:05.72	
12	233 Michiel Wienese	M45	19	O	2:05.95	
13	217 Jeroen Oeben	M40	13	I	2:06.74	
14	202 Sybe van Hijum	M30	16	I	2:07.01	
15	214 Odd Øystein Langegård	M40	15	O	2:07.34	
16	219 Mark Reiling	M40	16	O	2:07.51	
17	230 Daan Spoelstra	M45	15	I	2:08.11	
18	247 Vincent van Wersch	M50	17	I	2:08.29	
19	215 Marc Nieuwenhuijse	M40	12	I	2:08.59	
20	227 Maarten Quist	M45	14	O	2:08.87	
21	242 Guido Gosselink	M50	11	I	2:09.22	PB
22	207 Andreas Haugerud	M35	11	O	2:10.56	
23	225 Geert Fekken	M45	8	I	2:11.69	
24	208 Vishwaraj R Jadeja	M35	9	I	2:12.61	
	249 Doede Wind	M50	8	O	2:12.61	
26	204 Christiaan Smit	M30	10	O	2:12.88	
27	229 Tijmen Smit	M45	10	I	2:13.25	
28	244 Jasper Knulst	M50	7	I	2:13.71	
29	241 Roberto van Goor	M50	12	O	2:14.04	
30	223 Evert Jan van Dijk	M45	9	O	2:14.44	
31	235 Erol Aksoy	M50	7	O	2:14.51	
32	234 Christiaan Abeelen	M50	6	I	2:15.32	
33	232 Stijn Verhagen	M45	5	I	2:15.99	
34	245 John Ivar Kristensen	M50	3	O	2:17.36	
35	205 Håvard Straumsnes	M30	6	O	2:17.71	
36	240 Patrik Gelin	M50	4	O	2:19.04	PB
37	209 Seppe Lybaert	M35	5	O	2:19.84	
38	243 Martijn Jager	M50	4	I	2:20.58	





# IMSSC 32nd Masters International Allround Games 2024



IJssbaan Twente - Enschede

Pos	Name	Cat	Pair	Lane	Time Info	Points
39	246 Peter van der Vorst	M50	13	O	2:21.09	
40	206 Marvin Zeisberg	M30	2	I	2:24.78	
41	239 Peter Carr	M50	2	O	2:27.01	
42	231 Kunio Tsuyuhara	M45	1	I	2:31.77	
	236 Klas Berlić Fras	M50			WDR	
	201 Marius ten Herkel	M30			WDR	

IJssbaan Twente - Enschede

## 12. Race Result Men (AG30-50) 1500 meter

		Name	Cat	PB	Time Info
1	wt	231 <b>Kunio Tsuyuhara</b>	M45	2:22.86	<b>2:31.77</b>
	rd	236 <b>Klas Berlič Fras</b>	M50	3:38.24	<b>WDR</b>

### Kunio Tsuyuhara

300m	31.73	(31.73)
700m	1:09.41	(37.68)
1100m	1:49.54	(40.13)
1500m	2:31.77	(42.23)

### Klas Berlič Fras

		Name	Cat	PB	Time Info
2	yw	206 <b>Marvin Zeisberg</b>	M30	2:21.92	<b>2:24.78</b>
	bl	239 <b>Peter Carr</b>	M50	2:09.21	<b>2:27.01</b>

### Marvin Zeisberg

300m	31.21	(31.21)
700m	1:06.99	(35.78)
1100m	1:45.02	(38.03)
1500m	2:24.78	(39.76)

### Peter Carr

300m	31.11	(31.11)
700m	1:07.86	(36.75)
1100m	1:46.51	(38.65)
1500m	2:27.01	(40.50)

		Name	Cat	PB	Time Info
3	wt	201 <b>Marius ten Herkel</b>	M30	2:00.80	<b>WDR</b>
	rd	245 <b>John Ivar Kristensen</b>	M50	2:00.34	<b>2:17.36</b>

### Marius ten Herkel

300m		
700m		
1100m		
1500m		

### John Ivar Kristensen

300m	31.15	(31.15)
700m	1:05.16	(34.01)
1100m	1:40.52	(35.36)
1500m	2:17.36	(36.84)

		Name	Cat	PB	Time Info
4	yw	243 <b>Martijn Jager</b>	M50	2:13.19	<b>2:20.58</b>
	bl	240 <b>Patrik Gelin</b>	M50	2:19.87	<b>2:19.04 PB</b>

### Martijn Jager

300m	30.91	(30.91)
700m	1:05.97	(35.06)
1100m	1:42.48	(36.51)
1500m	2:20.58	(38.10)

### Patrik Gelin

300m	32.13	(32.13)
700m	1:07.15	(35.02)
1100m	1:42.90	(35.75)
1500m	2:19.04	(36.14)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
5	wt 232 <b>Stijn Verhagen</b>	M45	2:08.05	<b>2:15.99</b>	
	rd 209 <b>Seppe Lybaert</b>	M35	2:11.07	<b>2:19.84</b>	

### Stijn Verhagen

300m	29.74	(29.74)
700m	1:04.12	(34.38)
1100m	1:39.30	(35.18)
1500m	2:15.99	(36.69)

### Seppe Lybaert

300m	30.51	(30.51)
700m	1:05.66	(35.15)
1100m	1:42.27	(36.61)
1500m	2:19.84	(37.57)

	Name	Cat	PB	Time	Info
6	yw 234 <b>Christiaan Abeelen</b>	M50	2:12.77	<b>2:15.32</b>	
	bl 205 <b>Håvard Straumsnes</b>	M30	2:16.63	<b>2:17.71</b>	

### Christiaan Abeelen

300m	29.79	(29.79)
700m	1:03.58	(33.79)
1100m	1:38.82	(35.24)
1500m	2:15.32	(36.50)

### Håvard Straumsnes

300m	29.33	(29.33)
700m	1:03.49	(34.16)
1100m	1:39.78	(36.29)
1500m	2:17.71	(37.93)

	Name	Cat	PB	Time	Info
7	wt 244 <b>Jasper Knulst</b>	M50	2:11.23	<b>2:13.71</b>	
	rd 235 <b>Erol Aksoy</b>	M50	2:09.76	<b>2:14.51</b>	

### Jasper Knulst

300m	28.76	(28.76)
700m	1:01.73	(32.97)
1100m	1:36.55	(34.82)
1500m	2:13.71	(37.16)

### Erol Aksoy

300m	28.78	(28.78)
700m	1:01.77	(32.99)
1100m	1:37.32	(35.55)
1500m	2:14.51	(37.19)

	Name	Cat	PB	Time	Info
8	yw 225 <b>Geert Fekken</b>	M45	2:08.99	<b>2:11.69</b>	
	bl 249 <b>Doede Wind</b>	M50	2:08.93	<b>2:12.61</b>	

### Geert Fekken

300m	28.56	(28.56)
700m	1:01.97	(33.41)
1100m	1:36.20	(34.23)
1500m	2:11.69	(35.49)

### Doede Wind

300m	29.28	(29.28)
700m	1:02.13	(32.85)
1100m	1:36.56	(34.43)
1500m	2:12.61	(36.05)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
9	wt 208 <b>Vishwaraj R Jadeja</b>	M35	1:57.90	<b>2:12.61</b>	
	rd 223 <b>Evert Jan van Dijk</b>	M45	2:09.93	<b>2:14.44</b>	

### Vishwaraj R Jadeja

300m	28.24	(28.24)
700m	1:01.77	(33.53)
1100m	1:36.51	(34.74)
1500m	2:12.61	(36.10)

### Evert Jan van Dijk

300m	29.31	(29.31)
700m	1:03.13	(33.82)
1100m	1:38.08	(34.95)
1500m	2:14.44	(36.36)

	Name	Cat	PB	Time	Info
10	yw 229 <b>Tijmen Smit</b>	M45	2:11.13	<b>2:13.25</b>	
	bl 204 <b>Christiaan Smit</b>	M30	2:09.78	<b>2:12.88</b>	

### Tijmen Smit

300m	28.27	(28.27)
700m	1:02.00	(33.73)
1100m	1:37.15	(35.15)
1500m	2:13.25	(36.10)

### Christiaan Smit

300m	28.15	(28.15)
700m	1:00.54	(32.39)
1100m	1:35.51	(34.97)
1500m	2:12.88	(37.37)

	Name	Cat	PB	Time	Info
11	wt 242 <b>Guido Gosselink</b>	M50	2:10.29	<b>2:09.22</b>	PB
	rd 207 <b>Andreas Haugerud</b>	M35	2:03.37	<b>2:10.56</b>	

### Guido Gosselink

300m	28.94	(28.94)
700m	1:01.28	(32.34)
1100m	1:34.98	(33.70)
1500m	2:09.22	(34.24)

### Andreas Haugerud

300m	29.13	(29.13)
700m	1:01.61	(32.48)
1100m	1:35.36	(33.75)
1500m	2:10.56	(35.20)

	Name	Cat	PB	Time	Info
12	yw 215 <b>Marc Nieuwenhuijse</b>	M40	2:07.85	<b>2:08.59</b>	
	bl 241 <b>Roberto van Goor</b>	M50	2:04.41	<b>2:14.04</b>	

### Marc Nieuwenhuijse

300m	29.11	(29.11)
700m	1:01.24	(32.13)
1100m	1:34.50	(33.26)
1500m	2:08.59	(34.09)

### Roberto van Goor

300m	28.66	(28.66)
700m	1:01.31	(32.65)
1100m	1:36.43	(35.12)
1500m	2:14.04	(37.61)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
13	wt 217 <b>Jeroen Oeben</b>	M40	1:59.56	<b>2:06.74</b>	
	rd 246 <b>Peter van der Vorst</b>	M50	2:05.73	<b>2:21.09</b>	

### Jeroen Oeben

300m	28.01	(28.01)
700m	58.75	(30.74)
1100m	1:31.61	(32.86)
1500m	2:06.74	(35.13)

### Peter van der Vorst

300m	34.71	(34.71)
700m	1:07.40	(32.69)
1100m	1:43.19	(35.79)
1500m	2:21.09	(37.90)

	Name	Cat	PB	Time	Info
14	yw 238 <b>Gerrit van den Brink</b>	M50	2:06.68	<b>2:05.02</b>	PB
	bl 227 <b>Maarten Quist</b>	M45	2:07.68	<b>2:08.87</b>	

### Gerrit van den Brink

300m	28.93	(28.93)
700m	1:00.10	(31.17)
1100m	1:32.08	(31.98)
1500m	2:05.02	(32.94)

### Maarten Quist

300m	27.89	(27.89)
700m	1:00.22	(32.33)
1100m	1:34.13	(33.91)
1500m	2:08.87	(34.74)

	Name	Cat	PB	Time	Info
15	wt 230 <b>Daan Spoelstra</b>	M45	2:03.63	<b>2:08.11</b>	
	rd 214 <b>Odd Øystein Langegård</b>	M40	1:55.07	<b>2:07.34</b>	

### Daan Spoelstra

300m	28.23	(28.23)
700m	59.84	(31.61)
1100m	1:33.20	(33.36)
1500m	2:08.11	(34.91)

### Odd Øystein Langegård

300m	27.98	(27.98)
700m	59.90	(31.92)
1100m	1:33.23	(33.33)
1500m	2:07.34	(34.11)

	Name	Cat	PB	Time	Info
16	yw 202 <b>Sybe van Hijum</b>	M30	2:05.49	<b>2:07.01</b>	
	bl 219 <b>Mark Reiling</b>	M40	1:59.45	<b>2:07.51</b>	

### Sybe van Hijum

300m	28.35	(28.35)
700m	59.80	(31.45)
1100m	1:32.87	(33.07)
1500m	2:07.01	(34.14)

### Mark Reiling

300m	26.95	(26.95)
700m	58.07	(31.12)
1100m	1:31.18	(33.11)
1500m	2:07.51	(36.33)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
17	wt	247 <b>Vincent van Wersch</b>	M50	2:02.23	<b>2:08.29</b>	
	rd	248 <b>Robert Wierts</b>	M50	2:01.43	<b>2:05.72</b>	
		<b>Vincent van Wersch</b>				<b>Robert Wierts</b>
		300m 27.82 (27.82)		300m 28.50 (28.50)		
		700m 59.52 (31.70)		700m 59.75 (31.25)		
		1100m 1:33.28 (33.76)		1100m 1:32.26 (32.51)		
		1500m 2:08.29 (35.01)		1500m 2:05.72 (33.46)		
<hr/>						
		Name	Cat	PB	Time	Info
18	yw	220 <b>Jeroen Schoppink</b>	M40	1:52.70	<b>2:02.69</b>	
	bl	222 <b>Robert Braam</b>	M45	1:54.01	<b>2:04.54</b>	
		<b>Jeroen Schoppink</b>				<b>Robert Braam</b>
		300m 26.39 (26.39)		300m 27.16 (27.16)		
		700m 56.41 (30.02)		700m 57.96 (30.80)		
		1100m 1:28.38 (31.97)		1100m 1:30.73 (32.77)		
		1500m 2:02.69 (34.31)		1500m 2:04.54 (33.81)		
<hr/>						
		Name	Cat	PB	Time	Info
19	wt	218 <b>Mark Ooijevaar</b>	M40	1:50.34	<b>2:03.69</b>	
	rd	233 <b>Michiel Wienese</b>	M45	1:57.24	<b>2:05.95</b>	
		<b>Mark Ooijevaar</b>				<b>Michiel Wienese</b>
		300m 28.43 (28.43)		300m 27.14 (27.14)		
		700m 58.81 (30.38)		700m 58.06 (30.92)		
		1100m 1:30.53 (31.72)		1100m 1:30.74 (32.68)		
		1500m 2:03.69 (33.16)		1500m 2:05.95 (35.21)		
<hr/>						
		Name	Cat	PB	Time	Info
20	yw	216 <b>Bas van Nispen</b>	M40	1:57.69	<b>2:01.30</b>	
	bl	212 <b>Pieter-Jorn Gemser</b>	M40	2:01.60	<b>2:03.97</b>	
		<b>Bas van Nispen</b>				<b>Pieter-Jorn Gemser</b>
		300m 26.64 (26.64)		300m 27.77 (27.77)		
		700m 56.49 (29.85)		700m 58.77 (31.00)		
		1100m 1:27.84 (31.35)		1100m 1:30.93 (32.16)		
		1500m 2:01.30 (33.46)		1500m 2:03.97 (33.04)		



# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

		Name	Cat	PB	Time	Info
21	wt	203 <b>André Los</b>	M30	1:53.46	<b>2:02.22</b>	
	rd	210 <b>Reidar Bohlin Borgersen</b>	M40	1:52.01	<b>2:01.95</b>	

### André Los

300m	27.17	(27.17)
700m	58.10	(30.93)
1100m	1:29.73	(31.63)
1500m	2:02.22	(32.49)

### Reidar Bohlin Borgersen

300m	27.65	(27.65)
700m	58.76	(31.11)
1100m	1:30.06	(31.30)
1500m	2:01.95	(31.89)

		Name	Cat	PB	Time	Info
22	yw	224 <b>Arjan Elferink</b>	M45	1:55.96	<b>1:59.79</b>	
	bl	226 <b>Johannes de Groot</b>	M45	1:51.65	<b>2:01.19</b>	

### Arjan Elferink

300m	26.61	(26.61)
700m	56.51	(29.90)
1100m	1:27.58	(31.07)
1500m	1:59.79	(32.21)

### Johannes de Groot

300m	26.46	(26.46)
700m	56.76	(30.30)
1100m	1:28.46	(31.70)
1500m	2:01.19	(32.73)

IJsbaan Twente - Enschede

## 13. Result Women (AG30-65+) 3000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	18 Eva Riemersma - van Rheenen	L40	22	O	4:51.30		
2	8 Imke Hüser	L35	25	O	4:52.70		
3	15 Imme Kampen	L40	21	O	4:55.69		
4	4 Kim Leliveld	L30	28	I	4:57.07		
5	17 Suzanne Mulder	L40	21	I	4:59.14		
6	16 Mijke Anne Kanneworff	L40	22	I	4:59.29		
7	7 Claudia Henckel	L35	26	O	4:59.38		
8	10 Mettie de Vegt	L35	25	I	5:00.77		
9	19 Tineke Schukken	L40	20	O	5:01.03	PB	
10	11 Marloes Westerhof	L35	26	I	5:01.22		
11	24 Anke Jannie Landman	L45	19	I	5:03.15		
12	21 Janette de Groot-Bron	L45	18	I	5:07.18		
13	22 Chantal Herms	L45	19	O	5:09.05		
14	40 Kaska Rogulska	L55	13	I	5:09.34		
15	13 Rianne Gerritsen	L40	20	I	5:10.77		
16	6 Esther Bouman	L35	23	I	5:12.07		
17	39 Karolin Palmertz-Cerne	L55	10	I	5:14.94		
18	2 Antoinet van Essen-Prins	L30	27	I	5:15.10		
19	49 Ciska Stark	L60	9	O	5:16.35		
20	5 Joanne Splethof	L30	28	O	5:18.11	PB	
21	29 Natalie Rodrigue-Hasselback	L50	17	O	5:18.19	PB	
22	41 Gerdien Verweij	L55	13	O	5:18.84		
23	31 Yvonne Simis	L50	16	O	5:23.34		
24	35 Henriëtte Goede	L55	12	I	5:24.38		
25	44 Mariska van Haaften- van den Bosch	L60	7	I	5:26.72		
26	55 Lettie Zwanenburg	L65	5	I	5:26.90		
27	34 Irma Woud	L50	16	I	5:27.11		
28	30 Manon Scholte	L50	15	I	5:27.15		
29	9 Evelien van der Kist	L35	24	O	5:29.35		
30	46 Marianne de Neeling	L60	8	I	5:29.87		
31	52 Guylaine Larouche	L65	5	O	5:29.95		
32	12 Cherise Wilkins	L35	24	I	5:30.64		
33	27 Wendy van der Ham	L50	14	I	5:31.85		
34	23 Monica Holth	L45	18	O	5:32.69	PB	
35	33 Anna Van der Stok	L50	15	O	5:32.82		
36	38 Katrin Leschner	L55	12	O	5:33.36		
37	54 Ute Zillmann	L65	4	I	5:39.23		
38	45 Astrid Janssen	L60	8	O	5:40.62		





# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

Pos	Name	Cat	Pair	Lane	Time Info	Points
39	53 Carolien van Rees	L65	3	I	5:45.39	
40	56 Barb Johnson	L70	2	O	5:47.46	
41	50 Kate Stewart	L60	6	I	5:52.05 PB	
42	3 Julie Gehring	L30	27	O	5:53.74	
43	51 Barbara Heerschop	L65	4	O	5:55.10	
44	28 Evelyn Mein-Klok	L50	14	O	5:55.41	
45	37 Trine Landsem	L55	11	O	5:55.73	
46	48 Anita Smit-Groot	L60	7	O	5:57.28	
47	60 Thea Kroontje	L75	1	I	5:58.76	
48	47 Ingunn Sandø	L60	10	O	6:04.68	
49	43 Kathy Feinberg	L60	6	O	6:06.08	
50	58 Joke Wittenberg	L70	3	O	6:13.11	
51	26 Necole Zayatz	L45	17	I	6:48.48	
52	59 Joanna Walters	L75	1	O	8:23.33	
	57 Judith Smouter	L70	2	I	DQ	
	42 Monique Boerema	L60	9	I	DQ	
	36 Marlies de Jong	L55	11	I	DQ	

IJssbaan Twente - Enschede

## 13. Race Result Women (AG30-65+) 3000 meter

		Name	Cat	PB	Time Info
1	wt	60 <b>Thea Kroontje</b>	L75	4:48.14	<b>5:58.76</b>
	rd	59 <b>Joanna Walters</b>	L75	6:02.73	<b>8:23.33</b>

### Thea Kroontje

200m	29.25	(29.25)
600m	1:15.52	(46.27)
1000m	2:01.84	(46.32)
1400m	2:48.38	(46.54)
1800m	3:35.76	(47.38)
2200m	4:23.44	(47.68)
2600m	5:11.12	(47.68)
3000m	5:58.76	(47.64)

### Joanna Walters

200m	33.64	(33.64)
600m	1:34.20	(60.56)
1000m	2:39.27	(65.07)
1400m	3:46.16	(66.89)
1800m	4:54.18	(68.02)
2200m	6:04.29	(70.11)
2600m	7:14.13	(69.84)
3000m	8:23.33	(69.20)

		Name	Cat	PB	Time Info
2	yw	57 <b>Judith Smouter</b>	L70	5:36.96	<b>DQ</b>
	bl	56 <b>Barb Johnson</b>	L70	5:14.51	<b>5:47.46</b>

### Judith Smouter

200m	25.35	(25.35)
600m	1:12.09	(46.74)

### Barb Johnson

200m	25.22	(25.22)
600m	1:06.58	(41.36)
1000m	1:51.88	(45.30)
1400m	2:39.36	(47.48)
1800m	3:26.65	(47.29)
2200m	4:14.38	(47.73)
2600m	5:01.27	(46.89)
3000m	5:47.46	(46.19)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time Info
3	wt	53 <b>Carolien van Rees</b>	L65	5:34.29	<b>5:45.39</b>
	rd	58 <b>Joke Wittenberg</b>	L70	5:15.80	<b>6:13.11</b>

### Carolien van Rees

200m	26.72	(26.72)
600m	1:09.68	(42.96)
1000m	1:55.67	(45.99)
1400m	2:41.96	(46.29)
1800m	3:27.55	(45.59)
2200m	4:13.41	(45.86)
2600m	4:59.78	(46.37)
3000m	5:45.39	(45.61)

### Joke Wittenberg

200m	29.44	(29.44)
600m	1:16.66	(47.22)
1000m	2:05.46	(48.80)
1400m	2:55.14	(49.68)
1800m	3:44.96	(49.82)
2200m	4:34.40	(49.44)
2600m	5:23.85	(49.45)
3000m	6:13.11	(49.26)

		Name	Cat	PB	Time Info
4	yw	54 <b>Ute Zillmann</b>	L65	4:48.92	<b>5:39.23</b>
	bl	51 <b>Barbara Heerschop</b>	L65	5:01.56	<b>5:55.10</b>

### Ute Zillmann

200m	26.98	(26.98)
600m	1:10.04	(43.06)
1000m	1:54.01	(43.97)
1400m	2:39.14	(45.13)
1800m	3:24.69	(45.55)
2200m	4:09.85	(45.16)
2600m	4:55.03	(45.18)
3000m	5:39.23	(44.20)

### Barbara Heerschop

200m	26.90	(26.90)
600m	1:10.93	(44.03)
1000m	1:56.57	(45.64)
1400m	2:43.54	(46.97)
1800m	3:31.85	(48.31)
2200m	4:19.91	(48.06)
2600m	5:07.74	(47.83)
3000m	5:55.10	(47.36)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time Info
5	wt	55 <b>Lettie Zwanenburg</b>	L65	4:55.58	<b>5:26.90</b>
	rd	52 <b>Guylaine Larouche</b>	L65	5:12.04	<b>5:29.95</b>

### Lettie Zwanenburg

200m	25.20	(25.20)
600m	1:04.63	(39.43)
1000m	1:45.65	(41.02)
1400m	2:28.84	(43.19)
1800m	3:11.91	(43.07)
2200m	3:56.19	(44.28)
2600m	4:41.51	(45.32)
3000m	5:26.90	(45.39)

### Guylaine Larouche

200m	25.32	(25.32)
600m	1:04.44	(39.12)
1000m	1:46.23	(41.79)
1400m	2:28.94	(42.71)
1800m	3:12.78	(43.84)
2200m	3:57.58	(44.80)
2600m	4:43.10	(45.52)
3000m	5:29.95	(46.85)

		Name	Cat	PB	Time Info
6	yw	50 <b>Kate Stewart</b>	L60	5:52.95	<b>5:52.05</b> PB
	bl	43 <b>Kathy Feinberg</b>	L60	5:28.32	<b>6:06.08</b>

### Kate Stewart

200m	26.02	(26.02)
600m	1:09.34	(43.32)
1000m	1:54.75	(45.41)
1400m	2:41.25	(46.50)
1800m	3:28.43	(47.18)
2200m	4:16.16	(47.73)
2600m	5:03.69	(47.53)
3000m	5:52.05	(48.36)

### Kathy Feinberg

200m	28.41	(28.41)
600m	1:12.57	(44.16)
1000m	1:59.38	(46.81)
1400m	2:48.24	(48.86)
1800m	3:37.41	(49.17)
2200m	4:26.80	(49.39)
2600m	5:16.59	(49.79)
3000m	6:06.08	(49.49)

## IJsbaan Twente - Enschede

	Name	Cat	PB	Time	Info
7	wt 44 <b>Mariska van Haften- van den Bosch</b>	L60	5:07.75	<b>5:26.72</b>	
	rd 48 <b>Anita Smit-Groot</b>	L60	5:08.76	<b>5:57.28</b>	
<b>Mariska van Haften- van den Bosch</b>			<b>Anita Smit-Groot</b>		
	200m	24.94 (24.94)	200m	26.13 (26.13)	
	600m	1:06.00 (41.06)	600m	1:08.22 (42.09)	
	1000m	1:48.63 (42.63)	1000m	1:52.12 (43.90)	
	1400m	2:31.54 (42.91)	1400m	2:37.60 (45.48)	
	1800m	3:14.56 (43.02)	1800m	3:25.03 (47.43)	
	2200m	3:58.27 (43.71)	2200m	4:15.11 (50.08)	
	2600m	4:42.77 (44.50)	2600m	5:05.99 (50.88)	
	3000m	5:26.72 (43.95)	3000m	5:57.28 (51.29)	

	Name	Cat	PB	Time	Info
8	yw 46 <b>Marianne de Neeling</b>	L60	4:54.93	<b>5:29.87</b>	
	bl 45 <b>Astrid Janssen</b>	L60	5:10.52	<b>5:40.62</b>	
<b>Marianne de Neeling</b>			<b>Astrid Janssen</b>		
	200m	25.86 (25.86)	200m	25.63 (25.63)	
	600m	1:06.21 (40.35)	600m	1:07.34 (41.71)	
	1000m	1:48.60 (42.39)	1000m	1:52.02 (44.68)	
	1400m	2:32.65 (44.05)	1400m	2:37.61 (45.59)	
	1800m	3:17.10 (44.45)	1800m	3:23.19 (45.58)	
	2200m	4:02.06 (44.96)	2200m	4:08.95 (45.76)	
	2600m	4:46.48 (44.42)	2600m	4:54.45 (45.50)	
	3000m	5:29.87 (43.39)	3000m	5:40.62 (46.17)	



# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

		Name	Cat	PB	Time Info
9	wt	42 <b>Monique Boerema</b>	L60	4:41.48	<b>DQ</b>
	rd	49 <b>Ciska Stark</b>	L60	5:01.04	<b>5:16.35</b>

### Monique Boerema

### Ciska Stark

200m	24.76	(24.76)
600m	1:03.33	(38.57)
1000m	1:43.94	(40.61)
1400m	2:25.34	(41.40)
1800m	3:08.22	(42.88)
2200m	3:51.25	(43.03)
2600m	4:34.28	(43.03)
3000m	5:16.35	(42.07)

		Name	Cat	PB	Time Info
10	yw	39 <b>Karolin Palmertz-Cerne</b>	L55	4:47.99	<b>5:14.94</b>
	bl	47 <b>Ingunn Sandø</b>	L60	5:14.30	<b>6:04.68</b>

### Karolin Palmertz-Cerne

### Ingunn Sandø

200m	24.44	(24.44)	200m	28.37	(28.37)
600m	1:03.91	(39.47)	600m	1:14.58	(46.21)
1000m	1:45.26	(41.35)	1000m	2:02.52	(47.94)
1400m	2:26.90	(41.64)	1400m	2:51.24	(48.72)
1800m	3:08.71	(41.81)	1800m	3:39.14	(47.90)
2200m	3:51.01	(42.30)	2200m	4:27.38	(48.24)
2600m	4:33.51	(42.50)	2600m	5:16.10	(48.72)
3000m	5:14.94	(41.43)	3000m	6:04.68	(48.58)



# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

		Name	Cat	PB	Time Info
11	wt	36 <b>Marlies de Jong</b>	L55	5:00.69	<b>DQ</b>
	rd	37 <b>Trine Landsem</b>	L55	5:42.62	<b>5:55.73</b>

### Marlies de Jong

### Trine Landsem

200m	28.06	(28.06)
600m	1:11.41	(43.35)
1000m	1:56.96	(45.55)
1400m	2:43.83	(46.87)
1800m	3:31.14	(47.31)
2200m	4:18.63	(47.49)
2600m	5:06.82	(48.19)
3000m	5:55.73	(48.91)

		Name	Cat	PB	Time Info
12	yw	35 <b>Henriëtte Goede</b>	L55	4:46.59	<b>5:24.38</b>
	bl	38 <b>Katrin Leschner</b>	L55	5:19.50	<b>5:33.36</b>

### Henriëtte Goede

### Katrin Leschner

200m	24.88	(24.88)	200m	25.27	(25.27)
600m	1:05.05	(40.17)	600m	1:05.74	(40.47)
1000m	1:46.02	(40.97)	1000m	1:49.55	(43.81)
1400m	2:28.22	(42.20)	1400m	2:34.50	(44.95)
1800m	3:11.39	(43.17)	1800m	3:19.59	(45.09)
2200m	3:55.41	(44.02)	2200m	4:04.29	(44.70)
2600m	4:39.67	(44.26)	2600m	4:49.06	(44.77)
3000m	5:24.38	(44.71)	3000m	5:33.36	(44.30)

## IJsbaan Twente - Enschede

		Name	Cat	PB	Time Info
13	wt	40 <b>Kaska Rogulska</b>	L55	4:35.62	<b>5:09.34</b>
	rd	41 <b>Gerdien Verweij</b>	L55	4:40.84	<b>5:18.84</b>

### Kaska Rogulska

200m	22.78	(22.78)
600m	59.11	(36.33)
1000m	1:37.76	(38.65)
1400m	2:17.64	(39.88)
1800m	2:58.87	(41.23)
2200m	3:41.75	(42.88)
2600m	4:25.10	(43.35)
3000m	5:09.34	(44.24)

### Gerdien Verweij

200m	23.18	(23.18)
600m	1:02.13	(38.95)
1000m	1:43.74	(41.61)
1400m	2:26.78	(43.04)
1800m	3:09.88	(43.10)
2200m	3:53.18	(43.30)
2600m	4:36.23	(43.05)
3000m	5:18.84	(42.61)

		Name	Cat	PB	Time Info
14	yw	27 <b>Wendy van der Ham</b>	L50	5:19.09	<b>5:31.85</b>
	bl	28 <b>Evelyn Mein-Klok</b>	L50	5:38.69	<b>5:55.41</b>

### Wendy van der Ham

200m	23.46	(23.46)
600m	1:03.06	(39.60)
1000m	1:46.24	(43.18)
1400m	2:31.01	(44.77)
1800m	3:16.25	(45.24)
2200m	4:01.38	(45.13)
2600m	4:46.82	(45.44)
3000m	5:31.85	(45.03)

### Evelyn Mein-Klok

200m	26.72	(26.72)
600m	1:09.75	(43.03)
1000m	1:55.58	(45.83)
1400m	2:41.66	(46.08)
1800m	3:28.65	(46.99)
2200m	4:16.90	(48.25)
2600m	5:05.56	(48.66)
3000m	5:55.41	(49.85)



## IJssbaan Twente - Enschede

		Name	Cat	PB	Time Info
15	wt	30 <b>Manon Scholte</b>	L50	5:06.20	<b>5:27.15</b>
	rd	33 <b>Anna Van der Stok</b>	L50	5:22.37	<b>5:32.82</b>

### Manon Scholte

200m	24.52	(24.52)
600m	1:03.85	(39.33)
1000m	1:44.57	(40.72)
1400m	2:27.30	(42.73)
1800m	3:11.40	(44.10)
2200m	3:56.42	(45.02)
2600m	4:41.61	(45.19)
3000m	5:27.15	(45.54)

### Anna Van der Stok

200m	24.78	(24.78)
600m	1:04.79	(40.01)
1000m	1:47.02	(42.23)
1400m	2:30.94	(43.92)
1800m	3:16.00	(45.06)
2200m	4:01.59	(45.59)
2600m	4:47.13	(45.54)
3000m	5:32.82	(45.69)

		Name	Cat	PB	Time Info
16	yw	34 <b>Irma Woud</b>	L50	4:45.43	<b>5:27.11</b>
	bl	31 <b>Yvonne Simis</b>	L50	4:52.62	<b>5:23.34</b>

### Irma Woud

200m	23.53	(23.53)
600m	1:03.70	(40.17)
1000m	1:45.83	(42.13)
1400m	2:29.24	(43.41)
1800m	3:13.04	(43.80)
2200m	3:57.38	(44.34)
2600m	4:42.03	(44.65)
3000m	5:27.11	(45.08)

### Yvonne Simis

200m	24.34	(24.34)
600m	1:03.66	(39.32)
1000m	1:45.34	(41.68)
1400m	2:27.61	(42.27)
1800m	3:11.01	(43.40)
2200m	3:54.66	(43.65)
2600m	4:38.68	(44.02)
3000m	5:23.34	(44.66)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
17	wt	26 <b>Necole Zayatz</b>	L45	6:02.33	<b>6:48.48</b>	
	rd	29 <b>Natalie Rodrigue-Hasselback</b>	L50	5:23.73	<b>5:18.19</b>	PB
		<b>Necole Zayatz</b>			<b>Natalie Rodrigue-Hasselback</b>	
		200m	27.75 (27.75)	200m	23.92 (23.92)	
		600m	1:13.69 (45.94)	600m	1:02.69 (38.77)	
		1000m	2:21.39 (67.70)	1000m	1:43.19 (40.50)	
		1400m	3:14.28 (52.89)	1400m	2:25.10 (41.91)	
		1800m	4:06.87 (52.59)	1800m	3:07.64 (42.54)	
		2200m	4:59.59 (52.72)	2200m	3:51.37 (43.73)	
		2600m	5:53.50 (53.91)	2600m	4:35.12 (43.75)	
		3000m	6:48.48 (54.98)	3000m	5:18.19 (43.07)	

		Name	Cat	PB	Time	Info
18	yw	21 <b>Janette de Groot-Bron</b>	L45	4:53.12	<b>5:07.18</b>	
	bl	23 <b>Monica Holth</b>	L45	5:40.08	<b>5:32.69</b>	PB
		<b>Janette de Groot-Bron</b>			<b>Monica Holth</b>	
		200m	23.50 (23.50)	200m	26.55 (26.55)	
		600m	1:01.73 (38.23)	600m	1:07.91 (41.36)	
		1000m	1:41.06 (39.33)	1000m	1:50.90 (42.99)	
		1400m	2:21.73 (40.67)	1400m	2:35.02 (44.12)	
		1800m	3:02.79 (41.06)	1800m	3:19.50 (44.48)	
		2200m	3:44.24 (41.45)	2200m	4:04.39 (44.89)	
		2600m	4:25.59 (41.35)	2600m	4:48.89 (44.50)	
		3000m	5:07.18 (41.59)	3000m	5:32.69 (43.80)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time Info
19	wt	24 <b>Anke Jannie Landman</b>	L45	4:41.22	<b>5:03.15</b>
	rd	22 <b>Chantal Herms</b>	L45	5:00.90	<b>5:09.05</b>

### Anke Jannie Landman

200m	21.83	(21.83)
600m	59.03	(37.20)
1000m	1:38.17	(39.14)
1400m	2:18.80	(40.63)
1800m	3:00.02	(41.22)
2200m	3:41.19	(41.17)
2600m	4:22.06	(40.87)
3000m	5:03.15	(41.09)

### Chantal Herms

200m	23.07	(23.07)
600m	1:00.09	(37.02)
1000m	1:40.23	(40.14)
1400m	2:21.03	(40.80)
1800m	3:02.70	(41.67)
2200m	3:44.29	(41.59)
2600m	4:26.54	(42.25)
3000m	5:09.05	(42.51)

		Name	Cat	PB	Time Info
20	yw	13 <b>Rianne Gerritsen</b>	L40	5:05.46	<b>5:10.77</b>
	bl	19 <b>Tineke Schukken</b>	L40	5:02.10	<b>5:01.03</b> PB

### Rianne Gerritsen

200m	23.88	(23.88)
600m	1:01.44	(37.56)
1000m	1:40.71	(39.27)
1400m	2:21.62	(40.91)
1800m	3:03.32	(41.70)
2200m	3:45.53	(42.21)
2600m	4:28.04	(42.51)
3000m	5:10.77	(42.73)

### Tineke Schukken

200m	23.73	(23.73)
600m	1:00.25	(36.52)
1000m	1:38.71	(38.46)
1400m	2:18.72	(40.01)
1800m	2:59.11	(40.39)
2200m	3:39.69	(40.58)
2600m	4:20.56	(40.87)
3000m	5:01.03	(40.47)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time Info
21	wt	17 <b>Suzanne Mulder</b>	L40	4:36.73	<b>4:59.14</b>
	rd	15 <b>Imme Kampen</b>	L40	4:39.57	<b>4:55.69</b>

### Suzanne Mulder

200m	22.78	(22.78)
600m	58.25	(35.47)
1000m	1:34.75	(36.50)
1400m	2:12.54	(37.79)
1800m	2:51.38	(38.84)
2200m	3:31.91	(40.53)
2600m	4:14.17	(42.26)
3000m	4:59.14	(44.97)

### Imme Kampen

200m	23.14	(23.14)
600m	58.42	(35.28)
1000m	1:35.53	(37.11)
1400m	2:14.44	(38.91)
1800m	2:54.06	(39.62)
2200m	3:34.43	(40.37)
2600m	4:15.08	(40.65)
3000m	4:55.69	(40.61)

		Name	Cat	PB	Time Info
22	yw	16 <b>Mijke Anne Kannevorff</b>	L40	4:44.01	<b>4:59.29</b>
	bl	18 <b>Eva Riemersma - van Rheenen</b>	L40	4:42.79	<b>4:51.30</b>

### Mijke Anne Kannevorff

200m	21.06	(21.06)
600m	55.39	(34.33)
1000m	1:32.43	(37.04)
1400m	2:11.88	(39.45)
1800m	2:52.79	(40.91)
2200m	3:35.06	(42.27)
2600m	4:16.68	(41.62)
3000m	4:59.29	(42.61)

### Eva Riemersma - van Rheenen

200m	22.16	(22.16)
600m	55.67	(33.51)
1000m	1:31.34	(35.67)
1400m	2:09.30	(37.96)
1800m	2:48.60	(39.30)
2200m	3:29.01	(40.41)
2600m	4:10.19	(41.18)
3000m	4:51.30	(41.11)

## IJsbaan Twente - Enschede

	Name	Cat	PB	Time Info
23	wt rd	6 <b>Esther Bouman</b>	L35	4:46.41 <b>5:12.07</b>

### Esther Bouman

200m	24.27	(24.27)	m
600m	1:01.93	(37.66)	
1000m	1:41.77	(39.84)	
1400m	2:22.99	(41.22)	
1800m	3:05.21	(42.22)	
2200m	3:47.52	(42.31)	
2600m	4:29.75	(42.23)	
3000m	5:12.07	(42.32)	

	Name	Cat	PB	Time Info
24	yw	12 <b>Cherise Wilkins</b>	L35	5:16.87 <b>5:30.64</b>
	bl	9 <b>Evelien van der Kist</b>	L35	4:59.72 <b>5:29.35</b>

### Cherise Wilkins

200m	23.18	(23.18)
600m	1:01.88	(38.70)
1000m	1:43.38	(41.50)
1400m	2:27.01	(43.63)
1800m	3:12.19	(45.18)
2200m	3:58.01	(45.82)
2600m	4:44.42	(46.41)
3000m	5:30.64	(46.22)

### Evelien van der Kist

200m	23.59	(23.59)
600m	1:04.28	(40.69)
1000m	1:47.19	(42.91)
1400m	2:31.28	(44.09)
1800m	3:15.90	(44.62)
2200m	4:00.69	(44.79)
2600m	4:45.39	(44.70)
3000m	5:29.35	(43.96)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info	
25	wt	10 <b>Mettie de Vegt</b>	L35	4:41.14	<b>5:00.77</b>		
	rd	8 <b>Imke Hüser</b>	L35	4:36.02	<b>4:52.70</b>		
		<b>Mettie de Vegt</b>			<b>Imke Hüser</b>		
		200m	21.77 (21.77)	200m	21.95 (21.95)		
		600m	56.39 (34.62)	600m	58.12 (36.17)		
		1000m	1:32.67 (36.28)	1000m	1:36.40 (38.28)		
		1400m	2:10.46 (37.79)	1400m	2:15.33 (38.93)		
		1800m	2:50.33 (39.87)	1800m	2:54.90 (39.57)		
		2200m	3:32.70 (42.37)	2200m	3:34.59 (39.69)		
		2600m	4:15.62 (42.92)	2600m	4:14.07 (39.48)		
		3000m	5:00.77 (45.15)	3000m	4:52.70 (38.63)		

		Name	Cat	PB	Time	Info	
26	yw	11 <b>Marloes Westerhof</b>	L35	4:43.44	<b>5:01.22</b>		
	bl	7 <b>Claudia Henckel</b>	L35	4:58.14	<b>4:59.38</b>		
		<b>Marloes Westerhof</b>			<b>Claudia Henckel</b>		
		200m	21.67 (21.67)	200m	21.56 (21.56)		
		600m	58.07 (36.40)	600m	56.88 (35.32)		
		1000m	1:36.85 (38.78)	1000m	1:35.56 (38.68)		
		1400m	2:17.35 (40.50)	1400m	2:16.04 (40.48)		
		1800m	2:58.50 (41.15)	1800m	2:57.06 (41.02)		
		2200m	3:39.39 (40.89)	2200m	3:38.55 (41.49)		
		2600m	4:20.57 (41.18)	2600m	4:19.65 (41.10)		
		3000m	5:01.22 (40.65)	3000m	4:59.38 (39.73)		

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info	
27	wt	2 <b>Antoinet van Essen-Prins</b>	L30	5:00.18	<b>5:15.10</b>		
	rd	3 <b>Julie Gehring</b>	L30	5:53.34	<b>5:53.74</b>		
		<b>Antoinet van Essen-Prins</b>			<b>Julie Gehring</b>		
		200m	22.93 (22.93)	200m	26.56 (26.56)		
		600m	1:01.00 (38.07)	600m	1:10.21 (43.65)		
		1000m	1:41.86 (40.86)	1000m	1:55.01 (44.80)		
		1400m	2:23.38 (41.52)	1400m	2:41.17 (46.16)		
		1800m	3:05.57 (42.19)	1800m	3:28.78 (47.61)		
		2200m	3:48.42 (42.85)	2200m	4:16.55 (47.77)		
		2600m	4:31.80 (43.38)	2600m	5:04.75 (48.20)		
		3000m	5:15.10 (43.30)	3000m	5:53.74 (48.99)		

		Name	Cat	PB	Time	Info	
28	yw	4 <b>Kim Leliveld</b>	L30	4:48.15	<b>4:57.07</b>		
	bl	5 <b>Joanne Spliethof</b>	L30	5:18.14	<b>5:18.11</b>	PB	
		<b>Kim Leliveld</b>			<b>Joanne Spliethof</b>		
		200m	22.37 (22.37)	200m	22.32 (22.32)		
		600m	58.38 (36.01)	600m	1:00.67 (38.35)		
		1000m	1:36.69 (38.31)	1000m	1:41.59 (40.92)		
		1400m	2:16.16 (39.47)	1400m	2:23.52 (41.93)		
		1800m	2:55.74 (39.58)	1800m	3:06.04 (42.52)		
		2200m	3:35.79 (40.05)	2200m	3:49.30 (43.26)		
		2600m	4:16.75 (40.96)	2600m	4:32.89 (43.59)		
		3000m	4:57.07 (40.32)	3000m	5:18.11 (45.22)		

## 14. Result Men (AG65+) 3000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	110 Harm Smit	M65	19	I	4:49.64	
2	107 Jan Mein	M65	20	I	4:53.02	
3	112 Rennie Verloop	M65	20	O	4:56.56	
4	123 Ab Nederlof	M70	12	I	4:58.10	
5	118 Geir Hestad	M70	12	O	5:00.22	
6	106 Kees Langeveld	M65	18	I	5:00.48	
7	125 Erik Vea	M70	11	I	5:03.61	
8	124 Piet Siemonsma	M70	13	O	5:03.93	
9	114 Peter Weiss	M65	18	O	5:05.38	
10	113 Mircea Vranceanu	M65	19	O	5:08.28	
11	105 Olav Langeland	M65	14	O	5:10.63	
12	108 Johan Metting-van Rijn	M65	16	I	5:11.07	
13	102 Jann van Benthem	M65	17	O	5:15.01	
14	131 Leo Schoenmeijer	M75	7	I	5:20.96	
15	104 Aleksandr Kistenjov	M65	17	I	5:22.20	
16	130 Vince Morris	M75	8	I	5:22.33	
17	122 Reinhold Marsollek	M70	11	O	5:24.15	
18	134 Onar Westerheim	M75	8	O	5:24.52	
19	103 Erwin Henskes	M65	15	I	5:24.54	
20	133 Harald Westerheim	M75	5	O	5:31.38	
21	120 Jaap van Kouterik	M70	10	I	5:31.78	
22	127 Pieter den Dunnen	M75	7	O	5:36.16	
23	117 Michael Henning	M70	9	I	5:37.52	
24	101 Hans-Peter Ambass	M65	16	O	5:39.99	
25	115 Twan den Braber	M70	10	O	5:41.20	
26	119 Thomas Hoekstra	M70	9	O	5:45.30	
27	128 Magnar Langvik	M75	6	I	5:47.71	
28	136 Pentti Kiiskinen	M80	4	I	5:55.37	
29	111 Per Gunnar Stensvaag	M65	15	O	5:55.51	
30	129 Bauke Meijer	M75	6	O	5:57.36	
31	139 Nico Woldendorp	M80	4	O	5:59.49	
32	141 Ronald Johnston	M85	1	I	6:09.34	
33	126 Jan Boelen	M75	5	I	6:10.20	
34	109 Mark Nolan	M65	14	I	6:17.10	
35	135 David Butteriss	M80	3	I	6:52.33	
36	137 Zwier Selles	M80	3	O	7:07.10	
37	140 Arne Kjell Foldvik	M85	1	O	9:26.58	
	116 Valerij Grebenkov	M70	13	I	DQ	



IJssbaan Twente - Enschede

## 14. Race Result Men (AG65+) 3000 meter

	Name	Cat	PB	Time	Info
1	wt 141 <b>Ronald Johnston</b>	M85	4:44.93	<b>6:09.34</b>	
	rd 140 <b>Arne Kjell Foldvik</b>	M85	4:54.57	<b>9:26.58</b>	
	<b>Ronald Johnston</b>				<b>Arne Kjell Foldvik</b>
	200m 27.65 (27.65)		200m 42.67 (42.67)		
	600m 1:14.33 (46.68)		600m 1:58.08 (75.41)		
	1000m 2:03.01 (48.68)		1000m 3:15.37 (77.29)		
	1400m 2:51.78 (48.77)		1400m 4:33.19 (77.82)		
	1800m 3:41.76 (49.98)		1800m 5:49.39 (76.20)		
	2200m 4:30.85 (49.09)		2200m 7:04.82 (75.43)		
	2600m 5:20.95 (50.10)		2600m 8:17.61 (72.79)		
	3000m 6:09.34 (48.39)		3000m 9:26.58 (68.97)		

	Name	Cat	PB	Time	Info
2	yw				
	bl				
	m				m

	Name	Cat	PB	Time	Info
3	wt 135 <b>David Butteriss</b>	M80	5:49.60	<b>6:52.33</b>	
	rd 137 <b>Zwier Selles</b>	M80	4:48.20	<b>7:07.10</b>	
	<b>David Butteriss</b>				<b>Zwier Selles</b>
	200m 30.38 (30.38)		200m 30.62 (30.62)		
	600m 1:20.14 (49.76)		600m 1:21.36 (50.74)		
	1000m 2:11.56 (51.42)		1000m 2:14.87 (53.51)		
	1400m 3:04.86 (53.30)		1400m 3:11.46 (56.59)		
	1800m 4:00.14 (55.28)		1800m 4:09.13 (57.67)		
	2200m 4:56.36 (56.22)		2200m 5:07.61 (58.48)		
	2600m 5:53.85 (57.49)		2600m 6:07.21 (59.60)		
	3000m 6:52.33 (58.48)		3000m 7:07.10 (59.89)		

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time Info
4	yw	136 Pentti Kiiskinen	M80	4:51.60	<b>5:55.37</b>
	bl	139 Nico Woldendorp	M80	4:51.16	<b>5:59.49</b>

### Pentti Kiiskinen

200m	27.80	(27.80)
600m	1:13.51	(45.71)
1000m	1:58.62	(45.11)
1400m	2:45.53	(46.91)
1800m	3:33.47	(47.94)
2200m	4:21.71	(48.24)
2600m	5:08.67	(46.96)
3000m	5:55.37	(46.70)

### Nico Woldendorp

200m	27.57	(27.57)
600m	1:11.47	(43.90)
1000m	1:58.04	(46.57)
1400m	2:45.24	(47.20)
1800m	3:33.04	(47.80)
2200m	4:21.69	(48.65)
2600m	5:11.06	(49.37)
3000m	5:59.49	(48.43)

		Name	Cat	PB	Time Info
5	wt	126 Jan Boelen	M75	4:42.80	<b>6:10.20</b>
	rd	133 Harald Westerheim	M75	4:47.95	<b>5:31.38</b>

### Jan Boelen

200m	26.83	(26.83)
600m	1:12.32	(45.49)
1000m	2:00.36	(48.04)
1400m	2:48.34	(47.98)
1800m	3:38.28	(49.94)
2200m	4:28.67	(50.39)
2600m	5:20.24	(51.57)
3000m	6:10.20	(49.96)

### Harald Westerheim

200m	26.98	(26.98)
600m	1:08.91	(41.93)
1000m	1:51.96	(43.05)
1400m	2:34.87	(42.91)
1800m	3:18.44	(43.57)
2200m	4:02.51	(44.07)
2600m	4:46.97	(44.46)
3000m	5:31.38	(44.41)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
6	yw 128 <b>Magnar Langvik</b>	M75	5:01.59	<b>5:47.71</b>	
	bl 129 <b>Bauke Meijer</b>	M75	4:51.37	<b>5:57.36</b>	
<b>Magnar Langvik</b>			<b>Bauke Meijer</b>		
	200m	26.77 (26.77)	200m	27.61 (27.61)	
	600m	1:12.72 (45.95)	600m	1:14.12 (46.51)	
	1000m	1:58.04 (45.32)	1000m	2:00.96 (46.84)	
	1400m	2:43.01 (44.97)	1400m	2:47.82 (46.86)	
	1800m	3:28.69 (45.68)	1800m	3:34.96 (47.14)	
	2200m	4:14.79 (46.10)	2200m	4:22.74 (47.78)	
	2600m	5:01.05 (46.26)	2600m	5:10.94 (48.20)	
	3000m	5:47.71 (46.66)	3000m	5:57.36 (46.42)	

	Name	Cat	PB	Time	Info
7	wt 131 <b>Leo Schoenmeijer</b>	M75	4:50.70	<b>5:20.96</b>	
	rd 127 <b>Pieter den Dunnen</b>	M75	4:33.24	<b>5:36.16</b>	
<b>Leo Schoenmeijer</b>			<b>Pieter den Dunnen</b>		
	200m	25.82 (25.82)	200m	27.50 (27.50)	
	600m	1:06.82 (41.00)	600m	1:10.46 (42.96)	
	1000m	1:48.61 (41.79)	1000m	1:54.27 (43.81)	
	1400m	2:31.29 (42.68)	1400m	2:38.27 (44.00)	
	1800m	3:13.82 (42.53)	1800m	3:22.88 (44.61)	
	2200m	3:56.37 (42.55)	2200m	4:07.19 (44.31)	
	2600m	4:38.93 (42.56)	2600m	4:51.28 (44.09)	
	3000m	5:20.96 (42.03)	3000m	5:36.16 (44.88)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time Info
8	yw	130 <b>Vince Morris</b>	M75	4:44.38	<b>5:22.33</b>
	bl	134 <b>Onar Westerheim</b>	M75	4:34.93	<b>5:24.52</b>

### Vince Morris

200m	25.39	(25.39)
600m	1:06.28	(40.89)
1000m	1:48.29	(42.01)
1400m	2:32.16	(43.87)
1800m	3:14.79	(42.63)
2200m	3:57.74	(42.95)
2600m	4:40.83	(43.09)
3000m	5:22.33	(41.50)

### Onar Westerheim

200m	25.33	(25.33)
600m	1:06.69	(41.36)
1000m	1:49.36	(42.67)
1400m	2:31.96	(42.60)
1800m	3:15.33	(43.37)
2200m	3:58.50	(43.17)
2600m	4:41.58	(43.08)
3000m	5:24.52	(42.94)

		Name	Cat	PB	Time Info
9	wt	117 <b>Michael Henning</b>	M70	5:03.68	<b>5:37.52</b>
	rd	119 <b>Thomas Hoekstra</b>	M70	4:42.79	<b>5:45.30</b>

### Michael Henning

200m	26.90	(26.90)
600m	1:09.13	(42.23)
1000m	1:52.20	(43.07)
1400m	2:36.36	(44.16)
1800m	3:20.69	(44.33)
2200m	4:05.76	(45.07)
2600m	4:51.94	(46.18)
3000m	5:37.52	(45.58)

### Thomas Hoekstra

200m	25.99	(25.99)
600m	1:07.87	(41.88)
1000m	1:52.01	(44.14)
1400m	2:36.97	(44.96)
1800m	3:22.67	(45.70)
2200m	4:09.56	(46.89)
2600m	4:56.92	(47.36)
3000m	5:45.30	(48.38)

## IJsbaan Twente - Enschede

		Name		Cat		PB	Time	Info
10	yw	120	<b>Jaap van Kouterik</b>		M70	4:38.80	<b>5:31.78</b>	
	bl	115	<b>Twan den Braber</b>		M70	4:21.38	<b>5:41.20</b>	
<b>Jaap van Kouterik</b>				<b>Twan den Braber</b>				
		200m	25.98	(25.98)	200m	27.72	(27.72)	
		600m	1:07.39	(41.41)	600m	1:12.35	(44.63)	
		1000m	1:50.03	(42.64)	1000m	1:58.51	(46.16)	
		1400m	2:33.67	(43.64)	1400m	2:44.40	(45.89)	
		1800m	3:17.94	(44.27)	1800m	3:29.94	(45.54)	
		2200m	4:01.54	(43.60)	2200m	4:15.73	(45.79)	
		2600m	4:46.52	(44.98)	2600m	4:59.61	(43.88)	
		3000m	5:31.78	(45.26)	3000m	5:41.20	(41.59)	

		Name		Cat		PB	Time	Info
11	wt	125	<b>Erik Vea</b>		M70	4:12.40	<b>5:03.61</b>	
	rd	122	<b>Reinhold Marsollek</b>		M70	4:36.74	<b>5:24.15</b>	
<b>Erik Vea</b>				<b>Reinhold Marsollek</b>				
		200m	24.22	(24.22)	200m	24.62	(24.62)	
		600m	1:02.34	(38.12)	600m	1:05.33	(40.71)	
		1000m	1:41.40	(39.06)	1000m	1:46.30	(40.97)	
		1400m	2:21.03	(39.63)	1400m	2:28.74	(42.44)	
		1800m	3:01.28	(40.25)	1800m	3:11.92	(43.18)	
		2200m	3:41.77	(40.49)	2200m	3:55.78	(43.86)	
		2600m	4:22.78	(41.01)	2600m	4:40.41	(44.63)	
		3000m	5:03.61	(40.83)	3000m	5:24.15	(43.74)	

## IJsbaan Twente - Enschede

		Name		Cat		PB	Time	Info
12	yw	123	<b>Ab Nederlof</b>		M70	4:56.70	<b>4:58.10</b>	
	bl	118	<b>Geir Hestad</b>		M70	4:15.35	<b>5:00.22</b>	
				<b>Ab Nederlof</b>				
					<b>Geir Hestad</b>			
		200m	23.83	(23.83)	200m		23.82	(23.82)
		600m	1:00.81	(36.98)	600m		1:00.89	(37.07)
		1000m	1:38.68	(37.87)	1000m		1:39.07	(38.18)
		1400m	2:17.69	(39.01)	1400m		2:18.07	(39.00)
		1800m	2:57.18	(39.49)	1800m		2:57.48	(39.41)
		2200m	3:36.90	(39.72)	2200m		3:37.44	(39.96)
		2600m	4:17.12	(40.22)	2600m		4:18.38	(40.94)
		3000m	4:58.10	(40.98)	3000m		5:00.22	(41.84)

		Name		Cat		PB	Time	Info
13	wt	116	<b>Valerij Grebenkov</b>		M70	4:32.50	<b>DQ</b>	
	rd	124	<b>Piet Siemonsma</b>		M70	4:26.35	<b>5:03.93</b>	
				<b>Valerij Grebenkov</b>				
					<b>Piet Siemonsma</b>			
		200m	23.94	(23.94)	200m		23.94	(23.94)
		600m	1:03.77	(39.83)	600m		1:03.77	(39.83)
		1000m	1:43.62	(39.85)	1000m		1:43.62	(39.85)
		1400m	2:23.55	(39.93)	1400m		2:23.55	(39.93)
		1800m	3:03.50	(39.95)	1800m		3:03.50	(39.95)
		2200m	3:43.53	(40.03)	2200m		3:43.53	(40.03)
		2600m	4:23.61	(40.08)	2600m		4:23.61	(40.08)
		3000m	5:03.93	(40.32)	3000m		5:03.93	(40.32)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time Info
14	yw	109 <b>Mark Nolan</b>	M65	5:45.98	<b>6:17.10</b>
	bl	105 <b>Olav Langeland</b>	M65	4:34.04	<b>5:10.63</b>

### Mark Nolan

200m	27.25	(27.25)
600m	1:10.67	(43.42)
1000m	1:57.56	(46.89)
1400m	2:45.84	(48.28)
1800m	3:35.93	(50.09)
2200m	4:29.35	(53.42)
2600m	5:22.90	(53.55)
3000m	6:17.10	(54.20)

### Olav Langeland

200m	25.93	(25.93)
600m	1:05.43	(39.50)
1000m	1:46.31	(40.88)
1400m	2:27.09	(40.78)
1800m	3:08.23	(41.14)
2200m	3:49.06	(40.83)
2600m	4:29.62	(40.56)
3000m	5:10.63	(41.01)

		Name	Cat	PB	Time Info
15	wt	103 <b>Erwin Henskes</b>	M65	4:52.09	<b>5:24.54</b>
	rd	111 <b>Per Gunnar Stensvaag</b>	M65	4:36.72	<b>5:55.51</b>

### Erwin Henskes

200m	26.54	(26.54)
600m	1:07.93	(41.39)
1000m	1:49.63	(41.70)
1400m	2:32.57	(42.94)
1800m	3:15.74	(43.17)
2200m	3:58.87	(43.13)
2600m	4:42.36	(43.49)
3000m	5:24.54	(42.18)

### Per Gunnar Stensvaag

200m	26.40	(26.40)
600m	1:11.54	(45.14)
1000m	1:58.95	(47.41)
1400m	2:46.78	(47.83)
1800m	3:34.53	(47.75)
2200m	4:22.14	(47.61)
2600m	5:10.30	(48.16)
3000m	5:55.51	(45.21)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
16	yw	108 <b>Johan Metting-van Rijn</b>	M65	4:30.85	<b>5:11.07</b>	
	bl	101 <b>Hans-Peter Ambass</b>	M65	4:53.00	<b>5:39.99</b>	
<b>Johan Metting-van Rijn</b>			<b>Hans-Peter Ambass</b>			
		200m	24.47 (24.47)	200m	24.81 (24.81)	
		600m	1:03.93 (39.46)	600m	1:06.57 (41.76)	
		1000m	1:44.56 (40.63)	1000m	1:49.38 (42.81)	
		1400m	2:25.27 (40.71)	1400m	2:33.73 (44.35)	
		1800m	3:06.06 (40.79)	1800m	3:19.32 (45.59)	
		2200m	3:47.56 (41.50)	2200m	4:06.11 (46.79)	
		2600m	4:29.36 (41.80)	2600m	4:53.37 (47.26)	
		3000m	5:11.07 (41.71)	3000m	5:39.99 (46.62)	

		Name	Cat	PB	Time	Info
17	wt	104 <b>Aleksandr Kistenjov</b>	M65	4:28.00	<b>5:22.20</b>	
	rd	102 <b>Jann van Benthem</b>	M65	4:31.91	<b>5:15.01</b>	
<b>Aleksandr Kistenjov</b>			<b>Jann van Benthem</b>			
		200m	25.23 (25.23)	200m	25.11 (25.11)	
		600m	1:06.54 (41.31)	600m	1:05.18 (40.07)	
		1000m	1:48.71 (42.17)	1000m	1:45.68 (40.50)	
		1400m	2:31.01 (42.30)	1400m	2:25.56 (39.88)	
		1800m	3:13.90 (42.89)	1800m	3:05.76 (40.20)	
		2200m	3:56.88 (42.98)	2200m	3:47.45 (41.69)	
		2600m	4:39.22 (42.34)	2600m	4:30.72 (43.27)	
		3000m	5:22.20 (42.98)	3000m	5:15.01 (44.29)	



## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
18	yw	106 <b>Kees Langeveld</b>	M65	4:30.83	<b>5:00.48</b>	
	bl	114 <b>Peter Weiss</b>	M65	4:54.01	<b>5:05.38</b>	
<b>Kees Langeveld</b>			<b>Peter Weiss</b>			
		200m	23.87 (23.87)	200m	23.79 (23.79)	
		600m	1:01.54 (37.67)	600m	1:01.51 (37.72)	
		1000m	1:40.15 (38.61)	1000m	1:40.89 (39.38)	
		1400m	2:20.10 (39.95)	1400m	2:20.96 (40.07)	
		1800m	3:00.22 (40.12)	1800m	3:01.58 (40.62)	
		2200m	3:40.44 (40.22)	2200m	3:42.50 (40.92)	
		2600m	4:20.72 (40.28)	2600m	4:23.84 (41.34)	
		3000m	5:00.48 (39.76)	3000m	5:05.38 (41.54)	

		Name	Cat	PB	Time	Info
19	wt	110 <b>Harm Smit</b>	M65	4:22.36	<b>4:49.64</b>	
	rd	113 <b>Mircea Vranceanu</b>	M65	4:23.84	<b>5:08.28</b>	
<b>Harm Smit</b>			<b>Mircea Vranceanu</b>			
		200m	23.21 (23.21)	200m	23.52 (23.52)	
		600m	58.25 (35.04)	600m	59.45 (35.93)	
		1000m	1:34.50 (36.25)	1000m	1:37.50 (38.05)	
		1400m	2:12.22 (37.72)	1400m	2:17.43 (39.93)	
		1800m	2:50.02 (37.80)	1800m	2:58.09 (40.66)	
		2200m	3:28.86 (38.84)	2200m	3:39.86 (41.77)	
		2600m	4:08.84 (39.98)	2600m	4:23.04 (43.18)	
		3000m	4:49.64 (40.80)	3000m	5:08.28 (45.24)	



# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

	Name	Cat	PB	Time	Info
20	yw 107 <b>Jan Mein</b>	M65	4:27.70	<b>4:53.02</b>	
	bl 112 <b>Rennie Verloop</b>	M65	4:41.75	<b>4:56.56</b>	

### Jan Mein

200m	22.35	(22.35)
600m	58.19	(35.84)
1000m	1:35.13	(36.94)
1400m	2:13.88	(38.75)
1800m	2:53.41	(39.53)
2200m	3:32.78	(39.37)
2600m	4:12.60	(39.82)
3000m	4:53.02	(40.42)

### Rennie Verloop

200m	22.79	(22.79)
600m	57.56	(34.77)
1000m	1:34.06	(36.50)
1400m	2:12.04	(37.98)
1800m	2:51.44	(39.40)
2200m	3:32.00	(40.56)
2600m	4:13.67	(41.67)
3000m	4:56.56	(42.89)



# IMSSC 32nd Masters International Allround Games 2024



IJsbaan Twente - Enschede

## 15. Result Men (AG55-60) 5000 meter

Pos	Name	Cat	Pair	Lane	Time Info	Points
1	161 Tjard Kopka	M55	20	O	7:22.33	
2	165 Kurt van de Nes	M55	18	O	7:24.70 PB	
3	175 Arjan Bakker	M60	8	I	7:28.07	
4	162 Joost van Leenders	M55	18	I	7:39.83 PB	
5	170 Rene van Bernum	M55	20	I	7:44.97	
6	167 Paul Robijn	M55	19	I	7:52.79	
7	156 Hans van der Does	M55	17	I	7:58.04	
8	181 Giel Hermans	M60	8	O	7:58.10	
9	188 Gerard Snel	M60	6	I	8:01.06	
10	173 Danny Witkamp	M55	17	O	8:02.87	
11	159 Bart Groot	M55	16	O	8:10.47	
12	177 Johan Cerne	M60	4	I	8:11.46	
13	150 Scott Anderson	M55	11	I	8:11.89	
14	155 Richard van den Broek	M55	15	O	8:12.74 PB	
15	166 Geir Nettet	M55	16	I	8:13.41	
16	191 Henk van Walderveen	M60	5	I	8:14.84 PB	
17	171 Frans Verhoeve	M55	19	O	8:18.76	
18	189 Jim Verdurmen	M60	5	O	8:20.11	
19	183 Roland ten Klooster	M60	7	I	8:24.37	
20	172 Johan Vikhals	M55	14	I	8:25.42	
21	176 Gert-Jan Braas	M60	6	O	8:27.56 PB	
22	185 Chris van der Plaats	M60	7	O	8:27.68	
23	186 Marco Roos	M60	3	O	8:28.08	
24	154 Øystein Borgersen	M55	13	O	8:32.39	
25	168 Henk Roelfsema	M55	14	O	8:33.74	
26	187 Thomas Rumpf	M60	2	I	8:40.07	
27	174 Bruce Anderson	M60	3	I	8:48.63	
28	164 Octavian Moga	M55	10	O	8:55.26	
29	152 Rudie Assink	M55	12	I	8:57.03	
30	192 Stephan Haeisen	M55	11	O	8:59.50	
31	153 Aart van Beuzekom	M55	13	I	9:04.02	
32	182 Hans-Gerd Heyne	M60	1	I	9:08.33	
33	158 Sören Grimmer	M55	10	I	9:11.50 PB	
34	178 Jonathan Furminger	M60	1	O	9:27.86 PB	
35	184 René Koning	M60	2	O	9:52.69	
36	169 David Smith	M55	9	O	10:22.26	
	180 Martin Haire	M60	4	O	DNF	
	151 Eskil Andersson	M55	9	I	DQ	



# IMSSC 32nd Masters International Allround Games 2024



IJsbaan Twente - Enschede

Pos	Name	Cat	Pair	Lane	Time Info	Points
157	Aleksandr Gavrilov	M55	12	0	DNS	
163	Ed de Looze	M55			WDR	

## 15. Race Result Men (AG55-60) 5000 meter

		Name	Cat	PB	Time	Info
1	wt	182 <b>Hans-Gerd Heyne</b>	M60	8:15.76	<b>9:08.33</b>	
	rd	178 <b>Jonathan Furminger</b>	M60	10:05.17	<b>9:27.86</b>	PB
<b>Hans-Gerd Heyne</b>			<b>Jonathan Furminger</b>			
		200m	27.95 (27.95)	200m	25.81 (25.81)	
		600m	1:13.58 (45.63)	600m	1:09.36 (43.55)	
		1000m	1:58.67 (45.09)	1000m	1:54.15 (44.79)	
		1400m	2:43.20 (44.53)	1400m	2:38.92 (44.77)	
		1800m	3:26.83 (43.63)	1800m	3:23.74 (44.82)	
		2200m	4:08.95 (42.12)	2200m	4:07.90 (44.16)	
		2600m	4:51.22 (42.27)	2600m	4:52.26 (44.36)	
		3000m	5:33.40 (42.18)	3000m	5:38.44 (46.18)	
		3400m	6:15.76 (42.36)	3400m	6:23.97 (45.53)	
		3800m	6:58.23 (42.47)	3800m	7:10.05 (46.08)	
		4200m	7:41.72 (43.49)	4200m	7:56.03 (45.98)	
		4600m	8:24.96 (43.24)	4600m	8:41.93 (45.90)	
		5000m	9:08.33 (43.37)	5000m	9:27.86 (45.93)	

		Name	Cat	PB	Time	Info
2	yw	187 <b>Thomas Rumpf</b>	M60	8:13.24	<b>8:40.07</b>	
	bl	184 <b>René Koning</b>	M60		<b>9:52.69</b>	
<b>Thomas Rumpf</b>			<b>René Koning</b>			
		200m	23.62 (23.62)	200m	26.93 (26.93)	
		600m	1:02.54 (38.92)	600m	1:12.20 (45.27)	
		1000m	1:43.42 (40.88)	1000m	1:57.43 (45.23)	
		1400m	2:24.48 (41.06)	1400m	2:41.28 (43.85)	
		1800m	3:05.31 (40.83)	1800m	3:25.67 (44.39)	
		2200m	3:46.83 (41.52)	2200m	4:10.42 (44.75)	
		2600m	4:28.66 (41.83)	2600m	4:55.89 (45.47)	
		3000m	5:10.79 (42.13)	3000m	5:46.16 (50.27)	
		3400m	5:52.55 (41.76)	3400m	6:37.20 (51.04)	
		3800m	6:34.49 (41.94)	3800m	7:26.75 (49.55)	
		4200m	7:16.56 (42.07)	4200m	8:15.86 (49.11)	
		4600m	7:59.01 (42.45)	4600m	9:05.68 (49.82)	
		5000m	8:40.07 (41.06)	5000m	9:52.69 (47.01)	

## IJsbaan Twente - Enschede

	Name	Cat	PB	Time	Info
3	wt 174 <b>Bruce Anderson</b>	M60	7:55.68	<b>8:48.63</b>	
	rd 186 <b>Marco Roos</b>	M60	7:58.68	<b>8:28.08</b>	
<b>Bruce Anderson</b>			<b>Marco Roos</b>		
	200m	24.22 (24.22)	200m	24.33 (24.33)	
	600m	1:02.82 (38.60)	600m	1:02.83 (38.50)	
	1000m	1:42.94 (40.12)	1000m	1:42.50 (39.67)	
	1400m	2:23.62 (40.68)	1400m	2:22.17 (39.67)	
	1800m	3:05.86 (42.24)	1800m	3:01.55 (39.38)	
	2200m	3:48.42 (42.56)	2200m	3:41.26 (39.71)	
	2600m	4:31.52 (43.10)	2600m	4:21.49 (40.23)	
	3000m	5:14.54 (43.02)	3000m	5:01.73 (40.24)	
	3400m	5:56.72 (42.18)	3400m	5:42.40 (40.67)	
	3800m	6:39.29 (42.57)	3800m	6:23.69 (41.29)	
	4200m	7:22.56 (43.27)	4200m	7:04.74 (41.05)	
	4600m	8:05.52 (42.96)	4600m	7:46.54 (41.80)	
	5000m	8:48.63 (43.11)	5000m	8:28.08 (41.54)	

	Name	Cat	PB	Time	Info
4	yw 177 <b>Johan Cerne</b>	M60	7:48.77	<b>8:11.46</b>	
	bl 180 <b>Martin Haire</b>	M60	7:06.03	<b>DNF</b>	
<b>Johan Cerne</b>			<b>Martin Haire</b>		
	200m	23.56 (23.56)	200m	24.79 (24.79)	
	600m	1:00.57 (37.01)	600m	1:03.59 (38.80)	
	1000m	1:39.00 (38.43)	1000m	1:43.98 (40.39)	
	1400m	2:17.81 (38.81)			
	1800m	2:56.72 (38.91)			
	2200m	3:36.28 (39.56)			
	2600m	4:15.54 (39.26)			
	3000m	4:54.46 (38.92)			
	3400m	5:33.95 (39.49)			
	3800m	6:13.87 (39.92)			
	4200m	6:53.71 (39.84)			
	4600m	7:32.74 (39.03)			
	5000m	8:11.46 (38.72)			

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
5	wt 191 <b>Henk van Walderveen</b>	M60	8:16.53	<b>8:14.84</b>	PB
	rd 189 <b>Jim Verdurmen</b>	M60	7:21.08	<b>8:20.11</b>	

  

Henk van Walderveen			Jim Verdurmen		
200m	23.79	(23.79)	200m	24.35	(24.35)
600m	1:01.89	(38.10)	600m	1:02.52	(38.17)
1000m	1:40.71	(38.82)	1000m	1:41.14	(38.62)
1400m	2:19.86	(39.15)	1400m	2:19.90	(38.76)
1800m	2:58.97	(39.11)	1800m	2:59.22	(39.32)
2200m	3:38.23	(39.26)	2200m	3:38.35	(39.13)
2600m	4:17.49	(39.26)	2600m	4:17.70	(39.35)
3000m	4:56.98	(39.49)	3000m	4:57.39	(39.69)
3400m	5:36.45	(39.47)	3400m	5:37.52	(40.13)
3800m	6:15.96	(39.51)	3800m	6:17.92	(40.40)
4200m	6:55.95	(39.99)	4200m	6:58.53	(40.61)
4600m	7:35.48	(39.53)	4600m	7:39.16	(40.63)
5000m	8:14.84	(39.36)	5000m	8:20.11	(40.95)

	Name	Cat	PB	Time	Info
6	yw 188 <b>Gerard Snel</b>	M60	7:26.48	<b>8:01.06</b>	
	bl 176 <b>Gert-Jan Braas</b>	M60	8:30.71	<b>8:27.56</b>	PB

  

Gerard Snel			Gert-Jan Braas		
200m	22.33	(22.33)	200m	22.95	(22.95)
600m	59.65	(37.32)	600m	59.67	(36.72)
1000m	1:37.73	(38.08)	1000m	1:39.03	(39.36)
1400m	2:16.59	(38.86)	1400m	2:19.33	(40.30)
1800m	2:55.46	(38.87)	1800m	3:00.10	(40.77)
2200m	3:34.13	(38.67)	2200m	3:41.26	(41.16)
2600m	4:12.61	(38.48)	2600m	4:22.74	(41.48)
3000m	4:50.95	(38.34)	3000m	5:03.42	(40.68)
3400m	5:29.35	(38.40)	3400m	5:43.77	(40.35)
3800m	6:07.36	(38.01)	3800m	6:24.44	(40.67)
4200m	6:45.42	(38.06)	4200m	7:05.86	(41.42)
4600m	7:23.59	(38.17)	4600m	7:46.99	(41.13)
5000m	8:01.06	(37.47)	5000m	8:27.56	(40.57)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
7	wt 183 <b>Roland ten Klooster</b>	M60	8:10.70	<b>8:24.37</b>	
	rd 185 <b>Chris van der Plaats</b>	M60	7:50.60	<b>8:27.68</b>	

  

Roland ten Klooster			Chris van der Plaats		
200m	22.77	(22.77)	200m	22.81	(22.81)
600m	1:00.27	(37.50)	600m	1:00.08	(37.27)
1000m	1:40.07	(39.80)	1000m	1:40.12	(40.04)
1400m	2:19.95	(39.88)	1400m	2:20.00	(39.88)
1800m	2:59.13	(39.18)	1800m	3:00.17	(40.17)
2200m	3:38.50	(39.37)	2200m	3:39.97	(39.80)
2600m	4:17.62	(39.12)	2600m	4:20.59	(40.62)
3000m	4:57.19	(39.57)	3000m	5:01.46	(40.87)
3400m	5:37.64	(40.45)	3400m	5:42.38	(40.92)
3800m	6:18.80	(41.16)	3800m	6:23.67	(41.29)
4200m	7:00.61	(41.81)	4200m	7:04.85	(41.18)
4600m	7:42.98	(42.37)	4600m	7:46.40	(41.55)
5000m	8:24.37	(41.39)	5000m	8:27.68	(41.28)

	Name	Cat	PB	Time	Info
8	yw 175 <b>Arjan Bakker</b>	M60	7:02.49	<b>7:28.07</b>	
	bl 181 <b>Giel Hermans</b>	M60	7:55.58	<b>7:58.10</b>	

  

Arjan Bakker			Giel Hermans		
200m	22.42	(22.42)	200m	22.66	(22.66)
600m	57.10	(34.68)	600m	58.89	(36.23)
1000m	1:32.08	(34.98)	1000m	1:36.41	(37.52)
1400m	2:07.30	(35.22)	1400m	2:14.15	(37.74)
1800m	2:42.56	(35.26)	1800m	2:52.26	(38.11)
2200m	3:17.85	(35.29)	2200m	3:30.16	(37.90)
2600m	3:53.62	(35.77)	2600m	4:08.02	(37.86)
3000m	4:29.09	(35.47)	3000m	4:46.31	(38.29)
3400m	5:05.07	(35.98)	3400m	5:24.52	(38.21)
3800m	5:40.79	(35.72)	3800m	6:02.61	(38.09)
4200m	6:16.66	(35.87)	4200m	6:40.69	(38.08)
4600m	6:52.42	(35.76)	4600m	7:19.18	(38.49)
5000m	7:28.07	(35.65)	5000m	7:58.10	(38.92)





# IMSSC 32nd Masters International Allround Games 2024



## IJsbaan Twente - Enschede

	Name	Cat	PB	Time	Info
9	wt 151 <b>Eskil Andersson</b>	M55	8:49.62		<b>DQ</b>
	rd 169 <b>David Smith</b>	M55	9:25.42		<b>10:22.26</b>

  

Eskil Andersson			David Smith		
200m	27.59	(27.59)	200m	27.59	(27.59)
600m	1:14.08	(46.49)	600m	1:14.08	(46.49)
1000m	2:01.94	(47.86)	1000m	2:01.94	(47.86)
1400m	2:50.87	(48.93)	1400m	2:50.87	(48.93)
1800m	3:39.32	(48.45)	1800m	3:39.32	(48.45)
2200m	4:28.41	(49.09)	2200m	4:28.41	(49.09)
2600m	5:18.46	(50.05)	2600m	5:18.46	(50.05)
3000m	6:09.20	(50.74)	3000m	6:09.20	(50.74)
3400m	7:00.16	(50.96)	3400m	7:00.16	(50.96)
3800m	7:51.42	(51.26)	3800m	7:51.42	(51.26)
4200m	8:42.16	(50.74)	4200m	8:42.16	(50.74)
4600m	9:33.51	(51.35)	4600m	9:33.51	(51.35)
5000m	10:22.26	(48.75)	5000m	10:22.26	(48.75)

	Name	Cat	PB	Time	Info
10	yw 158 <b>Sören Grimmer</b>	M55	9:14.21		<b>9:11.50</b> PB
	bl 164 <b>Octavian Moga</b>	M55	7:58.31		<b>8:55.26</b>

  

Sören Grimmer			Octavian Moga		
200m	25.26	(25.26)	200m	25.18	(25.18)
600m	1:06.91	(41.65)	600m	1:06.67	(41.49)
1000m	1:49.58	(42.67)	1000m	1:49.01	(42.34)
1400m	2:32.62	(43.04)	1400m	2:30.99	(41.98)
1800m	3:16.50	(43.88)	1800m	3:13.64	(42.65)
2200m	3:59.97	(43.47)	2200m	3:56.42	(42.78)
2600m	4:44.65	(44.68)	2600m	4:38.81	(42.39)
3000m	5:29.06	(44.41)	3000m	5:21.49	(42.68)
3400m	6:13.81	(44.75)	3400m	6:04.07	(42.58)
3800m	6:58.55	(44.74)	3800m	6:46.87	(42.80)
4200m	7:42.73	(44.18)	4200m	7:29.75	(42.88)
4600m	8:27.01	(44.28)	4600m	8:12.68	(42.93)
5000m	9:11.50	(44.49)	5000m	8:55.26	(42.58)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
11	wt	150 <b>Scott Anderson</b>	M55	7:25.30	<b>8:11.89</b>	
	rd	192 <b>Stephan Hau Eisen</b>	M55	7:27.39	<b>8:59.50</b>	
<b>Scott Anderson</b>			<b>Stephan Hau Eisen</b>			
		200m	25.03 (25.03)	200m	23.77 (23.77)	
		600m	1:03.35 (38.32)	600m	1:01.10 (37.33)	
		1000m	1:41.49 (38.14)	1000m	1:40.41 (39.31)	
		1400m	2:19.94 (38.45)	1400m	2:20.92 (40.51)	
		1800m	2:58.43 (38.49)	1800m	3:01.96 (41.04)	
		2200m	3:36.70 (38.27)	2200m	3:44.56 (42.60)	
		2600m	4:15.59 (38.89)	2600m	4:28.32 (43.76)	
		3000m	4:55.06 (39.47)	3000m	5:12.40 (44.08)	
		3400m	5:34.57 (39.51)	3400m	5:57.38 (44.98)	
		3800m	6:14.09 (39.52)	3800m	6:42.87 (45.49)	
		4200m	6:53.65 (39.56)	4200m	7:29.36 (46.49)	
		4600m	7:32.64 (38.99)	4600m	8:14.55 (45.19)	
		5000m	8:11.89 (39.25)	5000m	8:59.50 (44.95)	

		Name	Cat	PB	Time	Info
12	yw	152 <b>Rudie Assink</b>	M55	8:42.74	<b>8:57.03</b>	
	bl	157 <b>Aleksandr Gavrilov</b>	M55	7:52.11	<b>DNS</b>	
<b>Rudie Assink</b>			<b>Aleksandr Gavrilov</b>			
		200m	23.62 (23.62)			
		600m	1:02.25 (38.63)			
		1000m	1:43.63 (41.38)			
		1400m	2:25.99 (42.36)			
		1800m	3:08.19 (42.20)			
		2200m	3:50.31 (42.12)			
		2600m	4:33.03 (42.72)			
		3000m	5:16.34 (43.31)			
		3400m	5:59.80 (43.46)			
		3800m	6:43.51 (43.71)			
		4200m	7:27.73 (44.22)			
		4600m	8:12.46 (44.73)			
		5000m	8:57.03 (44.57)			

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
13	wt 153 <b>Aart van Beuzekom</b>	M55	8:33.36	<b>9:04.02</b>	
	rd 154 <b>Øystein Borgersen</b>	M55	8:28.31	<b>8:32.39</b>	
<b>Aart van Beuzekom</b>			<b>Øystein Borgersen</b>		
	200m	25.13 (25.13)	200m	24.09 (24.09)	
	600m	1:07.39 (42.26)	600m	1:03.59 (39.50)	
	1000m	1:50.35 (42.96)	1000m	1:44.45 (40.86)	
	1400m	2:34.00 (43.65)	1400m	2:25.36 (40.91)	
	1800m	3:17.54 (43.54)	1800m	3:06.06 (40.70)	
	2200m	4:00.71 (43.17)	2200m	3:46.85 (40.79)	
	2600m	4:42.96 (42.25)	2600m	4:27.49 (40.64)	
	3000m	5:26.73 (43.77)	3000m	5:08.45 (40.96)	
	3400m	6:10.83 (44.10)	3400m	5:49.36 (40.91)	
	3800m	6:54.64 (43.81)	3800m	6:30.25 (40.89)	
	4200m	7:38.77 (44.13)	4200m	7:11.03 (40.78)	
	4600m	8:22.93 (44.16)	4600m	7:51.93 (40.90)	
	5000m	9:04.02 (41.09)	5000m	8:32.39 (40.46)	

	Name	Cat	PB	Time	Info
14	yw 172 <b>Johan Vikhals</b>	M55	8:16.95	<b>8:25.42</b>	
	bl 168 <b>Henk Roelfsema</b>	M55		<b>8:33.74</b>	
<b>Johan Vikhals</b>			<b>Henk Roelfsema</b>		
	200m	23.90 (23.90)	200m	23.08 (23.08)	
	600m	1:01.83 (37.93)	600m	1:01.21 (38.13)	
	1000m	1:41.18 (39.35)	1000m	1:41.23 (40.02)	
	1400m	2:21.39 (40.21)	1400m	2:21.99 (40.76)	
	1800m	3:00.79 (39.40)	1800m	3:03.15 (41.16)	
	2200m	3:40.65 (39.86)	2200m	3:44.41 (41.26)	
	2600m	4:20.74 (40.09)	2600m	4:25.69 (41.28)	
	3000m	5:00.93 (40.19)	3000m	5:07.22 (41.53)	
	3400m	5:40.98 (40.05)	3400m	5:48.45 (41.23)	
	3800m	6:21.48 (40.50)	3800m	6:30.31 (41.86)	
	4200m	7:02.75 (41.27)	4200m	7:11.91 (41.60)	
	4600m	7:44.22 (41.47)	4600m	7:53.46 (41.55)	
	5000m	8:25.42 (41.20)	5000m	8:33.74 (40.28)	



# IMSSC 32nd Masters International Allround Games 2024



## IJssbaan Twente - Enschede

	Name	Cat	PB	Time Info
15	wt 163 <b>Ed de Looze</b>	M55	7:42.48	<b>WDR</b>
	rd 155 <b>Richard van den Broek</b>	M55	8:13.88	<b>8:12.74</b> PB

### Ed de Looze

### Richard van den Broek

200m	23.41	(23.41)
600m	1:00.71	(37.30)
1000m	1:39.25	(38.54)
1400m	2:18.69	(39.44)
1800m	2:57.86	(39.17)
2200m	3:37.00	(39.14)
2600m	4:16.05	(39.05)
3000m	4:55.31	(39.26)
3400m	5:34.48	(39.17)
3800m	6:13.75	(39.27)
4200m	6:53.17	(39.42)
4600m	7:32.93	(39.76)
5000m	8:12.74	(39.81)

	Name	Cat	PB	Time Info
16	yw 166 <b>Geir Nettet</b>	M55	7:51.06	<b>8:13.41</b>
	bl 159 <b>Bart Groot</b>	M55	7:48.70	<b>8:10.47</b>

### Geir Nettet

### Bart Groot

200m	22.88	(22.88)	200m	22.90	(22.90)
600m	59.81	(36.93)	600m	1:01.86	(38.96)
1000m	1:38.52	(38.71)	1000m	1:41.07	(39.21)
1400m	2:17.75	(39.23)	1400m	2:19.34	(38.27)
1800m	2:56.59	(38.84)	1800m	2:57.61	(38.27)
2200m	3:35.58	(38.99)	2200m	3:35.92	(38.31)
2600m	4:14.47	(38.89)	2600m	4:14.70	(38.78)
3000m	4:53.81	(39.34)	3000m	4:53.64	(38.94)
3400m	5:32.99	(39.18)	3400m	5:32.69	(39.05)
3800m	6:12.66	(39.67)	3800m	6:11.74	(39.05)
4200m	6:52.73	(40.07)	4200m	6:50.23	(38.49)
4600m	7:33.22	(40.49)	4600m	7:29.51	(39.28)
5000m	8:13.41	(40.19)	5000m	8:10.47	(40.96)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
17	wt	156 <b>Hans van der Does</b>	M55	7:22.71	<b>7:58.04</b>	
	rd	173 <b>Danny Witkamp</b>	M55	7:16.99	<b>8:02.87</b>	
		<b>Hans van der Does</b>			<b>Danny Witkamp</b>	
		200m	22.55 (22.55)	200m	23.78 (23.78)	
		600m	59.76 (37.21)	600m	1:02.29 (38.51)	
		1000m	1:38.20 (38.44)	1000m	1:41.52 (39.23)	
		1400m	2:15.91 (37.71)	1400m	2:20.17 (38.65)	
		1800m	2:53.89 (37.98)	1800m	2:58.30 (38.13)	
		2200m	3:31.85 (37.96)	2200m	3:36.42 (38.12)	
		2600m	4:09.80 (37.95)	2600m	4:13.81 (37.39)	
		3000m	4:47.83 (38.03)	3000m	4:51.70 (37.89)	
		3400m	5:25.58 (37.75)	3400m	5:29.31 (37.61)	
		3800m	6:03.39 (37.81)	3800m	6:07.48 (38.17)	
		4200m	6:41.39 (38.00)	4200m	6:45.70 (38.22)	
		4600m	7:19.90 (38.51)	4600m	7:24.15 (38.45)	
		5000m	7:58.04 (38.14)	5000m	8:02.87 (38.72)	

		Name	Cat	PB	Time	Info
18	yw	162 <b>Joost van Leenders</b>	M55	7:40.80	<b>7:39.83</b>	PB
	bl	165 <b>Kurt van de Nes</b>	M55	7:34.15	<b>7:24.70</b>	PB
		<b>Joost van Leenders</b>			<b>Kurt van de Nes</b>	
		200m	22.53 (22.53)	200m	22.95 (22.95)	
		600m	57.16 (34.63)	600m	56.63 (33.68)	
		1000m	1:32.15 (34.99)	1000m	1:31.06 (34.43)	
		1400m	2:08.54 (36.39)	1400m	2:05.98 (34.92)	
		1800m	2:45.41 (36.87)	1800m	2:41.17 (35.19)	
		2200m	3:22.29 (36.88)	2200m	3:16.46 (35.29)	
		2600m	3:59.46 (37.17)	2600m	3:51.79 (35.33)	
		3000m	4:36.79 (37.33)	3000m	4:27.14 (35.35)	
		3400m	5:14.36 (37.57)	3400m	5:02.62 (35.48)	
		3800m	5:51.71 (37.35)	3800m	5:38.10 (35.48)	
		4200m	6:28.35 (36.64)	4200m	6:13.61 (35.51)	
		4600m	7:04.35 (36.00)	4600m	6:49.45 (35.84)	
		5000m	7:39.83 (35.48)	5000m	7:24.70 (35.25)	

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
19	wt	167 <b>Paul Robijn</b>	M55	7:24.32	<b>7:52.79</b>	
	rd	171 <b>Frans Verhoeve</b>	M55	7:23.00	<b>8:18.76</b>	
		<b>Paul Robijn</b>				<b>Frans Verhoeve</b>
		200m	23.11 (23.11)	200m	23.63 (23.63)	
		600m	58.91 (35.80)	600m	1:02.29 (38.66)	
		1000m	1:35.42 (36.51)	1000m	1:41.61 (39.32)	
		1400m	2:12.35 (36.93)	1400m	2:20.67 (39.06)	
		1800m	2:49.22 (36.87)	1800m	2:59.75 (39.08)	
		2200m	3:26.07 (36.85)	2200m	3:38.71 (38.96)	
		2600m	4:03.25 (37.18)	2600m	4:18.06 (39.35)	
		3000m	4:40.77 (37.52)	3000m	4:57.69 (39.63)	
		3400m	5:18.73 (37.96)	3400m	5:37.82 (40.13)	
		3800m	5:56.98 (38.25)	3800m	6:18.37 (40.55)	
		4200m	6:35.35 (38.37)	4200m	6:58.59 (40.22)	
		4600m	7:13.87 (38.52)	4600m	7:38.92 (40.33)	
		5000m	7:52.79 (38.92)	5000m	8:18.76 (39.84)	

		Name	Cat	PB	Time	Info
20	yw	170 <b>Rene van Bernum</b>	M55	7:27.03	<b>7:44.97</b>	
	bl	161 <b>Tjard Kopka</b>	M55	7:06.05	<b>7:22.33</b>	
		<b>Rene van Bernum</b>				<b>Tjard Kopka</b>
		200m	21.30 (21.30)	200m	21.32 (21.32)	
		600m	55.83 (34.53)	600m	54.17 (32.85)	
		1000m	1:31.45 (35.62)	1000m	1:28.45 (34.28)	
		1400m	2:07.70 (36.25)	1400m	2:03.10 (34.65)	
		1800m	2:43.78 (36.08)	1800m	2:38.03 (34.93)	
		2200m	3:19.97 (36.19)	2200m	3:13.43 (35.40)	
		2600m	3:56.55 (36.58)	2600m	3:48.77 (35.34)	
		3000m	4:33.20 (36.65)	3000m	4:24.19 (35.42)	
		3400m	5:09.91 (36.71)	3400m	4:59.67 (35.48)	
		3800m	5:47.32 (37.41)	3800m	5:35.35 (35.68)	
		4200m	6:25.71 (38.39)	4200m	6:10.92 (35.57)	
		4600m	7:04.91 (39.20)	4600m	6:46.72 (35.80)	
		5000m	7:44.97 (40.06)	5000m	7:22.33 (35.61)	

## 16. Result Men (AG30-50) 5000 meter

Pos	Name	Cat	Pair	Lane	Time	Info	Points
1	218 Mark Ooijevaar	M40	16	I	7:04.64	TRC	
2	212 Pieter-Jorn Gemser	M40	17	I	7:05.61		
3	210 Reidar Bohlin Borgersen	M40	18	O	7:11.70		
4	224 Arjan Elferink	M45	13	I	7:17.67		
5	248 Robert Wierts	M50	7	I	7:24.29		
6	226 Johannes de Groot	M45	13	O	7:27.86		
7	203 André Los	M30	22	I	7:28.52		
8	216 Bas van Nispen	M40	18	I	7:30.65	PB	
9	215 Marc Nieuwenhuijse	M40	14	I	7:31.86		
10	202 Sybe van Hijum	M30	22	O	7:32.16		
11	238 Gerrit van den Brink	M50	6	I	7:32.58		
12	222 Robert Braam	M45	12	O	7:37.41		
13	242 Guido Gosselink	M50	6	O	7:39.11	PB	
14	217 Jeroen Oeben	M40	15	O	7:45.80		
15	214 Odd Øystein Langegård	M40	15	I	7:46.21		
16	207 Andreas Haugerud	M35	20	I	7:49.30		
17	233 Michiel Wienese	M45	12	I	7:49.70		
18	247 Vincent van Wersch	M50	7	O	7:49.92		
19	230 Daan Spoelstra	M45	11	I	7:55.25		
20	227 Maarten Quist	M45	11	O	7:56.39	PB	
21	220 Jeroen Schoppink	M40	17	O	7:58.40		
22	234 Christiaan Abeelen	M50	3	O	8:00.82	PB	
23	223 Evert Jan van Dijk	M45	9	I	8:01.22		
24	208 Vishwaraj R Jadeja	M35	20	O	8:02.85		
25	240 Patrik Gelin	M50	2	I	8:04.55	PB	
26	241 Roberto van Goor	M50	5	I	8:06.97		
27	246 Peter van der Vorst	M50	5	O	8:07.27		
28	229 Tijmen Smit	M45	10	I	8:14.70	PB	
29	235 Erol Aksoy	M50	3	I	8:15.22		
30	209 Seppe Lybaert	M35	19	I	8:17.80		
31	205 Håvard Straumsnes	M30	21	O	8:19.31		
32	219 Mark Reiling	M40	16	O	8:24.64	PB	
33	249 Doede Wind	M50	4	I	8:25.26		
34	245 John Ivar Kristensen	M50	1	I	8:26.29		
35	225 Geert Fekken	M45	10	O	8:27.20		
36	204 Christiaan Smit	M30	21	I	8:27.93		
37	232 Stijn Verhagen	M45	9	O	8:30.92		
38	206 Marvin Zeisberg	M30	19	O	8:40.36	PB	



# IMSSC 32nd Masters International Allround Games 2024



IJsbaan Twente - Enschede

Pos	Name	Cat	Pair	Lane	Time	Info	Points
39	244 Jasper Knulst	M50	4	O	8:42.35	PB	
40	243 Martijn Jager	M50	2	O	8:43.65	PB	
41	239 Peter Carr	M50	1	O	9:23.71		
42	231 Kunio Tsuyuhara	M45	8	I	9:44.85		



IJssbaan Twente - Enschede

## 16. Race Result Men (AG30-50) 5000 meter

		Name	Cat	PB	Time	Info
1	wt	245 <b>John Ivar Kristensen</b>	M50	7:32.13	<b>8:26.29</b>	
	rd	239 <b>Peter Carr</b>	M50	8:22.45	<b>9:23.71</b>	
<b>John Ivar Kristensen</b>			<b>Peter Carr</b>			
		200m	25.10 (25.10)	200m	24.50 (24.50)	
		600m	1:05.09 (39.99)	600m	1:05.48 (40.98)	
		1000m	1:45.46 (40.37)	1000m	1:49.05 (43.57)	
		1400m	2:26.33 (40.87)	1400m	2:34.47 (45.42)	
		1800m	3:06.77 (40.44)	1800m	3:20.01 (45.54)	
		2200m	3:46.84 (40.07)	2200m	4:04.43 (44.42)	
		2600m	4:26.74 (39.90)	2600m	4:48.77 (44.34)	
		3000m	5:06.73 (39.99)	3000m	5:33.94 (45.17)	
		3400m	5:46.39 (39.66)	3400m	6:19.39 (45.45)	
		3800m	6:25.99 (39.60)	3800m	7:06.33 (46.94)	
		4200m	7:06.50 (40.51)	4200m	7:51.53 (45.20)	
		4600m	7:46.39 (39.89)	4600m	8:38.23 (46.70)	
		5000m	8:26.29 (39.90)	5000m	9:23.71 (45.48)	

		Name	Cat	PB	Time	Info
2	yw	240 <b>Patrik Gelin</b>	M50	8:11.01	<b>8:04.55</b>	PB
	bl	243 <b>Martijn Jager</b>	M50	8:52.18	<b>8:43.65</b>	PB
<b>Patrik Gelin</b>			<b>Martijn Jager</b>			
		200m	24.11 (24.11)	200m	24.30 (24.30)	
		600m	1:01.52 (37.41)	600m	1:02.15 (37.85)	
		1000m	1:39.09 (37.57)	1000m	1:41.12 (38.97)	
		1400m	2:17.59 (38.50)	1400m	2:21.20 (40.08)	
		1800m	2:56.13 (38.54)	1800m	3:02.18 (40.98)	
		2200m	3:34.77 (38.64)	2200m	3:43.82 (41.64)	
		2600m	4:13.41 (38.64)	2600m	4:26.30 (42.48)	
		3000m	4:51.90 (38.49)	3000m	5:08.81 (42.51)	
		3400m	5:30.56 (38.66)	3400m	5:51.84 (43.03)	
		3800m	6:08.93 (38.37)	3800m	6:35.21 (43.37)	
		4200m	6:47.16 (38.23)	4200m	7:18.44 (43.23)	
		4600m	7:25.94 (38.78)	4600m	8:01.62 (43.18)	
		5000m	8:04.55 (38.61)	5000m	8:43.65 (42.03)	

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
3	wt 235 <b>Erol Aksoy</b>	M50	8:08.20	<b>8:15.22</b>	
	rd 234 <b>Christiaan Abeelen</b>	M50	8:07.25	<b>8:00.82</b>	PB

  

Erol Aksoy			Christiaan Abeelen		
200m	22.05	(22.05)	200m	22.85	(22.85)
600m	57.48	(35.43)	600m	57.89	(35.04)
1000m	1:34.95	(37.47)	1000m	1:34.52	(36.63)
1400m	2:13.41	(38.46)	1400m	2:11.74	(37.22)
1800m	2:53.41	(40.00)	1800m	2:49.73	(37.99)
2200m	3:33.30	(39.89)	2200m	3:28.31	(38.58)
2600m	4:13.41	(40.11)	2600m	4:07.03	(38.72)
3000m	4:53.92	(40.51)	3000m	4:46.05	(39.02)
3400m	5:34.92	(41.00)	3400m	5:25.10	(39.05)
3800m	6:15.96	(41.04)	3800m	6:03.97	(38.87)
4200m	6:56.67	(40.71)	4200m	6:42.69	(38.72)
4600m	7:36.49	(39.82)	4600m	7:21.57	(38.88)
5000m	8:15.22	(38.73)	5000m	8:00.82	(39.25)

	Name	Cat	PB	Time	Info
4	yw 249 <b>Doede Wind</b>	M50	8:18.83	<b>8:25.26</b>	
	bl 244 <b>Jasper Knulst</b>	M50	8:52.76	<b>8:42.35</b>	PB

  

Doede Wind			Jasper Knulst		
200m	23.14	(23.14)	200m	22.52	(22.52)
600m	59.34	(36.20)	600m	59.36	(36.84)
1000m	1:38.87	(39.53)	1000m	1:38.74	(39.38)
1400m	2:19.42	(40.55)	1400m	2:19.42	(40.68)
1800m	2:58.75	(39.33)	1800m	2:59.90	(40.48)
2200m	3:38.21	(39.46)	2200m	3:40.81	(40.91)
2600m	4:18.99	(40.78)	2600m	4:22.72	(41.91)
3000m	5:00.08	(41.09)	3000m	5:05.42	(42.70)
3400m	5:41.30	(41.22)	3400m	5:48.64	(43.22)
3800m	6:22.68	(41.38)	3800m	6:31.93	(43.29)
4200m	7:03.87	(41.19)	4200m	7:15.97	(44.04)
4600m	7:44.32	(40.45)	4600m	7:59.49	(43.52)
5000m	8:25.26	(40.94)	5000m	8:42.35	(42.86)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
5	wt 241 <b>Roberto van Goor</b>	M50	7:23.83	<b>8:06.97</b>	
	rd 246 <b>Peter van der Vorst</b>	M50	8:05.69	<b>8:07.27</b>	

  

Roberto van Goor			Peter van der Vorst		
200m	22.20	(22.20)	200m	23.02	(23.02)
600m	59.23	(37.03)	600m	1:00.75	(37.73)
1000m	1:37.54	(38.31)	1000m	1:39.44	(38.69)
1400m	2:16.04	(38.50)	1400m	2:18.58	(39.14)
1800m	2:54.37	(38.33)	1800m	2:57.60	(39.02)
2200m	3:32.49	(38.12)	2200m	3:36.96	(39.36)
2600m	4:09.67	(37.18)	2600m	4:16.13	(39.17)
3000m	4:47.75	(38.08)	3000m	4:55.83	(39.70)
3400m	5:26.58	(38.83)	3400m	5:35.68	(39.85)
3800m	6:05.77	(39.19)	3800m	6:14.89	(39.21)
4200m	6:45.82	(40.05)	4200m	6:53.89	(39.00)
4600m	7:26.19	(40.37)	4600m	7:31.60	(37.71)
5000m	8:06.97	(40.78)	5000m	8:07.27	(35.67)

	Name	Cat	PB	Time	Info
6	yw 238 <b>Gerrit van den Brink</b>	M50	7:30.29	<b>7:32.58</b>	
	bl 242 <b>Guido Gosselink</b>	M50	7:51.33	<b>7:39.11</b>	PB

  

Gerrit van den Brink			Guido Gosselink		
200m	22.54	(22.54)	200m	22.58	(22.58)
600m	56.83	(34.29)	600m	57.17	(34.59)
1000m	1:31.25	(34.42)	1000m	1:32.45	(35.28)
1400m	2:05.86	(34.61)	1400m	2:08.36	(35.91)
1800m	2:41.23	(35.37)	1800m	2:43.91	(35.55)
2200m	3:16.35	(35.12)	2200m	3:20.16	(36.25)
2600m	3:51.68	(35.33)	2600m	3:56.56	(36.40)
3000m	4:27.40	(35.72)	3000m	4:33.14	(36.58)
3400m	5:03.74	(36.34)	3400m	5:09.97	(36.83)
3800m	5:40.26	(36.52)	3800m	5:46.78	(36.81)
4200m	6:17.60	(37.34)	4200m	6:23.78	(37.00)
4600m	6:54.89	(37.29)	4600m	7:01.69	(37.91)
5000m	7:32.58	(37.69)	5000m	7:39.11	(37.42)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
7	wt 248 <b>Robert Wierts</b>	M50	7:05.72	<b>7:24.29</b>	
	rd 247 <b>Vincent van Wersch</b>	M50	7:24.12	<b>7:49.92</b>	

  

Robert Wierts			Vincent van Wersch		
200m	21.70	(21.70)	200m	22.76	(22.76)
600m	55.51	(33.81)	600m	58.98	(36.22)
1000m	1:30.10	(34.59)	1000m	1:35.66	(36.68)
1400m	2:05.90	(35.80)	1400m	2:12.68	(37.02)
1800m	2:41.37	(35.47)	1800m	2:49.93	(37.25)
2200m	3:16.83	(35.46)	2200m	3:27.56	(37.63)
2600m	3:52.11	(35.28)	2600m	4:05.33	(37.77)
3000m	4:27.78	(35.67)	3000m	4:43.16	(37.83)
3400m	5:03.29	(35.51)	3400m	5:20.90	(37.74)
3800m	5:38.65	(35.36)	3800m	5:58.58	(37.68)
4200m	6:14.14	(35.49)	4200m	6:36.19	(37.61)
4600m	6:49.58	(35.44)	4600m	7:13.81	(37.62)
5000m	7:24.29	(34.71)	5000m	7:49.92	(36.11)

	Name	Cat	PB	Time	Info
8	yw 231 <b>Kunio Tsuyuhara</b>	M45		<b>9:44.85</b>	
	bl				

  

Kunio Tsuyuhara			m		
200m	25.60	(25.60)			
600m	1:08.54	(42.94)			
1000m	1:53.76	(45.22)			
1400m	2:39.73	(45.97)			
1800m	3:26.52	(46.79)			
2200m	4:13.09	(46.57)			
2600m	5:00.33	(47.24)			
3000m	5:47.57	(47.24)			
3400m	6:35.79	(48.22)			
3800m	7:23.17	(47.38)			
4200m	8:10.40	(47.23)			
4600m	8:57.68	(47.28)			
5000m	9:44.85	(47.17)			

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
9	wt 223 <b>Evert Jan van Dijk</b>	M45	7:52.76	<b>8:01.22</b>	
	rd 232 <b>Stijn Verhagen</b>	M45	8:04.48	<b>8:30.92</b>	

  

Evert Jan van Dijk			Stijn Verhagen		
200m	22.88	(22.88)	200m	24.05	(24.05)
600m	59.79	(36.91)	600m	1:04.14	(40.09)
1000m	1:37.53	(37.74)	1000m	1:44.53	(40.39)
1400m	2:15.59	(38.06)	1400m	2:24.57	(40.04)
1800m	2:53.58	(37.99)	1800m	3:04.27	(39.70)
2200m	3:31.21	(37.63)	2200m	3:44.14	(39.87)
2600m	4:09.04	(37.83)	2600m	4:23.97	(39.83)
3000m	4:47.05	(38.01)	3000m	5:03.81	(39.84)
3400m	5:25.02	(37.97)	3400m	5:44.37	(40.56)
3800m	6:03.39	(38.37)	3800m	6:25.30	(40.93)
4200m	6:42.43	(39.04)	4200m	7:07.01	(41.71)
4600m	7:21.88	(39.45)	4600m	7:49.64	(42.63)
5000m	8:01.22	(39.34)	5000m	8:30.92	(41.28)

	Name	Cat	PB	Time	Info
10	yw 229 <b>Tijmen Smit</b>	M45	8:45.54	<b>8:14.70</b>	PB
	bl 225 <b>Geert Fekken</b>	M45	7:53.10	<b>8:27.20</b>	

  

Tijmen Smit			Geert Fekken		
200m	21.53	(21.53)	200m	22.57	(22.57)
600m	57.49	(35.96)	600m	59.96	(37.39)
1000m	1:35.46	(37.97)	1000m	1:38.64	(38.68)
1400m	2:14.28	(38.82)	1400m	2:17.64	(39.00)
1800m	2:53.27	(38.99)	1800m	2:56.79	(39.15)
2200m	3:32.10	(38.83)	2200m	3:36.43	(39.64)
2600m	4:11.20	(39.10)	2600m	4:16.50	(40.07)
3000m	4:50.68	(39.48)	3000m	4:56.80	(40.30)
3400m	5:30.72	(40.04)	3400m	5:37.68	(40.88)
3800m	6:11.10	(40.38)	3800m	6:19.08	(41.40)
4200m	6:52.48	(41.38)	4200m	7:01.12	(42.04)
4600m	7:33.79	(41.31)	4600m	7:44.09	(42.97)
5000m	8:14.70	(40.91)	5000m	8:27.20	(43.11)

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time Info
11	wt	230 <b>Daan Spoelstra</b>	M45	7:47.86	<b>7:55.25</b>
	rd	227 <b>Maarten Quist</b>	M45	8:25.37	<b>7:56.39</b> PB
		<b>Daan Spoelstra</b>		<b>Maarten Quist</b>	
		200m	21.68 (21.68)	200m	21.32 (21.32)
		600m	56.73 (35.05)	600m	56.93 (35.61)
		1000m	1:33.60 (36.87)	1000m	1:34.20 (37.27)
		1400m	2:11.51 (37.91)	1400m	2:11.19 (36.99)
		1800m	2:49.16 (37.65)	1800m	2:48.72 (37.53)
		2200m	3:27.14 (37.98)	2200m	3:26.42 (37.70)
		2600m	4:05.19 (38.05)	2600m	4:04.96 (38.54)
		3000m	4:43.44 (38.25)	3000m	4:43.24 (38.28)
		3400m	5:21.38 (37.94)	3400m	5:22.26 (39.02)
		3800m	5:59.67 (38.29)	3800m	6:00.78 (38.52)
		4200m	6:37.84 (38.17)	4200m	6:39.48 (38.70)
		4600m	7:16.45 (38.61)	4600m	7:18.42 (38.94)
		5000m	7:55.25 (38.80)	5000m	7:56.39 (37.97)

		Name	Cat	PB	Time Info
12	yw	233 <b>Michiel Wienese</b>	M45	7:13.77	<b>7:49.70</b>
	bl	222 <b>Robert Braam</b>	M45	7:23.76	<b>7:37.41</b>
		<b>Michiel Wienese</b>		<b>Robert Braam</b>	
		200m	21.68 (21.68)	200m	21.52 (21.52)
		600m	55.46 (33.78)	600m	55.19 (33.67)
		1000m	1:30.36 (34.90)	1000m	1:30.14 (34.95)
		1400m	2:05.50 (35.14)	1400m	2:05.32 (35.18)
		1800m	2:41.02 (35.52)	1800m	2:40.78 (35.46)
		2200m	3:17.29 (36.27)	2200m	3:16.71 (35.93)
		2600m	3:54.43 (37.14)	2600m	3:53.13 (36.42)
		3000m	4:32.71 (38.28)	3000m	4:29.88 (36.75)
		3400m	5:11.25 (38.54)	3400m	5:06.70 (36.82)
		3800m	5:50.69 (39.44)	3800m	5:43.24 (36.54)
		4200m	6:30.13 (39.44)	4200m	6:21.22 (37.98)
		4600m	7:09.81 (39.68)	4600m	6:59.23 (38.01)
		5000m	7:49.70 (39.89)	5000m	7:37.41 (38.18)

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
13	wt 224 <b>Arjan Elferink</b>	M45	7:01.42	<b>7:17.67</b>	
	rd 226 <b>Johannes de Groot</b>	M45	6:51.99	<b>7:27.86</b>	
<b>Arjan Elferink</b>			<b>Johannes de Groot</b>		
	200m	20.71 (20.71)	200m	20.83 (20.83)	
	600m	54.80 (34.09)	600m	56.15 (35.32)	
	1000m	1:29.07 (34.27)	1000m	1:32.07 (35.92)	
	1400m	2:03.17 (34.10)	1400m	2:07.79 (35.72)	
	1800m	2:37.03 (33.86)	1800m	2:43.16 (35.37)	
	2200m	3:10.90 (33.87)	2200m	3:18.35 (35.19)	
	2600m	3:44.91 (34.01)	2600m	3:53.51 (35.16)	
	3000m	4:19.16 (34.25)	3000m	4:28.70 (35.19)	
	3400m	4:53.89 (34.73)	3400m	5:04.06 (35.36)	
	3800m	5:28.93 (35.04)	3800m	5:39.76 (35.70)	
	4200m	6:04.76 (35.83)	4200m	6:15.99 (36.23)	
	4600m	6:40.88 (36.12)	4600m	6:52.17 (36.18)	
	5000m	7:17.67 (36.79)	5000m	7:27.86 (35.69)	

	Name	Cat	PB	Time	Info
14	yw 215 <b>Marc Nieuwenhuijse</b>	M40	7:25.13	<b>7:31.86</b>	
	bl				
<b>Marc Nieuwenhuijse</b>					
	200m	22.61 (22.61)	m		
	600m	57.44 (34.83)			
	1000m	1:32.41 (34.97)			
	1400m	2:07.54 (35.13)			
	1800m	2:42.96 (35.42)			
	2200m	3:18.51 (35.55)			
	2600m	3:54.25 (35.74)			
	3000m	4:30.05 (35.80)			
	3400m	5:06.09 (36.04)			
	3800m	5:42.41 (36.32)			
	4200m	6:18.97 (36.56)			
	4600m	6:55.37 (36.40)			
	5000m	7:31.86 (36.49)			

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info
15	wt	214 <b>Odd Øystein Langegård</b>	M40	7:00.21	<b>7:46.21</b>	
	rd	217 <b>Jeroen Oeben</b>	M40	7:28.68	<b>7:45.80</b>	
		<b>Odd Øystein Langegård</b>			<b>Jeroen Oeben</b>	
		200m	22.28 (22.28)	200m	22.37 (22.37)	
		600m	59.24 (36.96)	600m	57.84 (35.47)	
		1000m	1:36.79 (37.55)	1000m	1:34.07 (36.23)	
		1400m	2:14.67 (37.88)	1400m	2:10.18 (36.11)	
		1800m	2:51.96 (37.29)	1800m	2:46.47 (36.29)	
		2200m	3:28.56 (36.60)	2200m	3:23.02 (36.55)	
		2600m	4:05.32 (36.76)	2600m	3:59.95 (36.93)	
		3000m	4:42.40 (37.08)	3000m	4:37.19 (37.24)	
		3400m	5:19.27 (36.87)	3400m	5:14.64 (37.45)	
		3800m	5:55.71 (36.44)	3800m	5:52.23 (37.59)	
		4200m	6:32.50 (36.79)	4200m	6:29.92 (37.69)	
		4600m	7:09.39 (36.89)	4600m	7:07.75 (37.83)	
		5000m	7:46.21 (36.82)	5000m	7:45.80 (38.05)	

		Name	Cat	PB	Time	Info
16	yw	218 <b>Mark Ooijevaar</b>	M40	6:24.56	<b>7:04.64</b>	TRC
	bl	219 <b>Mark Reiling</b>	M40	8:28.09	<b>8:24.64</b>	PB
		<b>Mark Ooijevaar</b>			<b>Mark Reiling</b>	
		200m	20.97 (20.97)	200m	21.78 (21.78)	
		600m	53.56 (32.59)	600m	59.86 (38.08)	
		1000m	1:26.76 (33.20)	1000m	1:39.39 (39.53)	
		1400m	2:00.45 (33.69)	1400m	2:18.73 (39.34)	
		1800m	2:34.21 (33.76)	1800m	2:58.75 (40.02)	
		2200m	3:08.24 (34.03)	2200m	3:38.44 (39.69)	
		2600m	3:42.20 (33.96)	2600m	4:17.97 (39.53)	
		3000m	4:16.28 (34.08)	3000m	4:57.64 (39.67)	
		3400m	4:50.20 (33.92)	3400m	5:38.32 (40.68)	
		3800m	5:24.01 (33.81)	3800m	6:19.05 (40.73)	
		4200m	5:57.80 (33.79)	4200m	7:00.40 (41.35)	
		4600m	6:31.17 (33.37)	4600m	7:42.23 (41.83)	
		5000m	7:04.64 (33.47)	5000m	8:24.64 (42.41)	



## IJssbaan Twente - Enschede

		Name	Cat	PB	Time	Info	
17	wt	212 <b>Pieter-Jorn Gemser</b>	M40	7:00.53	<b>7:05.61</b>		
	rd	220 <b>Jeroen Schoppink</b>	M40	7:30.76	<b>7:58.40</b>		
		<b>Pieter-Jorn Gemser</b>			<b>Jeroen Schoppink</b>		
		200m	21.11 (21.11)	200m	20.91 (20.91)		
		600m	54.32 (33.21)	600m	56.40 (35.49)		
		1000m	1:27.89 (33.57)	1000m	1:34.10 (37.70)		
		1400m	2:01.54 (33.65)	1400m	2:11.41 (37.31)		
		1800m	2:35.25 (33.71)	1800m	2:49.24 (37.83)		
		2200m	3:09.20 (33.95)	2200m	3:27.39 (38.15)		
		2600m	3:43.10 (33.90)	2600m	4:05.24 (37.85)		
		3000m	4:17.13 (34.03)	3000m	4:43.53 (38.29)		
		3400m	4:50.92 (33.79)	3400m	5:22.47 (38.94)		
		3800m	5:24.62 (33.70)	3800m	6:01.20 (38.73)		
		4200m	5:58.06 (33.44)	4200m	6:40.04 (38.84)		
		4600m	6:31.99 (33.93)	4600m	7:19.06 (39.02)		
		5000m	7:05.61 (33.62)	5000m	7:58.40 (39.34)		

		Name	Cat	PB	Time	Info	
18	yw	216 <b>Bas van Nispen</b>	M40	7:32.01	<b>7:30.65</b>	PB	
	bl	210 <b>Reidar Bohlin Borgersen</b>	M40	6:25.77	<b>7:11.70</b>		
		<b>Bas van Nispen</b>			<b>Reidar Bohlin Borgersen</b>		
		200m	20.96 (20.96)	200m	21.64 (21.64)		
		600m	55.28 (34.32)	600m	55.54 (33.90)		
		1000m	1:30.04 (34.76)	1000m	1:29.29 (33.75)		
		1400m	2:05.11 (35.07)	1400m	2:03.12 (33.83)		
		1800m	2:40.56 (35.45)	1800m	2:37.13 (34.01)		
		2200m	3:16.25 (35.69)	2200m	3:11.11 (33.98)		
		2600m	3:52.11 (35.86)	2600m	3:44.91 (33.80)		
		3000m	4:28.13 (36.02)	3000m	4:19.11 (34.20)		
		3400m	5:04.37 (36.24)	3400m	4:53.47 (34.36)		
		3800m	5:40.60 (36.23)	3800m	5:27.78 (34.31)		
		4200m	6:17.21 (36.61)	4200m	6:02.34 (34.56)		
		4600m	6:54.01 (36.80)	4600m	6:37.04 (34.70)		
		5000m	7:30.65 (36.64)	5000m	7:11.70 (34.66)		

## IJssbaan Twente - Enschede

		Name	Cat	PB	Time Info	
19	wt	209 <b>Seppe Lybaert</b>	M35	7:46.06	<b>8:17.80</b>	
	rd	206 <b>Marvin Zeisberg</b>	M30	8:43.95	<b>8:40.36</b> PB	
		<b>Seppe Lybaert</b>			<b>Marvin Zeisberg</b>	
		200m	24.82 (24.82)	200m	24.59 (24.59)	
		600m	1:04.57 (39.75)	600m	1:03.51 (38.92)	
		1000m	1:44.54 (39.97)	1000m	1:44.58 (41.07)	
		1400m	2:24.56 (40.02)	1400m	2:25.34 (40.76)	
		1800m	3:04.09 (39.53)	1800m	3:06.02 (40.68)	
		2200m	3:43.69 (39.60)	2200m	3:47.20 (41.18)	
		2600m	4:23.03 (39.34)	2600m	4:28.12 (40.92)	
		3000m	5:02.23 (39.20)	3000m	5:09.70 (41.58)	
		3400m	5:40.75 (38.52)	3400m	5:51.55 (41.85)	
		3800m	6:19.54 (38.79)	3800m	6:33.92 (42.37)	
		4200m	6:58.78 (39.24)	4200m	7:16.18 (42.26)	
		4600m	7:38.03 (39.25)	4600m	7:58.72 (42.54)	
		5000m	8:17.80 (39.77)	5000m	8:40.36 (41.64)	

		Name	Cat	PB	Time Info	
20	yw	207 <b>Andreas Haugerud</b>	M35	7:24.04	<b>7:49.30</b>	
	bl	208 <b>Vishwaraj R Jadeja</b>	M35	7:25.16	<b>8:02.85</b>	
		<b>Andreas Haugerud</b>			<b>Vishwaraj R Jadeja</b>	
		200m	21.88 (21.88)	200m	21.62 (21.62)	
		600m	57.46 (35.58)	600m	57.36 (35.74)	
		1000m	1:33.91 (36.45)	1000m	1:34.29 (36.93)	
		1400m	2:11.00 (37.09)	1400m	2:10.46 (36.17)	
		1800m	2:47.69 (36.69)	1800m	2:47.95 (37.49)	
		2200m	3:24.84 (37.15)	2200m	3:24.61 (36.66)	
		2600m	4:01.60 (36.76)	2600m	4:03.10 (38.49)	
		3000m	4:39.16 (37.56)	3000m	4:41.97 (38.87)	
		3400m	5:16.96 (37.80)	3400m	5:20.91 (38.94)	
		3800m	5:55.23 (38.27)	3800m	6:00.77 (39.86)	
		4200m	6:33.27 (38.04)	4200m	6:40.93 (40.16)	
		4600m	7:11.15 (37.88)	4600m	7:21.69 (40.76)	
		5000m	7:49.30 (38.15)	5000m	8:02.85 (41.16)	

## IJssbaan Twente - Enschede

	Name	Cat	PB	Time	Info
21	wt 204 <b>Christiaan Smit</b>	M30	8:11.51	<b>8:27.93</b>	
	rd 205 <b>Håvard Straumsnes</b>	M30	7:59.46	<b>8:19.31</b>	
<b>Christiaan Smit</b>			<b>Håvard Straumsnes</b>		
	200m	23.03 (23.03)	200m	23.20 (23.20)	
	600m	1:02.12 (39.09)	600m	1:00.89 (37.69)	
	1000m	1:42.91 (40.79)	1000m	1:39.05 (38.16)	
	1400m	2:23.09 (40.18)	1400m	2:16.72 (37.67)	
	1800m	3:02.11 (39.02)	1800m	2:55.01 (38.29)	
	2200m	3:41.41 (39.30)	2200m	3:33.72 (38.71)	
	2600m	4:20.47 (39.06)	2600m	4:13.02 (39.30)	
	3000m	5:00.11 (39.64)	3000m	4:52.38 (39.36)	
	3400m	5:40.36 (40.25)	3400m	5:32.13 (39.75)	
	3800m	6:21.75 (41.39)	3800m	6:12.86 (40.73)	
	4200m	7:03.78 (42.03)	4200m	6:54.61 (41.75)	
	4600m	7:46.10 (42.32)	4600m	7:36.81 (42.20)	
	5000m	8:27.93 (41.83)	5000m	8:19.31 (42.50)	

	Name	Cat	PB	Time	Info
22	yw 203 <b>André Los</b>	M30	6:44.75	<b>7:28.52</b>	
	bl 202 <b>Sybe van Hijum</b>	M30	7:24.22	<b>7:32.16</b>	
<b>André Los</b>			<b>Sybe van Hijum</b>		
	200m	22.17 (22.17)	200m	22.46 (22.46)	
	600m	56.98 (34.81)	600m	57.42 (34.96)	
	1000m	1:31.46 (34.48)	1000m	1:32.86 (35.44)	
	1400m	2:06.01 (34.55)	1400m	2:08.95 (36.09)	
	1800m	2:41.27 (35.26)	1800m	2:44.83 (35.88)	
	2200m	3:17.07 (35.80)	2200m	3:20.56 (35.73)	
	2600m	3:52.48 (35.41)	2600m	3:56.32 (35.76)	
	3000m	4:28.82 (36.34)	3000m	4:31.98 (35.66)	
	3400m	5:05.84 (37.02)	3400m	5:07.63 (35.65)	
	3800m	5:43.37 (37.53)	3800m	5:43.53 (35.90)	
	4200m	6:19.14 (35.77)	4200m	6:19.49 (35.96)	
	4600m	6:54.05 (34.91)	4600m	6:55.54 (36.05)	
	5000m	7:28.52 (34.47)	5000m	7:32.16 (36.62)	